

# Art Department

**InStyle INSIDER**

**damage CONTROL**

Neutrogena's Triple Repair Hair Care System targets damage and penetrates deep to rebulk hair, leaving it more resistant to the everyday effects of heat, color, and styling. Hair is stronger after just one use, for healthy and beautiful hair as always.

“Keep hair looking silky and healthy by using a leave-in treatment before using hot tools, and keep tools between 200° and 300°. Anything hotter can overheat hair.”

—Neutrogena's triple repair expert

**MORE HOT TIPS**



**TODAY Style**

## 21 drugstore conditioners celebrity hairstylists are obsessed with

When it comes to achieving red carpet-worthy strands, we often assume it comes with a hefty price tag. But beyond beautiful packaging, is there really any difference between department store and drugstore finds?

TODAY Style reached out to 21 hair experts to find out their personal favorite—and client favorite—product picks available at your local drugstore. Based on what they use and why they love it.

### 11. Neutrogena Triple Moisture Deep Recovery Hair Mask

“You can also use it before swimming in the pool or ocean to protect the hair from chlorine and/or salt water dehydration. It creates perfect beach waves as it dries,” says [Sam Leonardi](#), whose celebrity clients include Olivia Wilde, Sara Bareilles and Allison Williams.

**TEEN**

## How to Get Beachy Waves for Any Hair Type

Lately we've been all about the wonderful concept of “*noded off-duty hair*,” which we welcomed with wide-open arms as the lazy girl's alternative to curling or straightening or whatever else it is we do every morning. But now that it's getting warmer, it's high time we embraced the slightly more labor-intensive but equally appealing “beachy wave.”

Donned by It girls ranging from [Alicia Keys](#) to [Lacey Hale](#), this is one hair style that stands the test of time. But it can occasionally feel limiting, since it's mostly worn by people who have the same texture hair.

That's why we recruited five different stylists to help us interpret beachy waves for every type, from curly to fine. Click through the slideshow to see how to score the look for yourself.

Don't see your hair in the following slides? Let us know in the comments and we'll get right back to you!

**This Hair**  
**What Looks Like:** This is a super-modern, slightly deconstructed look, with fully curled bouncy curls around the front and top layer, and looser pieces in the back. “I cut their girls **longer**,” says Leonardi. “The volume is around the top and front of the hair, but the ends should move freely.”

**How to Do It:** “On damp hair, use a volumizing spray of the roots to add texture,” he says. “Then, if it's about creating a lasting motion, I'll keep having pieces back and away from the face, and I'll help dry. Then I'll use a brush, and I'll push-dry, and remove it. You should end up with a wave wave, which you can groom up by having a large curling iron through the front and top layers.” For added bounce without crunch, try a lightweight oil spray like [L'Oréal Paris Elucreo](#).

**BAZAAR**

BEAUTY HOW-TO

## HOW TO TAME FRIZZ IN THE WINTER

“Helping you to tame your hair in winter is one of our goals for your [2013 Beauty Guide](#).”

**Question:** “I have frizz and I want to know how to fix it and why it happens in the winter. How can I tame it?”

**Answer:** “There's generally more moisture in the air in winter, but it can be drier than you think. The moisture in the air can dry out your hair, making it more brittle and prone to frizz. To combat this, use a hydrating shampoo and conditioner, and use a deep conditioning treatment once a week. After shampooing your hair, and before bed, use a dry oil or leave-in conditioner along your hair shaft and through your hair to the ends. “You will want to use a leave-in conditioner on the hair,” says Leonardi. “You can also use a cream or oil to tame the frizz on your hair, as well as a hair mask or hair cream to keep your hair hydrated. “There are many ways to tame frizz in the winter, and it's all about finding the right products for your hair type and your climate. “You can also use a hair mask or hair cream to keep your hair hydrated. “There are many ways to tame frizz in the winter, and it's all about finding the right products for your hair type and your climate. “You can also use a hair mask or hair cream to keep your hair hydrated. “There are many ways to tame frizz in the winter, and it's all about finding the right products for your hair type and your climate.”

**WHOWHATWEAR**

OLIVIA WILDE

“I love this look because it's so elegant and sophisticated. It's a great example of how to style your hair for a formal event.”

**redbook**

## 15 Long Hairstyles You Can Wear

Who says you have to cut off your long locks when you have kids? These celeb cuts show that, healthy hair can simply be the shoulders can be baby-appropriate.

by Jennifer Conant

**Sofia Vergara**

“For long hair, I suggest a strengthening shampoo and conditioner like the new Neutrogena Triple Repair Hair Care 360 system and deep-conditioning with a hair mask once a week,” says Leonardi and Leonardi. “Neutrogena's Triple Repair Hair Care 360 system and deep-conditioning with a hair mask once a week,” says Leonardi and Leonardi. “Neutrogena's Triple Repair Hair Care 360 system and deep-conditioning with a hair mask once a week,” says Leonardi and Leonardi.”

**US**

## Beauty Crush: Anna Kendrick's Side-Swept Updo

“I love this look because it's so elegant and sophisticated. It's a great example of how to style your hair for a formal event.”

**FABSUGAR**

CELEBRITY FASHION BEAUTY SEX & CULTURE ENTERTAINMENT HOME MOVIES

STYLE & BEAUTY

## 10 Beauty Resolutions You Can Keep

Bellezza / JANUARY 13, 2008 5:29 AM / Read More: 10 Beauty Resolutions

9. Get out your hot rollers.

This year's glam retro styles are easy to create with a classic styling tool: hot rollers. “Roll hair away from your face, saving the bigger rollers for longer hair and sections in the back of your head, and the smaller ones for shorter pieces,” says N.Y.C. stylist [Sam Leonardi](#). Wait 20 minutes for rollers to cool, then unravel hair. Finish by gently running a brush through curls so they melt into soft, screen-siren waves.

**Men's Health GROOMING**

## What's the Best Medium-Length Hairstyle for My Face Shape?

Whether you have a round, square, or oval face, there's a cut that's right for you.

**ROUND FACE**

Ask for side bangs or a side part can help any length create the illusion of a less round face. Chisel-cut side also are a good option—long bangs also will add volume.

**SQUARE FACE**

Ask for a style that is a little less structured. It can suit a square face shape well, so go for a cut that is loose and has movement. Keeping it a bit longer on top and short on the sides also reduces the strong features that typically accompany a square face. Sideburns are also a good option, so feel free to keep them long.

**OVAL FACE**

Ask for a cut with almost anything. Oval face shapes can pull off most any style, so feel free to experiment a little—especially if you love the benefits of a fringe or full fringe. Typically, asymmetrical cuts work well if you're looking for something a little daring. If you're looking for a “safe” option, go with the aid of a cream, to keep contained without weighing it down and looking shiny.

**InStyle**

CELEBRITY FASHION BEAUTY SHOPPING HOLLYWOOD MAKEOVER

best Beauty buys

“I love this look because it's so elegant and sophisticated. It's a great example of how to style your hair for a formal event.”

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CELEBRITY FASHION BEAUTY SHOPPING HOLLYWOOD MAKEOVER

INSIDE BEAUTY

# 38

50 Best Hair Tips From Around the World

**Australia: Reef Surfer Style**

Call it the original surf style. “Rather than trying to wash their hair after a swim in the ocean, Aussie girls use the piecey texture that salt water provides to create beached waves,” says New York-based stylist [Sam Leonardi](#). “What do you expect from such a beach-loving nation?”