

Art Department

InStyle

From Chlorine to Frizz, How to Summer Proof Your Hair



JULY 7, 2014 @ 7:00 PM
BY: SHERYL GEORGE

What's not to love about summer? To many, it's barefoot, beach waves and barbecues as far as the eye can see. From your hair's perspective, however, there's hardly a more threatening season. Between drying chlorine and frizz-provoking humidity, the elements are ready to wreak havoc on your strands. Better take these simple steps to ensure your styles shine through your summer vacay.

To block chlorine

Think of it this way: Your hair is like a sponge. If you dive into a chlorinated pool with dry hair, your strands will absorb the chemicals and hold onto them, says N.Y.C. hairstylist Tyler Colton. He suggests pre-soaking strands with tap or bottled water or a leave-in conditioner. "Both will help create a barrier against the chlorine." If you're honey highlights have already faded or have a green tinge, try using a clarifying shampoo to remove all mineral build up, says Colton who likes Paul Mitchell Clarifying Shampoo Three (\$10; paulmitchell.com) "This formula was designed to remove chlorine and minerals so it's ideal for people who swim often," says Colton. Once or twice a week, apply a repair mask (try AG Reconstruct Intense Anti-Breakage Mask (\$30; ulta.com) to help prevent breakage. "It contains shea butter and silk proteins which really help to rehydrate and strengthen hair which can become brittle and weakened over time from chlorine," says N.Y.C. hairstylist Wesley O'Meara.

To protect against sun damage

Just like rays can cause damage to your complexion (hello, dark spots), they can also dull and fade your hair color. If you're outdoors frequently, your first line of defense is to wear a hat, suggests N.Y.C. hairstylist Antonio Prieto. On fine strands, apply a lightweight UV protective mist like StriVectin's spray (\$29; sephora.com). If you have medium hair, try a cream like Kerastase's Elixir Ultime Crème Fine (\$42; kerastase-usa.com). "It's light enough to apply throughout the day and also gives your hair shine," says Prieto. If you have thick strands, you may want to consider coating them in sunscreen. That's right, the formula you put on your face. "Most sunscreens have a tack to them, and can work like a grooming cream," says O'Meara. "Dampen hair a bit so the sunscreen is easy to comb through. Then tie up hair in a bun or braid." And don't forget that your scalp is an extension of your skin, so "apply sunscreen on part lines and around the hairline where hair is finer and sun damage can occur," says Colton.

To shield against salt water

Even though we love how a day at the beach can give us Gisele-like waves, "salt water will dehydrate your hair," says Prieto. Keep your beach bag stashed with a hydrating oil or leave-in conditioner. Try Prieto's favorite, Shu Uemura Essence Absolue Nourishing Protective Oil (\$26; shuueamuraathair-usa). Slick it on before you hit the water so it creates a protective coating that helps repel the salt water. "It will rebalance the hair's moisture level and it also comes in a travel size so it's perfect for the beach," says he.

To stop frizz

If you live in a humidity prone climate, hair can get big real fast. To prevent roughing up the cuticle when washing hair, coat strands with oil as a protective layer, says N.Y.C. hairstylist Adel Chabi. Then, if you're blow drying hair, make sure you keep going till it's completely dry- leftover moisture can cause frizz. If you are letting your hair air dry, apply your favorite anti-frizz product on damp hair and twist your hair into a loose low braid, says L.A. hairstylist Kylee Heath who relies on Iles Formula Serum (\$44; sephora.com). Keeping hair bound in a braid on a bun give strands some structure and control so strands don't go errant. If you have ringlets, try maintaining a hands off approach. "Running your fingers through your hair breaks up curls and will make hair look frizzier," says Colton.

Tyler Colton

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CELEBRITY HAIR BEAUTY LIFE & HOME CULTURE WEDDINGS HOW-TO

Home > Hair > Should You Really Use Mouthwash to Get Rid of Dandruff?

MIMI

Should You Really Use Mouthwash to Get Rid of Dandruff?



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 82 SHARES



MAY 3, 2016 9:5:00 AM
BY: KELLY BRYANT

MIMI investigates...

Whenever we come across a viral beauty hack we greet it with a little bit of hopefulness and a whole lot of side eye. Case in point: The beauty vlogger who claims she uses mouthwash to rid her mane of dandruff.

[READ: The Best At-Home Hair Tricks]

"Listerine may just work for treating dandruff," says celebrity hairstylist **Daven Mayeda**. "Flaky, dry skin is often caused by an overgrowth of yeast, and the antiviral and antifungal properties from Listerine can treat the disorder. The ingredients in Listerine like menthol, eucalyptol, methyl salicylate, and thymol contain antifungal properties. It's a great medication for minor cases, but might not be strong enough for moderate to severe cases."

[READ: Priyanka Chopra Shares Her Favorite DIY Beauty Tricks]

Hairstylist **Tyler Colton**, who has worked with the likes of Charlize Theron and Avril Lavigne, among others, agrees with Mayeda that the hack has merit, but he would actually recommend using a mouthwash that has one specific ingredient in it to help abolish the flaky stuff.

"You can basically use any mouthwash but I would use a tea tree-based mouthwash," he says. "Tea tree has natural properties that will help with dandruff. And instead of buying dandruff shampoo, you could easily mix up your own batch of mouthwash and shampoo to create your own dandruff shampoo."

Colton also wants to stress that dandruff is *not* dry skin, as commonly believed.

"This is the biggest misconception and this is where marketing for dandruff gets people," he says. "With changing season, we can get a dry scalp that flakes white. This is just dry scalp and using a deep conditioner at the scalp will help cure dry scalp. Dandruff is an over-production of the oil gland which produces sebum. This oil/sebum builds up on the scalp getting crusty and flakes off. Anti-fungal and soothing properties found in mouthwash can help dry up and control dandruff."

So there you have it — Dhukai is on to something. We never should have doubted her.

