

# Art Department

**InStyle INSIDER**

**damage CONTROL**

Neutrogena's Triple Repair Hair Care System targets damage and penetrates deep to rebuild hair, leaving it more resilient to the everyday effects of heat, color, and styling. Hair is stronger after just one use\* for healthy and beautiful hair as always.

“Keep hair looking silky and healthy by using a leave-in treatment before using hot tools, and keep tools between 200° and 300°. Anything hotter can overheat hair.”

**MORE HOT TIPS**




**TODAY Style**

## 21 drugstore conditioners celebrity hairstylists are obsessed with

When it comes to achieving red carpet-worthy strands, we often assume it comes with a hefty price tag. But beyond beautiful packaging, is there really any difference between department store and drugstore finds?

TODAY Style reached out to 21 hair experts to find out their personal favorite—and client favorite—product picks available at your local drugstore. Based on what they use and why they love it.

**11. Neutrogena Triple Moisture Deep Recovery Hair Mask**  
 “You can also use it before swimming in the pool or ocean to protect the hair from chlorine and/or salt water dehydration. It creates perfect beach waves as it dries,” says [Sam Leonardi](#), whose celebrity clients include Olivia Wilde, Sara Bareilles and Allison Williams.

**WHOWHATWEAR**

OLIVIA WILDE

“The most interesting thing about her hair is how she’s able to keep it so long and straight while also having it styled in a way that’s so soft and romantic.”



**redbook**

## 15 Long Hairstyles You Can Wear

Who says you have to cut off your long locks when you have kids? These celeb cuties show that thick, healthy hair can simply be the shoulders can be kidly age-appropriate.

by Jennifer Cantel

**Sofia Vergara**


“For long hair, I suggest a strengthening shampoo and conditioner like the new Neutrogena Triple Repair Hair Care 360 360 system and deep-conditioning with a heat-protectant spray,” says [Sam Leonardi](#), who also recommends that those with longer hair avoid over-washing and using products with alcohol, both of which can dry out strands and lead to damage.



**US**

## Beauty Crush: Anna Kendrick's Side-Swept Updo

by Jennifer Cantel



“I’m a fan of the look Anna Kendrick wore in the promotion of *Twilight: Breaking Dawn - Part 2*. It’s a classic, elegant, and easy to do. She’s wearing a side-swept updo with a soft, romantic feel. It’s a look that’s perfect for a red carpet event.”

**FABSUGAR**

CELEBRITY FASHION BEAUTY SEX & CULTURE ENTERTAINMENT HOME MOVIES

STYLE & BEAUTY

## 10 Beauty Resolutions You Can Keep

Bellezza / JANUARY 13, 2008 5:29 AM / Read More: 10 Beauty Resolutions

9. Get out your hot rollers.

This year’s glam retro styles are easy to create with a classic styling tool: hot rollers. “Roll hair away from your face, saving the bigger rollers for longer hair and sections in the back of your head, and the smaller ones for shorter pieces,” says N.Y.C. stylist [Sam Leonardi](#). Wait 20 minutes for rollers to cool, then unravel hair. Finish by gently running a brush through curls so they melt into soft, screen-siren waves.

**Men's Health GROOMING**

## What's the Best Medium-Length Hairstyle for My Face Shape?

Whether you have a round, square, or oval face, there's a cut that's right for you.

PHOTOGRAPH BY CHRIS FORTNEY

**ROUND FACE**

Ask for side bangs or a side part can help any length create the illusion of a less round face. Chisel-cut sides are also a good option—long bangs also add the volume you need.

**SQUARE FACE**


Ask for a style that is a little less structured. It can suit a square face along with, so go for a cut that is loose and has movement. Keeping it a bit longer on top and short on the sides also softens the strong features that typically accompany a square face. Sideburns are also a good option, so feel free to keep them long.

**OVAL FACE**

Ask for a cut with almost no styling. Oval face shapes can pull off most any style, so feel free to experiment a little—especially if you love the benefits of a fringe or full fringe. Typically, asymmetrical cuts work well if you're looking for something a little daring. If you're looking for a “safe” option, work with the aid of a crease, to keep it contained without weighing it down and looking dated.

**ASIAN HAIR—ESPECIALLY** If your face is a long oval. Keep them out to the top of the ear, as proportions are in disarray. Also, if you're not bangs, keep them light.

Of course, if your hairline is receding, medium-length cuts are not your friend. Keeping your hair shorter will always help it appear fuller.



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INSIDE BEAUTY

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50 Best Hair Tips From Around the World

Australian: Reef Surfer Style

Call it the original surf style. “Rather than trying to wash their hair after a swim in the ocean, Aussie girls use the piecey texture that salt water provides to create bugged waves,” says New York-based stylist [Sam Leonardi](#). “What do you expect from such a beach-loving nation?”



**TEEN**

## How to Get Beachy Waves for Any Hair Type



Lately we’ve been all about the wonderful concept of “nodal off-duty hair,” which we welcomed with wide-open arms as the lazy girl’s alternative to curling or straightening or whatever else it is we do every morning. But now that it’s getting warmer, it’s high time we embraced the slightly more labor-intensive but equally appealing “beachy wave.”

Donned by It girls ranging from [Alicia Keys](#) to [Lacey Hale](#), this is one hair style that stands the test of time. But it can occasionally feel limiting, since it’s mostly worn by people who have the same texture hair.

That’s why we recruited five different stylists to help us interpret beachy waves for every type, from curly to fine. Click through the slideshow to see how to score the look for yourself.

Don’t see your hair in the following slides? Let us know in the comments and we’ll get right back to you!

**This Hair**  
**What You Look Like:** This is a super-modern, slightly deconstructed look, with fully curled bouncy curls around the front and top layer, and looser pieces in the back. “I cut their girls [long](#) so the volume is around the top and top layer of the hair, but the ends should move freely.”


**How to Do It:** “On damp hair, use a volumizing spray of the roots to add texture.” The key: “It’s all about creating a feeling motion that keeps having pieces back and away from the face, and it’s halfway dry. Then there’s a break, let it finish drying, and remove it. You should end up with a few waves, which you can groom up by having a stage curling iron through the front and top layers.” For added bounce without crunch, try a lightweight oil spray like [L’Oreal Paris Elucreol](#).

**BAZAAR**

BEAUTY HOW TO

## HOW TO TAME FRIZZ IN THE WINTER

Nothing gets your wavy hair off more than dry, frizzy ends. Here’s how to get your [frizz-free hair](#) back in control.



**Adrian:** “There’s generally more moisture in the hair of people that have curly hair and change the moisture level of your hair. You have to be really careful about moisturizing your hair once you get into the winter. I’ve been thinking about people who have curly hair and how to get it to be more hydrated. I’ve been thinking about people who have curly hair and how to get it to be more hydrated. I’ve been thinking about people who have curly hair and how to get it to be more hydrated.”