

# Art Department



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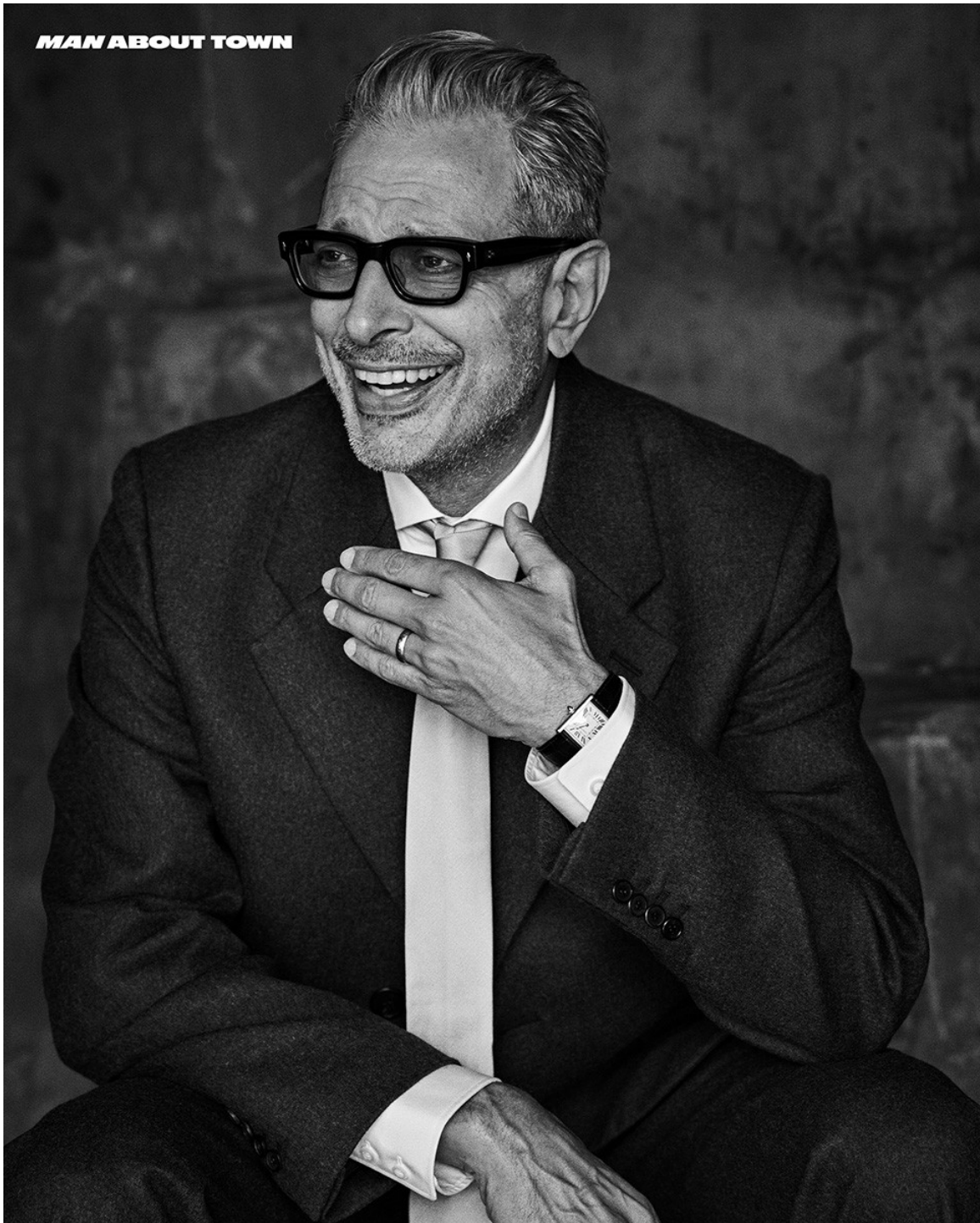
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The image shows the cover of Men's Health magazine for January/February 2022. The cover features a photograph of actor Jacob Elordi, who is shirtless and wearing a green t-shirt, with his arms crossed. The magazine title "Men's Health" is prominently displayed at the top in large red letters. The tagline "STRONGER, FASTER, BETTER" is written in small yellow text above the title. The cover is surrounded by various headlines and teasers in bold, black and red text, some with yellow highlights. The background is a light grey color.