POSTED IN: HAIR, MIMI

Tyler Colton

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THE BEAUTY EXPERT
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Daily **BEAUTYREPORTER**

beauty news, hair

The One Thing Hairstylists Really Wish You Would Stop Doing When You're Sitting in Their Chair

BY RENEE JACQUES, ASSOCIATE DIGITAL EDITOR, FEBRUARY 10, 2016, 11:00:00 AM



Bringing an inspiration photo that isn't even close to being realistic for your hair type. "It's frustrating when a client brings in a picture of a beautiful, blonde hair color like Jennifer Aniston's or a picture of long, luminous hair like Jennifer Lopez's and wants those results, yet their hair is thin, short, and the darkest brown. Bring cuts and hair-color images to the stylist that resemble your type of hair color and texture." —**Tyler Colton**, a stylist who works with Katharine McPhee

When you're giving mixed messages about what you want. "It's bad when clients tell you how open they are to change or to trying something new, but then put so many limitations on what can actually change. For example, they might say, 'I'm willing to go shorter; maybe my length is too long.' Then that's followed by 'How much did you want to cut?' followed by 'Well, maybe that's too much' followed by 'Well, maybe we leave the length and just add a few layers, but not too many, because I like my hair right now.'" —Colton

Tyler Colton

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BYRDIE

AUGUST 16, 2016 | HAIR

3 Haircuts That Make Your Face Look Thinner

by FAITH XUE

News flash: [Contouring](#) with reckless abandon isn't the only thing that can make your face look more sculpted. (Which is excellent news considering we're all about the [highlight](#) now anyway.) Makeup aside, the right haircut can also transform your face shape for the better. When snipped correctly, your hair can swing and frame your face in a way that makes rounder faces look narrower and adds subtle definition.

"When getting a haircut, the number one rule someone with a round face should take into account is to stay away from blunt lines," hairstylist Tyler Colton tells us. "Hard lines tend to look very young and make your face appear rounder than it is."

With that in mind, we asked him and hairstylist Amy Bradbury of Kennaland BK to share the top three haircuts that sculpt and slim your face. If you're looking to make your face look slimmer, bring one of these photos to your stylist. [Scroll through to see the haircuts!](#)

This post has been updated by Amanda Montell.

LOB

Colton suggests opting for a lob at least three inches below the chin. "It can extend down to your collarbone, and make sure to ask your hairstylist to add some shattered layers to help define your face," he says. To add separation and definition to your lob after styling, we suggest a spritz of Amika's Un.Done Texture Spray (\$24).

If you want to go shorter than a lob but don't want to veer into "cutesy" territory, Colton says to avoid chin-length bobs and cuts above the chin with straight lines (e.g., pixies or boy cuts).

LONG LAYERS

"A long, layered cut is one ideal hairstyle to create the illusion of a thin face," Colton says. "Long layers help create a soft shape and will help elongate a round face."

One thing to keep in mind when styling, Colton warns, is to maintain volume in the lower sections of your hair, to help balance your face. Too much volume on the sides of your face will only make your face look rounder.

Depending on your natural hair texture, you can either let your hair air-dry or opt to style it into soft, beachy waves à la Cara Delevingne. Or, add slight waves to your hair with a straightener.

SIDE BANGS

Lastly, you can always go the It-Brit route and opt for shaggy sideswept bangs. "They're a great style for women trying to elongate their face," Colton says. "Either a lob or long hair can be worn with long, sideswept bangs."

If you're taking the plunge and getting bangs, Colton says they should be cut no shorter than halfway down your nose and should have "shattered" ends (Alexa Chung is the poster child for this hairstyle).



LOB



LONG LAYERS



SIDE BANGS

Tyler Colton

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BUSTLE

The One Trick To Picking Your Best Hair Color, As Told By The Pros



PHOEBE WALLER
6 days ago FASHION & BEAUTY



When choosing a new hair color, it can be difficult to know what shade will suit you best. If you're lost, don't worry, I spoke with some professional hairstylists to discover the [one trick to picking your best hair color](#) so you can discover your perfect hue.

There's a lot to think about when deciding which way around the color wheel you want to go. Firstly, if you're [dyeing your hair for the first time](#), you might want to go for something subtle, so it's not a complete shock when you walk out of the salon. On the other hand, if you change your hair color as often as your underwear, you may be wondering which shade to experiment with next. You're likely aware that some hair dyes need a ton of preparation in order for you to reach your desired tone. [Achieving platinum blonde](#), for instance, usually takes more than one trip to the salon. In addition to this, you'll need to think of funding your possible additional appointments, not to mention keeping on top of your after color care, so that your color doesn't fade too quickly.

Taking all of this into consideration, after all yours and your stylist's hard work, it would totally suck to be stuck with a shade you later discover doesn't suit you. In order to minimize this possibility, I spoke with a host of hairstylists to discover their favorite trick to picking [your best hair color](#).

[Tyler Colton, a Honey Artist Hairstylist](#), divulges his favorite trick to choosing your best hair color, "Look at your eyes and if you have any light gold, gold, or copper flecks, try to use one of those tones as your hi-light color or even an all over color." But, Colton warns, "Don't color at home, you should always have a professional color your hair if you are making a big change!" There are a bunch of [things that can go wrong when dyeing your hair at home](#), so it's probably best to leave your locks in the hands of the pros.

[Honey Artist Hairstylist Daven Mayeda](#) tells me his trick, "Go with the color of your ends. Most people's hair is not the same tone from root to ends, so try to match them with the mid-shaft to ends." He continues, "If you have ombré or a noticeably darker root, try using colored dry shampoo 'Oribe' to spray the roots to disguise them into your own hair."

So next time you're [contemplating a new color](#), try out the favorite tricks of these hairstylists to ensure you end up with your perfect shade!

Tyler Colton

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BUSTLE

How To Dye Blonde Hair Dark Again, Because It's Not As Easy As It Sounds



PHOEBE WALLER
6 days ago FASHION & BEAUTY



It's good to have a change, whether it be a new career, home, or hair color. But, you might change your mind when it comes to your appearance and if being a blonde isn't your favorite look, you may want to discover [how to dye blonde hair dark again](#). In life, sometimes things don't work out and that's totally fine! Life is all about experimenting and giving something your best shot – if it doesn't work, you can usually go back to what you were doing before or try something different.

So, you tried being a blonde because you heard blondes had more fun, but lighter locks just aren't working for you? Considering that [going blonde can take a long time](#), a lot of money, and many salon trips, you might be a little concerned about performing the task in reverse. Don't worry you're not alone. There were numerous [celebs who went platinum in 2015](#) and plenty of us mere mortals followed suit. Now, it seems some celebs are going back to their roots; recently [Taylor Swift's platinum hair disappeared](#) and was replaced with her usual, darker natural blonde.

Well, if [Kim Kardashian went from blonde to black](#) in a matter of weeks, it can't be that hard to dye blonde hair dark again... Can it? I spoke with a bunch of hairstylists to find out.

