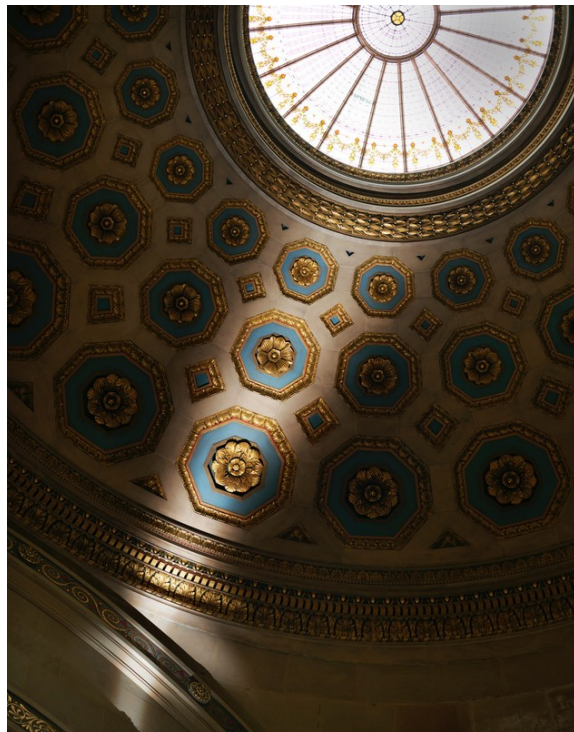


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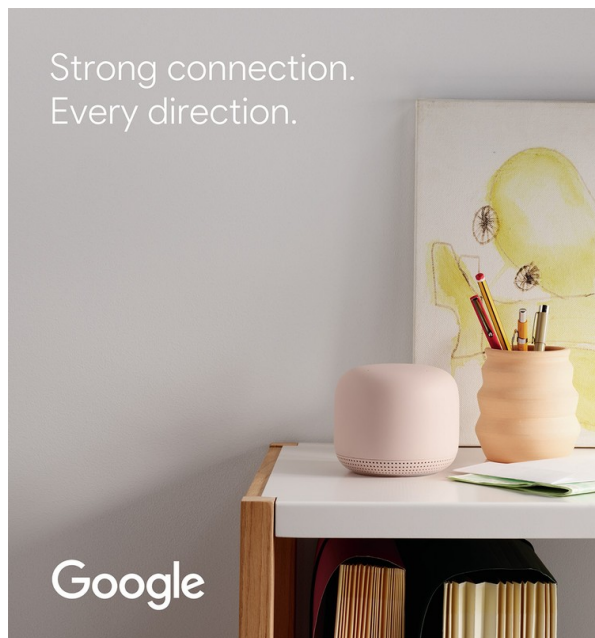
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## TURN YOUR TUB INTO A SANCTUARY

Finding the time to take a bath is, one, a total luxury and, two, something we totally encourage you to do. Here, everything you need to calm your mind and pamper your skin.

By HEATHER MUIR MAFFEI  
Photographs by MATTHEW WILLIAMS

**B**ATH BOMB VIDEOS are trending, sales of bath salts are through the roof, and plumbing contractors have been installing more bathtubs than ever. So what's with all the bath buzz? Maybe we all need a break. While we traditionally arm you with tips to get out the door faster, we also empower you to press pause, put down your phone, and slip into your own little sanctuary. Bath offerings have come a long way since basic bubble foam until you hear about a bath buff and leave you with benefits beyond feeling Zen (though that's a nice mental boost). Team antibath? Don't worry. Most of these skin-softening treats work in the shower, too.



TO BETT Iron Works  
Historic freestanding  
bath, \$4,400; with brass  
and claw feet, \$900;  
see [bett.com](http://bett.com). Helix  
floor-mount bath filler  
with handshower in oil-  
rubbed bronze, \$1,834;  
see [bett.com](http://bett.com).  
Jacquard-weave bath  
towel, \$110; see [michelevarian.com](http://michelevarian.com).  
Waltrop Schumacher  
Birds & Butterflies Multi  
on white, \$100 per roll;  
[decoratorbest.com](http://decoratorbest.com).