**STRONGER, FASTER, BETTER**

# Men's Health

JANUARY/FEBRUARY 2022 // MensHealth.com

## GET BACK IN SHAPE!

**NEW YEAR, NEW WORKOUTS**  
for Stronger

- >> BICEPS
- >> ABS
- >> PECS

## Eat the Tacos Lose the Pounds

**+30 More Tasty Ways to Slim Down Now**

**LEAN DOWN AND TOUGHEN UP**  
LIKE EUPHORIA'S Jacob Elordi

**"I AM ALIVE! I AM FREE!"**  
INSIDE PRO FOOTBALL'S MENTAL HEALTH RETREAT

## Testosterone Nation

DO YOU REALLY NEED MORE T IN YOUR LIFE?

**SO YOU WANNA QUIT YOUR JOB? READ THIS FIRST**

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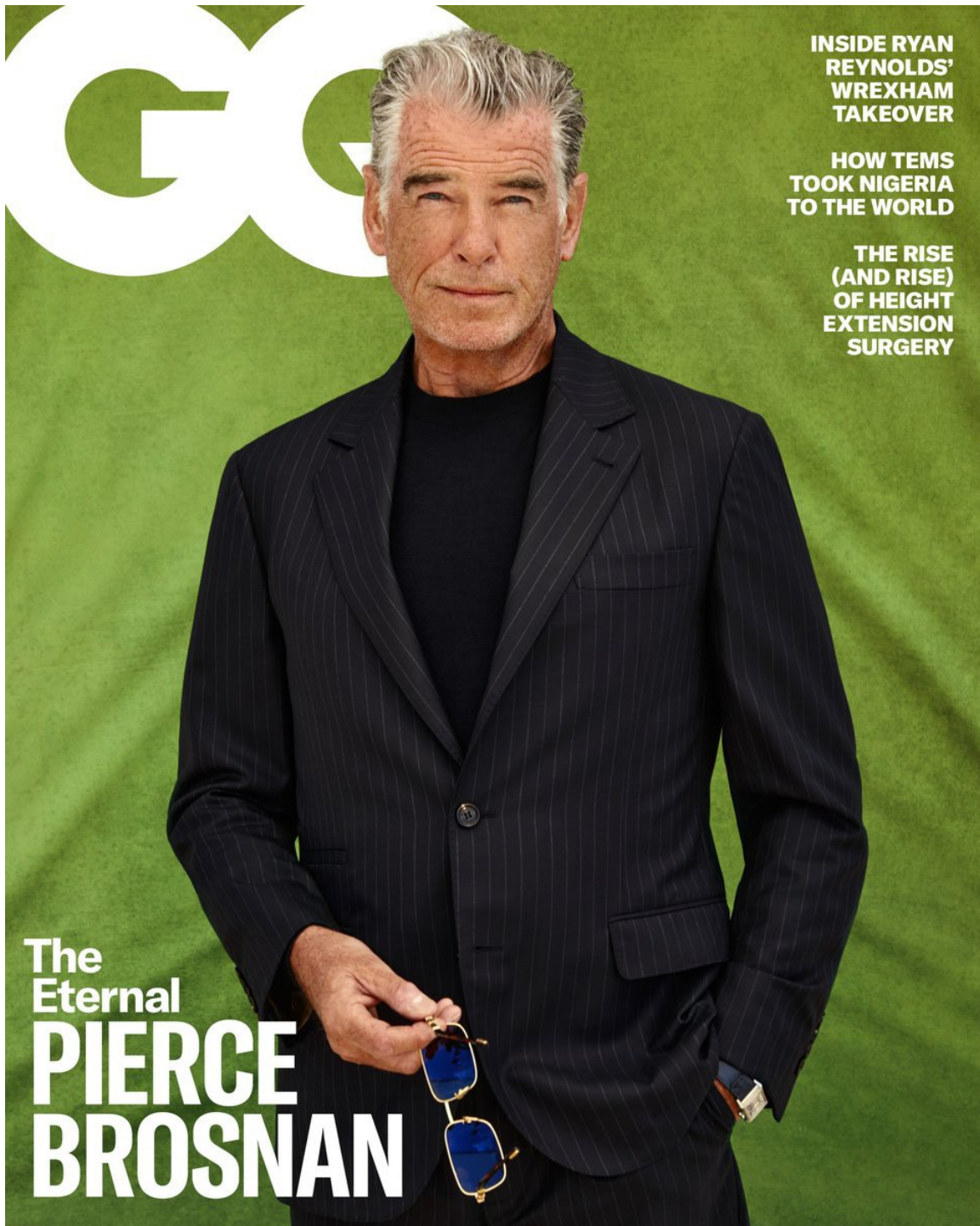
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INSIDE RYAN  
REYNOLDS'  
WREXHAM  
TAKEOVER