Miguel Angarita, Master Colorist at [Mizu New York](#) explains the process, "Traditional 'tint back' is the technical name for blondes going back to brown hair colors. It is becoming increasingly popular. I think that super blondes are done looking like clones of each other." Angarita believes, "The only way to do this and do it right, is by a professional who understands the laws of both color and chemical reactions." Angarita explains what happens during a "tint back" and why it's so important, "In order for a tint back to work we have to do two things. Number one is to assess the condition of hair like porosity, elasticity, density, and the overall damage caused by lightener/bleach. The second is we must 'fill' the hair; we have to put back in (the tint) that was taken out of the hair (by lighteners)."

[Honey Artists Hairstylist Daven Mayeda](#), seconds this telling me, "It's important to re-pigment the hair when going darker. All of the warm tones including auburn colors need to be put back into the hair to prevent fading." Mayeda explains, "If they aren't put back in the hair, it can leave your hair with a not so pretty gray or green tone to it. Definitely seek your professionals when going darker."

[Honey Artists Hairstylist Tyler Colton](#) tells me, "I would first suggest going to a professional to color blonde hair back to brunette," however he explains if you are trying this at home, "you will need to first fill the blonde hair with the missing underlying pigment which in most cases will be a gold/copper color." Colton echoes Angarita and Mayeda's advice, however he gives a step-by-step breakdown of [how to dye blonde hair dark](#) again at home.

Colton says, "This means first using a demi-permanent color and coloring your hair using a level 8 gold/copper. Process for 10 minutes, then rinse or lightly shampoo this color out of your hair. The color will be bright and scary looking, but do not worry the next color will cover it. The next color to create a medium to dark brunette color, you will use a level 5 natural brown color, also in a demi-permanent color. Process the entire 20 minutes before shampooing. Remember this will cover your blonde back to a solid looking brunette. If you are looking for more dimension/highlights/ombre then you should see a professional colorist!" If you're new to hair dyeing or beauty isn't your strong point, like Colton, I'd suggest getting your hair done by a professional. However, if money's tight and you're a natural at coloring, at least you've got some thorough instructions.

Brunette bombshells rejoice! It is totally possible to go back to the dark side again. Depending on your funds and free time, it may take a little longer than you first imagined, but at least you now know how to go about it!

Tyler Colton

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BUSTLE

How Much Are Hair Extensions? The Experts Weigh In



PHOEBE WALLER
4 days ago FASHION & BEAUTY



This summer, you may be interested in buying some hair extensions to elongate your tresses and give yourself a sassy surfer girl style makeover. However, if you're new to the hair extension world, you might be wondering: [How much are hair extensions](#)? Seeing as you'll be shopping for something you've never purchased before, you probably have no idea about the price ranges, which brands to buy, or the different types of hair extensions, unless you've done your research.

Although hair extensions may play into the beauty myth perpetuated by society and the media, that only feminine presenting women with long hair are traditionally attractive, there's much more to them than meets the eye. Aside from adding length to your tresses, hair extensions can be used to add volume if you want to rock thicker locks or even [inject some colorful streaks into your barnet](#). They also work wonders with formal up 'dos, giving stylists way more to play with; hair extensions open the door to a myriad of fancy hairstyles that may not have been possible to achieve with your natural hair alone. That being said, they're particularly useful for gals getting married, who want an elaborately styled mane.

If you've made up your mind, but you're unsure how your hard earned cash translates into hair extensions, let the experts help guide you through the purchasing process, so you can [pick hair extensions](#) to suit your budget.

If you're looking for something a little lighter on your purse, [Honey Artists Hairstylist Daven Mayeda](#) says, "If you want some pre-made hair, check out Ricky's Beauty Supply for a good selection of hair extensions." He explains, "If you have super fine hair or want super silky quality extensions, try going to The Hair Shop and getting their skin weft hair pieces with clips sewn in. These will run you around \$300."

[Honey Artists Hairstylist Tyler Colton](#) also recommends The Hair Shop, "I really like the hair from The Hair Shop; you can buy online or in stores located in NYC and Los Angeles. I prefer Indian hair and using clip-ins which can be put in and taken out easily." Colton says, "I suggest only buying human hair which can range between \$150 to \$250 for a nice, quality set of extensions ranging between 14 to 18 inches in length. This cost is for a set of 7 clip-in extensions."

Mayeda also explains how DIY hair extensions are a much cheaper option, "You can make your own extensions by sewing on clips and buying hair in bundles at your local hair store. This will cost you around \$60 for 14 to 16 inches." Thus, getting your craft on could actually save you a ton of money.

All that's left to do is assess your budget and pick your favorite shade. You'll be resembling Rapunzel in no time!

Tyler Colton

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Shops



The One Purchase That Could Improve
Your Skin And Hair While You Sleep

The Everett Collection

BEAUTY / 21 HOURS AGO



BY SARAH FERGUSON

SHARE



When shopping for sheets, I have just two criteria: They must match my duvet cover and they must be inexpensive. Despite spending hours each day in bed, I'd much rather spend my money on activities and clothes than thread count.

Recently, Fiona Stewart, founder of silk pillowcase brand **Slip**, attempted to alter my linen purchasing habits. In a meeting, she waxed poetic about the numerous beauty benefits of sleeping on the pricey fabric. I was unconvinced, but dutifully in the interest of you, dear reader, I took a sample pillowcase home to test. "If anything," I thought, "I'll feel glamorous."

After logging a few nights on the 22 momme (that's silk speak for really good silk) pillowcase, there were several surprising things I began to notice. First, that sleeping on silk is *way* nicer than on cheap cotton. Second, upon waking up each morning, suddenly my bedhead was more controlled, my skin felt softer and more hydrated and my complexion looked more even. Was I imagining things or was the pillowcase actually working?

In the office, when I recounted my miraculous results, my colleagues remained skeptical, so I consulted the pros. "There are a couple of truths about sleeping on a silk pillowcase," says hairstylist **Tyler Colton**. "The first is that silk fabric can reduce the friction or roughing up of hair while you sleep, which reduces split ends. The second is that, because it doesn't extract moisture from the hair like cotton does, silk can help lessen frizz."

As for the skin, New York-based dermatologist **Howard Sobel** finds that "silk pillowcases really are worth the extra cost." He highlights the fabric's ability to keep skin hydrated and its hypoallergenic and antimicrobial properties. Plus, "you won't get those annoying sleep lines that can eventually become permanent," he says.

Last weekend while visiting a family member, I slept without my beloved new pillowcase. In the morning my hair looked wild, my skin was parched and itchy. Needless to say, I did not get my beauty sleep.

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TYLER COLTON

With a signature style and unique approach, *Tyler Colton* brings a fresh and creative approach to hairstyling. Tyler has been one of Hollywood's top and most sought after hairstylists for the past 12 years. The diversity of his creativity includes styling Grammy Award winning music artists, Avril Lavigne and Sarah McLachlan to Oscar winners Hilary Swank and Charlize Theron, as well as film/television superstars Eva Longoria, and Jennifer Garner.