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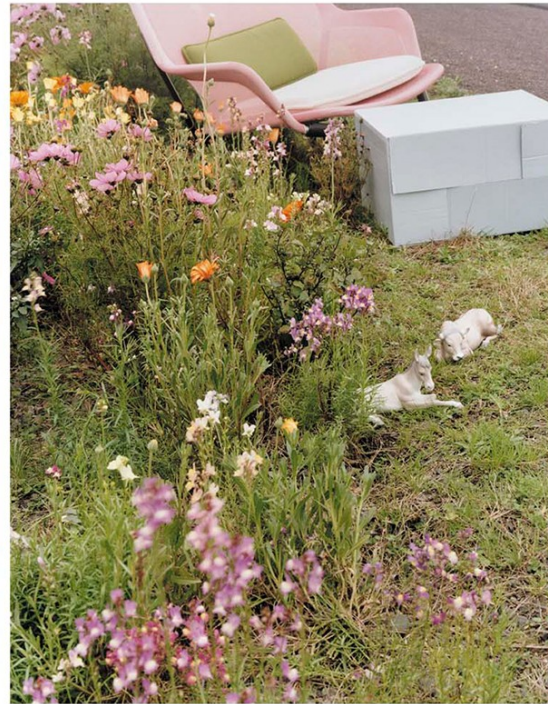
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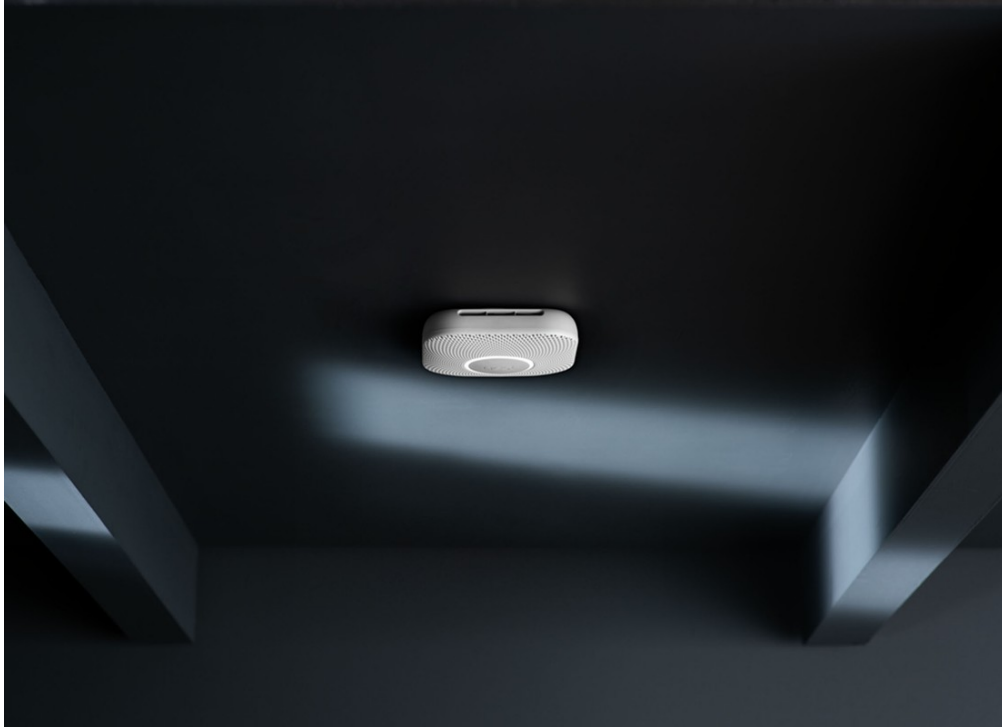
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