HOW TEMS  
TOOK NIGERIA  
TO THE WORLD

THE RISE  
(AND RISE)  
OF HEIGHT  
EXTENSION  
SURGERY

The  
Eternal  
**PIERCE  
BROSNAN**

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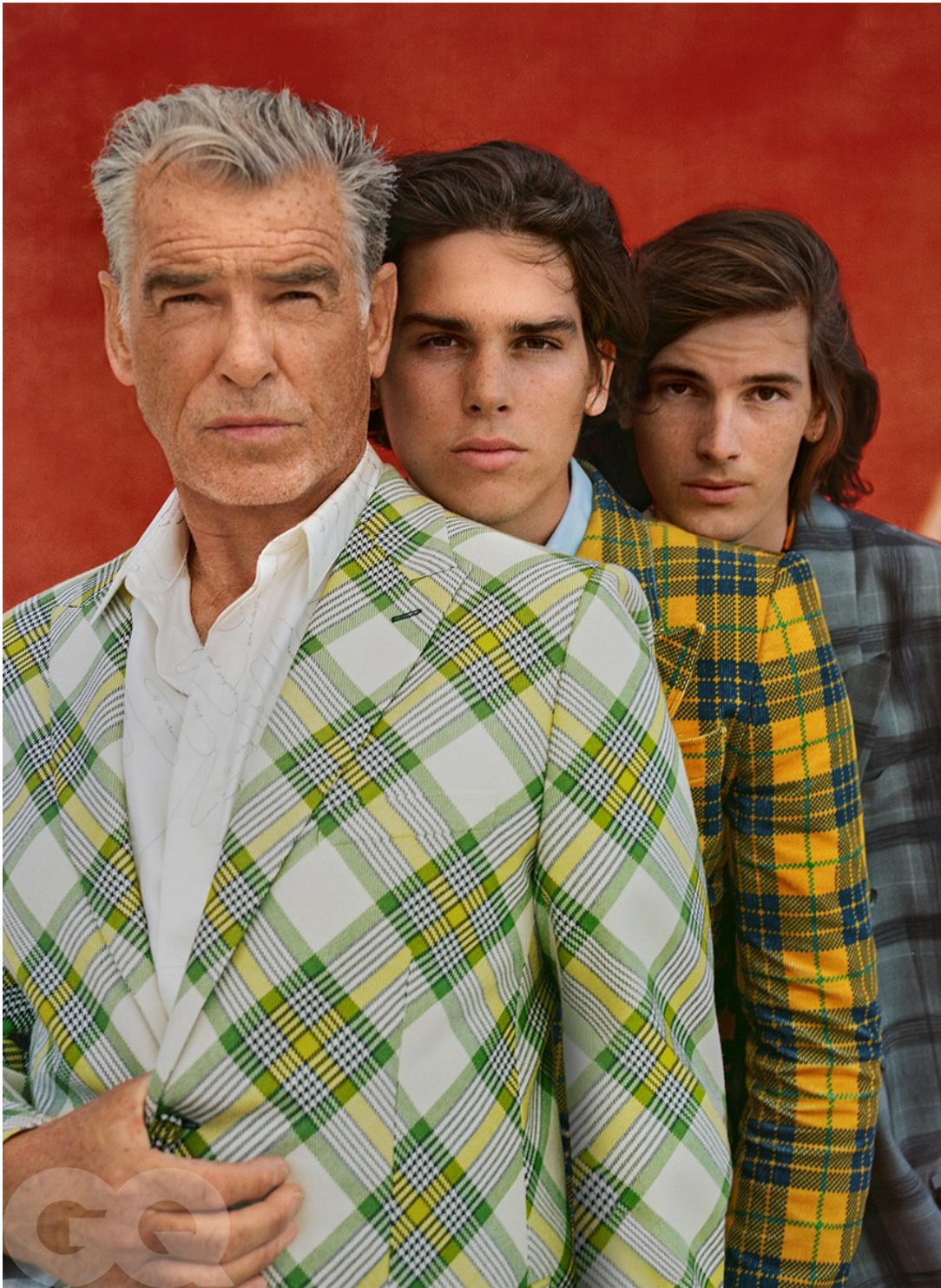
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