Tyler's recent work includes styling *Christina Perri* for her "Arms" video; as well as her tv appearances on "Ellen" and "The Jimmy Kimmel Show". Colton also styled for the cover of *944* magazine.

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To learn how to create amazing hairstyles for editorial work, register for Tyler's Evolution of Beauty Class at:
www.schwarzkopfacademy.com



808 from Christina Perri's video "Arms"
Hair by Tyler Colton



Check it out on YouTube:
<http://www.youtube.com/watch?v=4MfVQ90r0S8>

Christina Perri appearances
Hair by Tyler Colton



Cover and insert from 944 magazine.
Hair by Tyler Colton



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GENLUX MAGAZINE

We go behind the scenes to reveal how our creative team achieved Katharine McPhee's cover look!

"KATHARINE MCPHEE HAS SUCH AN OPEN, ANGELIC FACE, I THOUGHT IT WOULD BE INTERESTING TO AMP UP HER EXOTIC SIDE. I FELT KAT'S FACE COULD HANDLE IT WITHOUT LOOKING OVERDONE."

SKIN: "I gave her a crisp, velvety, tawny skin to balance a steady, graphic eye."

EYE: "I shaped strong arched brows to frame a slightly theatrical winged-out (à la '70s) eye shadow. The plan was to do a strong mouth, so it's risky to do a vivid eye, too."

LIP: "While a pale, extended lip helps keep the look in the realm of fashion, I used a matte shade to give her lips a very 'top-drawer' feeling!"

Brett Freedman
Makeup Artist
Celestine Agency

She Bares Face
Architect base
in \$64, \$42,
shebearsface.com

MAC Eye Shadow
in Hyaline, Gold, and
Quartz, \$14.50 each,
maccosmetics.com

Benefit Gel
Wash (Face)
\$10, Sephora
Beauty
Century City,
310.94.70123

Dermafinerals
On-the-Go Finishing
Powder SPF30, \$42,
dermafinerals.com

Maybelline Dream Mousse
Blush
in soft plum, \$7.51, ocs.com

Schwarzkopf
OSS Air, \$16,
schwarzkopfusa.com

Schwarzkopf
OSS Grip,
\$12, schwarzkopfusa.com

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OSS Elastic, \$14, schwarzkopfusa.com

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Lipcolor in
Red House,
\$22, london-
cala.com

Mineral Essence
lip defense in Pique, \$11,
Emerson Pharmacy, LA, 310.470.0832; Beauty 360,
Mission Viejo, 949.951.1732; mineral-essence.com

Oil de Peau Beauté concealer in
beige, \$70, Nars Cosmetics, Beverly
Hills, 310.550.5900; Saks Fifth
Avenue, Beverly Hills, 310.375.4211

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Circuit Cosmetics
Molecular Mist, 2oz, \$36;
4oz, \$72, Green Line
Beauty, LA, 323.933.5369,
greenlinebeauty.com

Shade makeup perfect mosaic, \$22,
Nordstrom, The Grove, LA, 323.930.7230

Vanity Fair brow powder in Cocoa Ink, \$16, vanityfair.com

Tyler Colton
Hairstylist
Celestine
Agency

TYLER COLTON WITH CELESTINE AGENCY: "TO CREATE KATHARINE'S VINTAGE STYLE, I APPLIED GRIP FOAMING MOUSSE FROM SCHWARZKOPF TO HER DAMP HAIR, THEN DRIED IT USING A LARGE ROUND BRUSH. AFTER DRYING, I USED CURLING IRONS TO CREATE OLD HOLLYWOOD -STYLE WAVES THROUGHOUT THE HAIR. I USED BUFF TO POLISH THE ENDS, THEN FINISHED UP BY SETTING THE LOOK USING ELASTIC HAIRSPRAY. I LOVED GIVING KATHARINE AN UPDATED OLD-HOLLYWOOD GLAM LOOK; SHE LOOKED AMAZING AND VERY MARLENE DIETRICH."

26 GENLUX HOLIDAY / 2010

Tyler Colton

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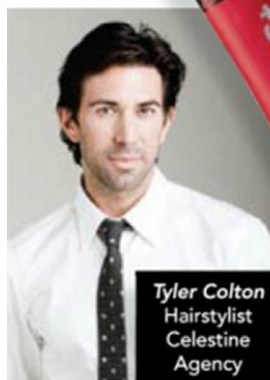
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Celestine
Agency

TYLER COLTON WITH CELESTINE AGENCY: "TO CREATE KATHARINE'S VINTAGE STYLE, I APPLIED GRIP FOAMING MOUSSE FROM SCHWARZKOPF TO HER DAMP HAIR, THEN DRIED IT USING A LARGE ROUND BRUSH. AFTER DRYING, I USED CURLING IRONS TO CREATE OLD HOLLYWOOD -STYLE WAVES THROUGHOUT THE HAIR. I USED BUFF TO POLISH THE ENDS, THEN FINISHED UP BY SETTING THE LOOK USING ELASTIC HAIRSPRAY. I LOVED GIVING KATHARINE AN UPDATED OLD-HOLLYWOOD GLAM LOOK; SHE LOOKED AMAZING AND VERY MARLENE DIETRICH."

M-A-C Eye Shadow
in Nylon, Orb, and
Quarry, \$14.50 each,
maccosmetics.com

Benefit Girl
Meets Pearl,
\$30, Sephora,
Westfield
Century City,
310-843-0123

DermaMinerals
On-the-Go Finishing
Powder SPF30, \$62,
derminerals.com

Mineral Essence lip definer in Paprika, \$11,
Emerson Pharmacy, LA, 310-670-3833; Beauty 360,
Mission Viejo, 949-951-1732; mineralessence.com

Maybelline Dream Mousse blush
in soft plum, \$7.51, cvs.com

Schwarzkopf OSiS Grip,
\$12, schwarzkopfusa.com

Schwarzkopf OSiS Elastic, \$16, schwarzkopfusa.com

Lancôme
Color Design
Lipcolor in
Red Haute,
\$22, lan-
come.com

Tyler Colton

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beauty by malena harbers

Hair apparent

From the runway to the red carpet, fall's best tresses are marked by a return to natural, polished locks

"This fall, we're moving away from super-straight flat-ironed hair," says celebrity stylist Tyler Colton who has worked his magic on the enviable tresses of Hilary Swank, Charlize Theron, Eva Longoria Parker and Jennifer Garner. "It's all about working with your natural texture and using curling irons, Velcro rollers and hot rollers again - anything you can use to put a little movement back in your hair." Here, *Hello! Canada* shows you how to master fall's hottest styles.

Lea Michele
(here and inset)
Alberta Ferretti
Fall/Winter 2011
runway (far left)

TIE THE KNOT

On the runway Loose buns and undone knots at Alberta Ferretti and Gianbattista Valli

Get the look Smooth a light-hold shine cream between your palms and, using your fingers, rake the hair back into a mid-bright ponytail. Wrap the hair around itself and pin the ends loosely into a bun or chignon, letting a few stick out. "It's not about being super smooth and tight," says Tyler. "There should be an ease to it because it could end up looking severe and aging if it's too tight."

Star inspiration *Glee* star Lea Michele's low, loose chignon



L'Oréal Paris Eluett
Satin Extra Strong
Hold Hairspray,
\$14.99, drugstores,
loréalparis.ca



Redken Mineral Elixir
Gossling Smoothing
Oil, \$22.95, salons,
redken.ca



Aveda Positively Nourishing
Style Smoothing Shine
Cream, \$19.99, drug and
grocery stores, aveda.com



Pureology Hydrate
Sheerflex, \$24.50,
salons, pureology.com



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Blake Lively (here);
Dries Van Noten
Fall/Winter 2010
runway (inset
below)

LOOSEN UP

On the runway Naturally soft and straight tresses at Roberto Cavalli and Dries Van Noten

Get the look Whatever you do, don't use a straightener, warns Tyler. "It takes a lot of life out of the hair and makes it super flat." For naturally curly or wavy hair, apply a straightening cream from root to tip, and blow dry straight using a large boar bristle brush to create a smooth texture. To do this, divide hair into bigger sections – ideally six large ones – and use brush to pull the hair taut while drying.

Star inspiration Blake Lively's deep side-parted, windswept mane

Gosh Treat Me! Leave-in Conditioner, \$9.99, Shoppers Drug Mart, shoppersdrugmart.ca



John Frieda Frizz-Ease Straight Fixation Smoothing Cream, \$10.40, drugstores, johnfrieda.ca



Pantene Pro-V Medium-Thick Hair Style Straighten & Smooth Crème, \$6, drugstores, pantene.ca



Schwarzkopf Essentials Smoothing Cream, \$21.75, salons, schwarzkopf-professional.com

MAKE WAVES

On the runway Voluminous, bouncy manes at Chloé and Oscar de la Renta

Get the look Apply a foaming mousse to wet hair. "A mousse will leave the hair light and won't weigh it down," says Tyler. "This will allow your hair to have a little more spring and bounce to it." Next, divide the hair into eight little sections and blow-dry each using a round brush so that the hair is smooth and fluffy. To get extra bounce on the ends use a one-inch curling iron or large hot rollers, winding only halfway up your head (as opposed to the root), for tons of sideways volume.

Star inspiration Claire Danes' soft, honey-coloured blowout



Kerastase Mousse Volumactive, \$40, salons, kerastase.com

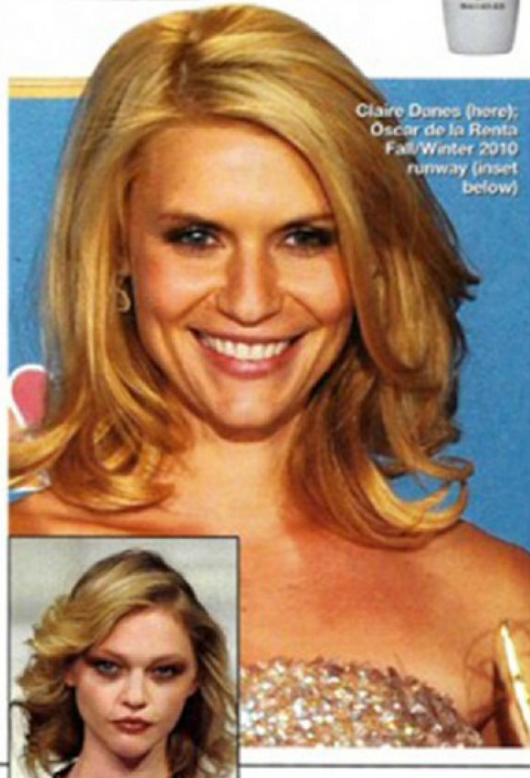


Osis Body Me, \$21.50, salons, schwarzkopf-professional.ca

Living Proof Full Root Lifting Spray, \$26, Sephora, sephora.com



Conair Tourmaline Ceramic Ionic Instant Heat Hair Setter, \$71, drugstores, conaircanada.ca



Claire Danes (here);
Oscar de la Renta
Fall/Winter 2010
runway (inset
below)

Tyler Colton

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Ashley Greene goes sweet 'n' low

Take a cue from actress Ashley Greene and opt for a neck-and-shoulder grazing ponytail for a sexy softness that works for both an evening cocktail soiree or daytime holiday office party.

GET THE LOOK

To give the ponytail some hold, work some mousse into damp hair. "This will help create a bit of volume and give control," says Tyler. Apply it to the ends first and then, using your fingertips, run the remaining product over the front of your hairline. Next, rake hair back into a ponytail with your fingers, gather it at the nape of the neck and secure it with an elastic. You can leave a one-inch section of hair out of the ponytail to wrap around the elastic if you want a polished look like Ashley's. Finish with a flexible hairspray or texture spray to keep strands in place.

From left: Aveda Control Force Hair Spray, \$26, Aveda boutiques, aveda.com
Schwarzkopf Osis Grip Volume Extreme Hold Mousse, \$19, salons, schwarzkopf-professional.ca
Kérastase Resistance Volumactive Mousse, \$40, salons, kerastase.ca
Salon by Sally Hershberger Texture Blast hairspray, \$24, Murkin, sallyhershberger.com



David Babai for WildKid Hair Polish, \$16, the Shopping Channel, theshopping-channel.com



Pantene Pro-V Curly Hair Anti-Frizz Straightening Creme, \$6, drugstores, pantene.com



Schwarzkopf Osis Buff Light Styling Cream, \$20, salons, schwarzkopf-professional.ca



LaCoue Volumpress Cream Gel, \$8, Shoppers Drug Mart, lacoue.com

Olivia Wilde tops up

Olivia Wilde gives the topknot trend a sleek twist for fall (a dishevelled version of this do was the official hairstyle of the summer). This time around, the sides, front and back are slicked straight up and perched neatly in a bun at the crown (Olivia's bun is fanned out, which gives it a slight Eastern feel). But, Tyler warns, "a topknot is not an easy fit. You have to have a great face shape because it can come off looking too severe and too strong." For the most part, topknots work best with hair that's slightly wavy or straight. "If the knot becomes too textured and messy, it looks a little juvenile. But the slick version is great for evening."