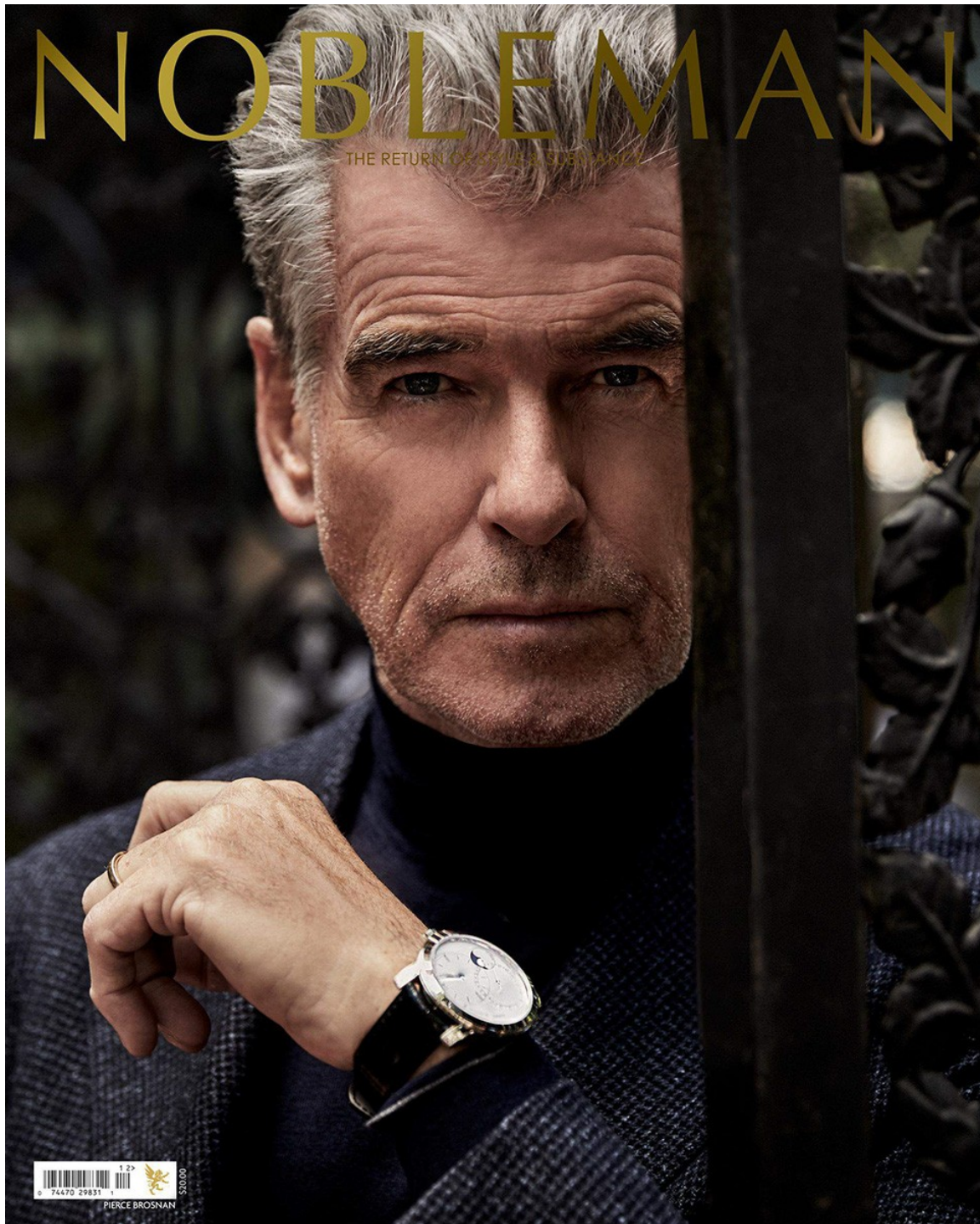
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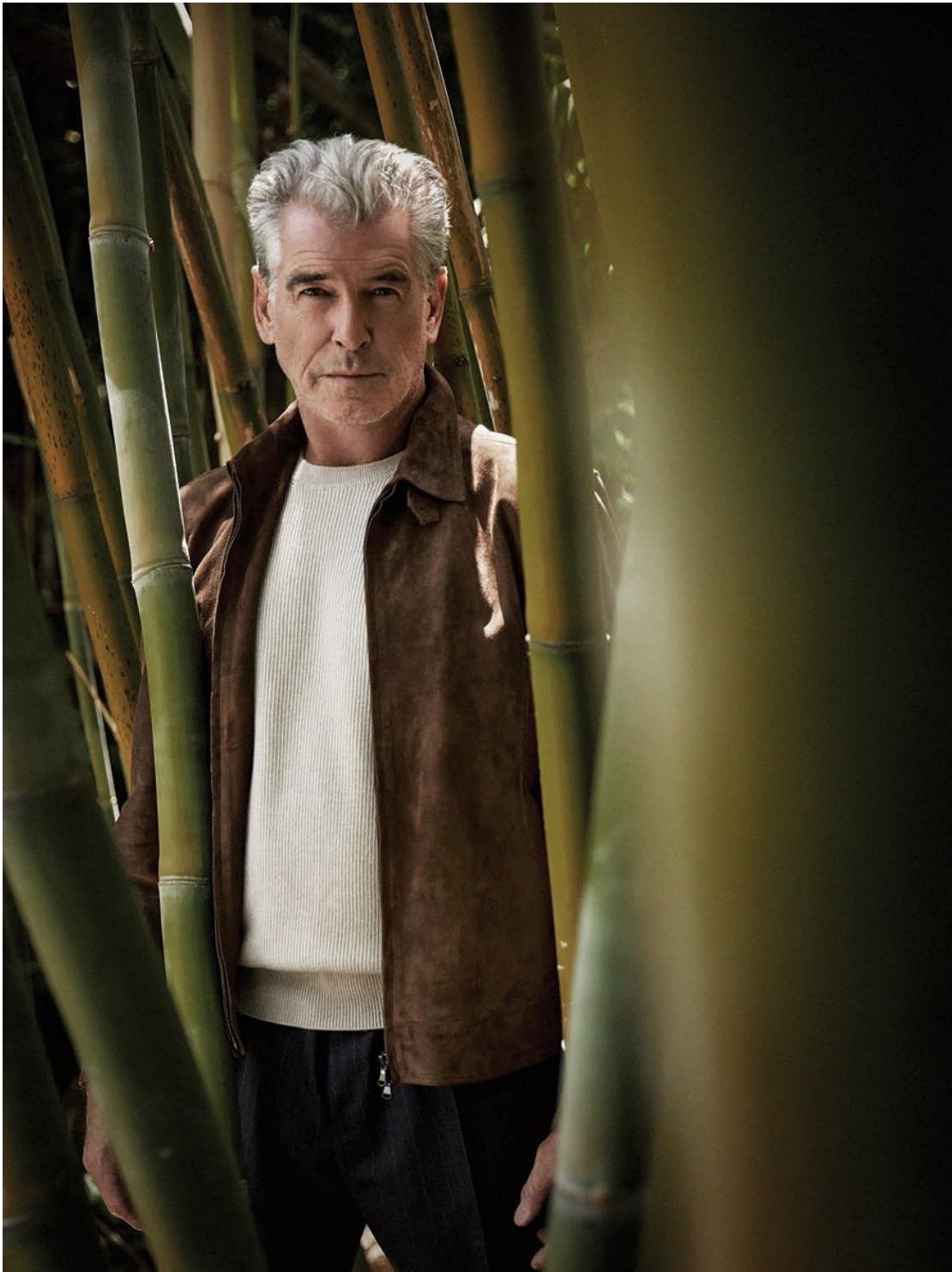