GET THE LOOK

Comb a smoothing cream or gel through your locks before piling hair into a knot at the back part of your crown. Keep it really tight and smooth – what makes this look polished is that there's not a hair out of place. "A lot of women have those fine baby hairs around the hairline," Tyler points out. "So keep them down by spritzing a light hairspray overtop. The idea is to coax the hairs into place without looking shellacked."



Tyler Colton

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beauty by jill dunn



Party on

Four fun looks to dress up your hair this holiday season

January Jones is with the band

The holiday season is really the time to have fun with hair accessories. What might feel a bit over-the-top at other times of the year can be festive and complimentary on the seasonal party circuit. Sometimes, simply incorporating an eye-catching headband (like January Jones's sparkling black band) will add a little pop.

GET THE LOOK
Opt for thin bands – not thick ones à la *Gossip Girl*. “When there are maybe three delicate headbands worn together, it adds more of a romantic feel,” says Tyler Colton, a Los Angeles-based celebrity stylist with Osis Haircare. And stay away from traditional holiday colours such as red and green. Instead, stick to metallics or beaded clips. “It’s not meant to be worn in a cheesy way. You’re trying to dress up your style a little, not look clichéd.”



Michael Kors assorted thin headbands, \$60-\$75 each, select Michael Kors stores, michaelkors.com



Sephora Holiday Flower headband, \$16 each, Sephora, sephora.com



French Connection 2-Row Box Chain headband, \$28, French Connection, Frenchconnection.com

Eva Mendes rides the wave

“This look has all the elements of ’40s glamour, but it’s slightly softer,” says Tyler. “Sweeping vintage waves, like the ones Eva Mendes wears here, are always in style.” This season, instead of more structured peckaboo waves that are reminiscent of iconic movie star Veronica Lake, they’re softer and slung over one shoulder.

GET THE LOOK
“For loose waves, use a large barrel curling iron,” says Tyler. Once your hair has cooled, brush out the waves with a natural-bristle brush – this will help add shine and create softness. If you have naturally textured, wavy hair, Tyler suggests simply brushing out the waves for a soft finish, à la Kim Kardashian. To finish, instead of tucking your hair behind your ear, pin it back on just one side with sparkly bobby pins or a large barrette. It’s a cinch to do and adds instant glamour to any style.



The Body Shop Oval Wooden Pin Brush, \$10, The Body Shop, thebodyshop.ca



L'Oréal Professional Luminist Control Shine-Enhancing Protective Spray, \$18.50, salons, lorealparisusa.com



Oribe Soft Lacquer Mist Styling Spray (far right), \$47, Holt Renfrew, oribe.com



Banana Republic Bobby Pins, \$18.50 for a pair, Banana Republic, bananarepublic.ca



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30s CHANGE WITH THE TIMES



Nioxin Diamax
Thickening
Xtrafusion
treatment, \$60,
salons, nioxin.com

Bumble and Bumble Thickening
Dryspun Finish, \$36, available at
salons in July, bumbleandbumble.com

Concern #1: POSTPARTUM SHEDDING

Almost everything changes when you have a baby, including your hair. And this is one development that likely won't leave you cooing with joy. Many mothers, including Kate Hudson (left), experience hair loss following the arrival of their bundle of joy. "With my second child... all my hair fell out after he was born," says the blond beauty.

A change in postpartum hormone levels is to blame, and the effect will be different for every new mom. "It's not like every woman who has a baby is going to see shedding," says Dr. Cam Simmons of the Canadian Hair Transplant Centre. "But it's common enough that most women will know somebody who went through it, and it doesn't always happen with every pregnancy."

To combat diminishing strands, Pantene Pro-V senior scientist Dr. Rolanda Johnson Wilkerson suggests looking for treatments that thicken the diameter of existing hair fibres.

A touch of colour can also help, advises celebrity stylist Tyler Colton. "When you colour hair, you can thicken it – you're swelling the strands." He also suggests faking a fuller coif with a touch of dry shampoo. "Fine hair ends up getting a little bit oily, which starts weighing it down throughout the day. A dry shampoo helps remove some of that moisture, so it makes it fluffy again."

Concern #2: GREY MATTER

The silver strands seen on Kelly Osbourne, Lady Gaga and Nicole Richie are part of a fun temporary trend, but for most women, spotting their first few greys is a less-than-enjoyable experience. "The average person in their 30s is going to start turning grey," says Tyler. "Usually it starts around your temples and through the top."

Heading to the salon every four to eight weeks for root touch-ups is one solution, as is opting for an at-home dye that gently covers grey. Avoid certain hairstyles that highlight grey roots like razor-sharp parts or slicked back ponytails – or spritz on a temporary root concealer that washes away at your next shampoo. – JULIA SEIDL



Clairol
Natural
Instincts, \$13,
drugstores,
clairol.com



Rita Hazan
Root Concealer
for Highlights,
\$24, Sephora,
ritahazan.com

Star Tips

They are recognized for the colour of their coils just as much as they are for their famous faces. Are Hollywood's hottest hues the work of talented colourists or a genetic gift?



WHO Jessica Chastain
AGE 36

The reason the Oscar nominee's strawberry strands radiate on the red carpet? Her colour is 100 per cent natural, says her stylist, Renato Campora. A few drops of camellia oil help keep her hair glossy.



WHO Zooey Deschanel
AGE 33

The small-screen beauty is loyal to her raven locks. "I had to dye my hair blond for a screen test years ago, and it really wasn't me," she says. "I'm a brunette at heart. When I had blond hair I would wake up and be like, shocked. Your hair is part of your identity."



WHO Sienna Miller
AGE 31

Her colourist, Tracey Cunningham, gives Sienna "a soft sun-kissed golden blond with warm butterscotch highlights around the crown." Sienna sticks with a pro: once she accidentally turned her own strands pink and green.

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Tyler Colton

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CLOCKWISE (FROM LEFT): NELSON BARNARD/GETTY IMAGES; VICTOR VILLALBA/GETTY IMAGES; JASON MERRITT/GETTY IMAGES; JASON KEMP/BUFA LACETTY IMAGES

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20s TIME FOR TRENDY TRESSES



Concern #1: COLOUR CHANGE-UP

In a period of less than 60 days this year, colour chameleon Jennifer Lawrence, 22, went from blond to black and back to blond as she filmed the sequel to *The Hunger Games*. Like most 20-somethings, Jennifer's hue experimentation is a rite of passage, but it's one that can leave hair damaged.