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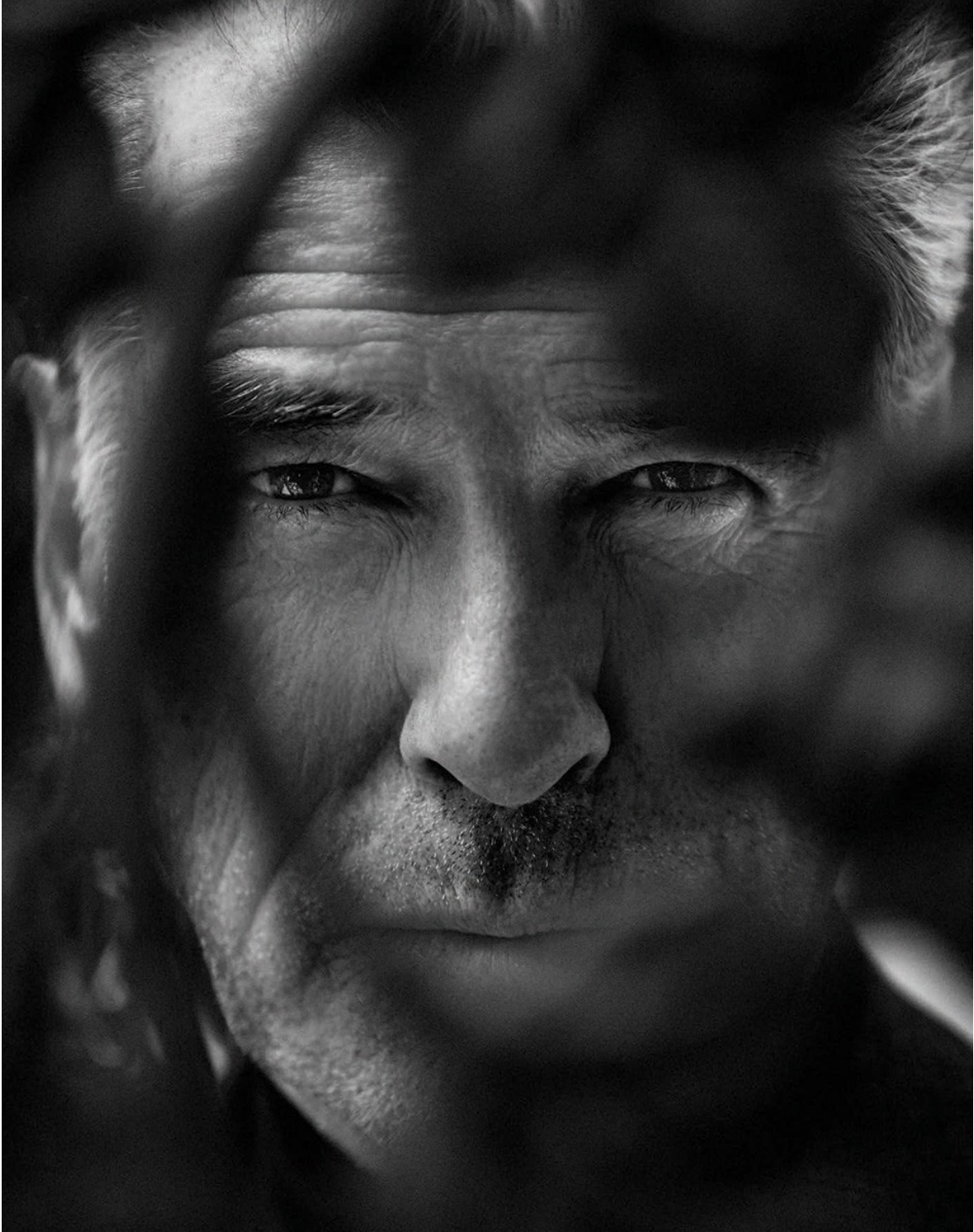