Hydrogen peroxide, ammonia and the high PH levels found in dye can strip away the hair's natural protective layer – a fatty acid called 18-MEA or the "flayer" which acts as a natural lubricating mechanism, explains Dr. Rolanda Johnson Wilkerson, Pantene Pro-V senior scientist. "Repeated colouring can cause this protective surface to completely disappear," says Dr. Johnson. "As a result, the hair becomes hydrophilic (water loving) instead of hydrophobic (water repellent), and the natural lubricating properties are removed. Hair is more susceptible to damage, can feel dry and can be hard to detangle."

For some stars, frequent colour changes can lead to what celebrity stylist Tyler Colton refers to as the "chemical cut" – debuting a drastic new short style necessitated by damaged strands. "It's like, 'Oh, you're getting a chemical cut!' because you look at the hair

and it's breaking," says Tyler, whose client list includes Rosario Dawson, Katharine McPhee and Nina Dobrev.

To avoid a forced date with the scissors, dye zealots need to follow one simple rule: condition strands each time you step in the shower. "Applied daily, conditioner provides intensive care for even the most damaged hair," says Dr. Johnson. Cosmetic chemist Ron Robinson of *beautyslat.com* says to look for oil-rich ingredients such as argan oil, macadamia oil, olive oil or wheat proteins. "Avoid sulfates which might be too harsh for colour-treated hair," he says.



Pantene Colour Preserve Shine Conditioner, \$6, drugstores, pantene.ca



got2b Oil-luscious Conditioner, \$8, drugstores, got2b.com

Concern #2: GROWING PAINS

When Miley Cyrus tweeted a photo of her blond bun about to meet its demise at the hands of Hollywood hairdresser Chris McMillan, fans were initially less than impressed; however, the 20-year-old singer's platinum pixie cut is now one of the most talked-about styles.

Since hair grows an average 1 cm a month, a cut that drastic requires guts and commitment. If you're not as enamoured with your new do as Miley, and patience isn't your strong suit, all three experts agree that vitamin treatments taken orally can encourage hair growth. Viviscal, a daily supplement that nourishes hair follicles to stimulate growth, is a celebrity fave – Reese Witherspoon and Jessica Stam are fans. "I have referred clients to them," says Tyler. "They do work." – JULIA SEIDL



Viviscal Hair Nourishment System, \$60 for a one-month supply, viviscal.ca



PhytoSpecific Cap/Energy Dietary Supplement, \$60 for a two-month supply, Sephora, phytospecific.com

Star tips

The leaders in the fashion pack are also at the forefront of the freshest hairstyles on the red carpet. These risk-takers aren't afraid of a pair of scissors...



WHO Leighton Meester
AGE 27

"My long, wavy hair got a lot of mileage, so it was time for a change," says the former *Gossip Girl* of her new ching-grazing bob. "I hop out of the shower and it takes five minutes to dry!"



WHO Solange Knowles
AGE 26

Beyoncé's little sis inspired an army of young women to embrace an *au naturel* do. "I get women all the time saying, 'I did this haircut because you did,'" says the singer. "That's really humbling and I think it's amazing."



WHO Emma Stone
AGE 24

Blunt bangs add weight to the Spider-Man star's mane. "My hair is a battle. It's an uphill, fine, baby-haired battle," says Emma. "It's bone-straight and I have some pieces that my hairstylist stuck in my hair right now – if she didn't you could see my ears through my hair!"

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Tyler Colton

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40s DAMAGE CONTROL



Garnier Fall Fight Fortifying Shampoo, \$6, drugstores, garnier.ca

Pantene AgeDefy Advanced Thickening Treatment, \$25, drugstores, pantene.ca

Concern #1: BREAKING BAD

She may stimulate a wave of copy-cat cuts every time she changes her look, but Jennifer Aniston admits that even her famous locks aren't immune to damage, especially broken strands. "I decided to have a couple of hair extensions, not knowing that you end up with 400 things in your head that cause your hair to break off," says the former *Friends* star of her brush with faux strands. "Nothing destroys your hair faster. It took a year and a half for my hair to recover."

The extensions may not be the only reason Jen, 44, experienced breakage. "On average, fibre thickness begins to decrease around the age of 40," says Dr. Rolanda Johnson Wilkerson, Pantene Pro-V senior scientist. "This causes hair to appear thinner and become more prone to damage and breakage." Decreasing density plus the cumulative effect that aggressive styling can have on hair means that strengthening and thickening are of prime importance. Look for products that contain caffeine (which is linked to hair growth), niacinamide – a water-soluble vitamin that activates the transportation of oxygen to hair follicles – and panthenol, part of the vitamin B group which helps thicken and moisturize locks.

Star Tips

Schoolgirl bangs be gone. "Just because you're aging, don't get bangs," says Tyler. These 40-something celebs are putting their best face forward with well-defined parts – both centre and side – and slicked-back dos.



WHO Jennifer Lopez
AGE 43

Top knots, ballet buns and perky ponytails – all with slicked-back strands – are on rotation for the Latin sensation. "Pulling hair up and back from behind the ears makes you look years younger, and she loves it," says Jen's stylist, Ken Paves.



WHO Jennifer Garner
AGE 41

She's worn full-on fringe and a sexy side sweep but this busy mother of three is now going bold with a classic centre part complete with subtle honey highlights.



WHO Robin Wright
AGE 47

A deep side part complements the *House of Cards* star's high cheekbones and thanks to a well-orchestrated crop, she has the luxury of playing with her style, sweeping her front pieces back or leaving them across her forehead.

Concern #2: OFF COARSE

Sebum – the oily secretion from glands – decreases as we age, which means strands have less moisture than before. "This dryness can cause hair to become rough and brittle," says cosmetic chemist Ron Robinson. This change in texture means it's extra important to handle your hair with care – detangle strands in the shower with a wide-tooth comb before you rinse out conditioner, don't excessively rub wet hair with a towel and never wash strands with water that's too hot. "With super-hot water you dry out your hair," says celebrity stylist Tyler Colton. Heat styling tools can have the same effect. Think of your hair as a treasured garment. "If you took your favourite dress and you ironed it every day, you're breaking down the fabric," says Tyler. "Why treat your hair the same way?" Instead treat strands to a heat protecting spray before reaching for the curlers or flat iron.

Your postal code can also play a role in a change in hair's texture. "The water that we use isn't all the same," says Tyler. "Each water district has different parts per million for minerals and chemicals, which can affect how your hair feels."

Try a shower-head filter specially designed to remove chemicals from the water stream before they reach your coif. – JULIA SEIDL



T3 Source Shower head Filter, \$150, Murale, t3micro.com



MoroccanOil Heat Styling Protection, \$28, salons, moroccanoil.com

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Tyler Colton

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50s TURN BACK THE CLOCK



Concern #1: DULL STRANDS

Long and lean doesn't just describe Demi Moore's physique. Her lustrous dark mane is the result of keratin treatments at Nine Zero One salon in Los Angeles. "Keratin is a protein property," says celebrity stylist Tyler Colton. "As we age, it's one of the things we end up missing." The 50-year-old star relies on the protein top-up to keep her strands high on shine and low on frizz. Mimic the effects at home with an intense masque infused with keratin or a leave-in silk spray.

For extra-shiny strands, it's also about keeping as much moisture as possible in the hair. "Imagine that you are building a brick wall," explains Tyler. "The protein is the strength, so for the bricks to really stay strong and to stay in place, you need mortar. Moisture is the mortar." Indeed, a lack of moisture means protein can't penetrate the hair shaft – so hair won't benefit regardless of how much it receives.

Demi takes this into account when she's styling her own locks. "If I'm not working or going to an event, I don't blow-dry my hair or flat-iron it or curl it," she says.

So give your hair a break from hot styling tools when you can – and don't forget the conditioner!



Matrix Biolage Advanced KeratinDose Pro-Keratin Renewal Spray, \$20, salons, matrixcanada.ca



L'Oréal Professionnel Serie Expert Pro-Keratin Refill Masque, \$28, salons, lorealprofessionnel.com

Concern #2: SCALP SAVERS

Treating the surface of your strands is just one part of the age equation. "Normally, you're born with about 100,000 hairs on your head," says Dr. Cam Simmons of the Canadian Hair Transplant Centre. "For every hair on the surface of the scalp, there's a follicle underneath the skin – like a little factory that makes the hair grow." Since we grow about 100 new hairs a day, starting with a healthy scalp is one way to ensure a healthy mane, especially as we age. "As a result of the biological process, intrinsic aging to hair – changes that happen below the scalp – are a part of the aging process," says Dr. Rolanda Johnson Wilkerson.

Ensure strands are fed right from the start by opting for shampoos and conditioners that nourish the scalp in combination with a serum that penetrates the surface of the head. – JULIA SEIDL



Kerastase Initialiste Advanced Scalp and Hair Concentrate, \$55, salons, kerastase.com



John Frieda Root Awakening Hydrate and Nourish Shampoo for Dry Scalp, \$11, drugstores, johnfrieda.ca

Star Tips

If wisdom comes with age, so can healthy, long locks. Here's how these stars keep their shoulder-grazing (and beyond) strands in tip-top shape.



WHO Iman
AGE 57

Instead of using damaging heat tools, the supermodel likes to go faux. "I keep changing my looks all the time," says Mrs. David Bowie. "But now they have hair clips and extensions that you can take off and clip in. So, it's play time!"



WHO Julianne Moore
AGE 52

The natural beauty's vibrant crimson shade, which tops the list of Hollywood's most coveted colours, is the result of a gentle vegetable-based – not chemical – hair dye.



WHO Kim Cattrall
AGE 56

Don't overdo the suds! "I dye my hair, which is hard on it," says the *Sex and the City* star. "So I baby it and don't wash it every single day."

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BEAUTY

HAIR BAND

Take centre stage at your favourite summer concert by matching your do to the lead act - By Carli Whitwell

POP STAR

HOT TICKETS Katy Perry (July, August, across Canada); Beyoncé (Toronto, July 9 and Winnipeg, July 27) **SHOWSTOPPER** A diva's look is always evolving. This summer get crazy in love with perfectly imperfect, voluminous, tousled waves – no wind machine required.

BACKSTAGE PASS STEP 1 Apply a golf-ball size of mousse to damp hair focusing on coating the mid-shaft to ends. STEP 2 Roughly blow-dry hair to embrace your natural texture. STEP 3 Twirl strands of hair so it looks rosey and then wrap sections around a curling iron. "It gives you a much more natural, beachtextured feel," says celebrity stylist Tyler Colton, whose clients include Jessica Biel. Try a deep side-part for a '90s-inspired look.

Schwarzkopf Osis+ Grip Style Super Hold Mousse, \$19, salons, schwarzkopfprofessional.ca

EMMA STONE

GUITAR HERO

HOT TICKETS Queen with Adam Lambert (June, July across Canada); Journey (Toronto, June 19) **SHOWSTOPPER** Keep hair off your face and add a note of glamour with an edgy take on the top knot à la Gwen Stefani.

BACKSTAGE PASS STEP 1 Smooth blow-dried hair into a pony on the top of your head, says Schwarzkopf Professional's Essential Looks artist Joey Marchese. STEP 2 Spritz in a sea-salt spray for texture. Take one piece out of the pony and leave it out. STEP 3 Flip the pony over for a top knot effect. Secure in place with another elastic. STEP 4 Wrap the loose piece around the base and hold with bobby pins. STEP 5 Dishevel the top knot and set with hairspray.

Redken Control Addict 28: Extra-high hold hairspray, \$19, salons, redken.com

GWEN STEFANI

COUNTRY GIRL

HOT TICKETS Shania Twain at the Calgary Stampede (July 9); The Boots and Hearts Festival, Bowmanville, Ont. (July 31 to Aug. 3) **SHOWSTOPPER** Walk the line between country and couture with a messy fishtail braid.

"You want it to be a little dishevelled," says Tyler. Toss on a cowboy hat to get into the spirit! **BACKSTAGE PASS** STEP 1 Spray dry shampoo on unwashed hair at the roots for volume. STEP 2 Divide hair into two sections. Take a skinny section of hair from the outside of the right section and cross over into the inside of the left. Repeat on the other side and back again until done. STEP 3 Spritz a spray for texture and run your hand up the hair from the bottom up – "like when you pet a cat backwards," says Tyler.

Sebastian Texture Maker Non-Aerosol Texturizing Hairspray, \$23, salons, sebastianprofessional.com

Herbal Essences Naked Dry Shampoo, \$5, drugstores, herbolessences.ca

BEYONCÉ

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FROM LEFT: VERA ANDERSON/GETTY IMAGES; DAVID BECKER/GETTY IMAGES; ANDRÉ/AGENCY/GETTY IMAGES

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