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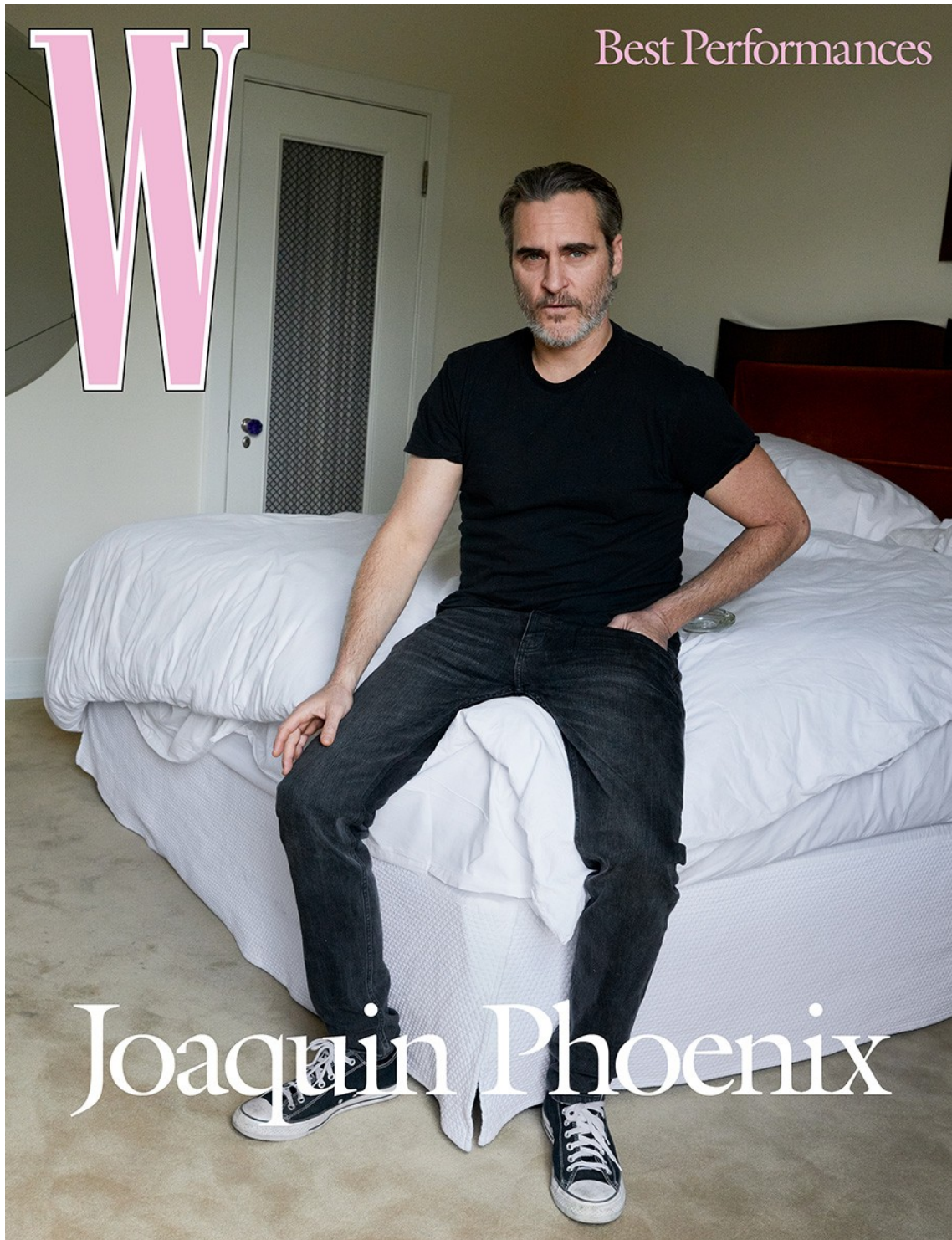
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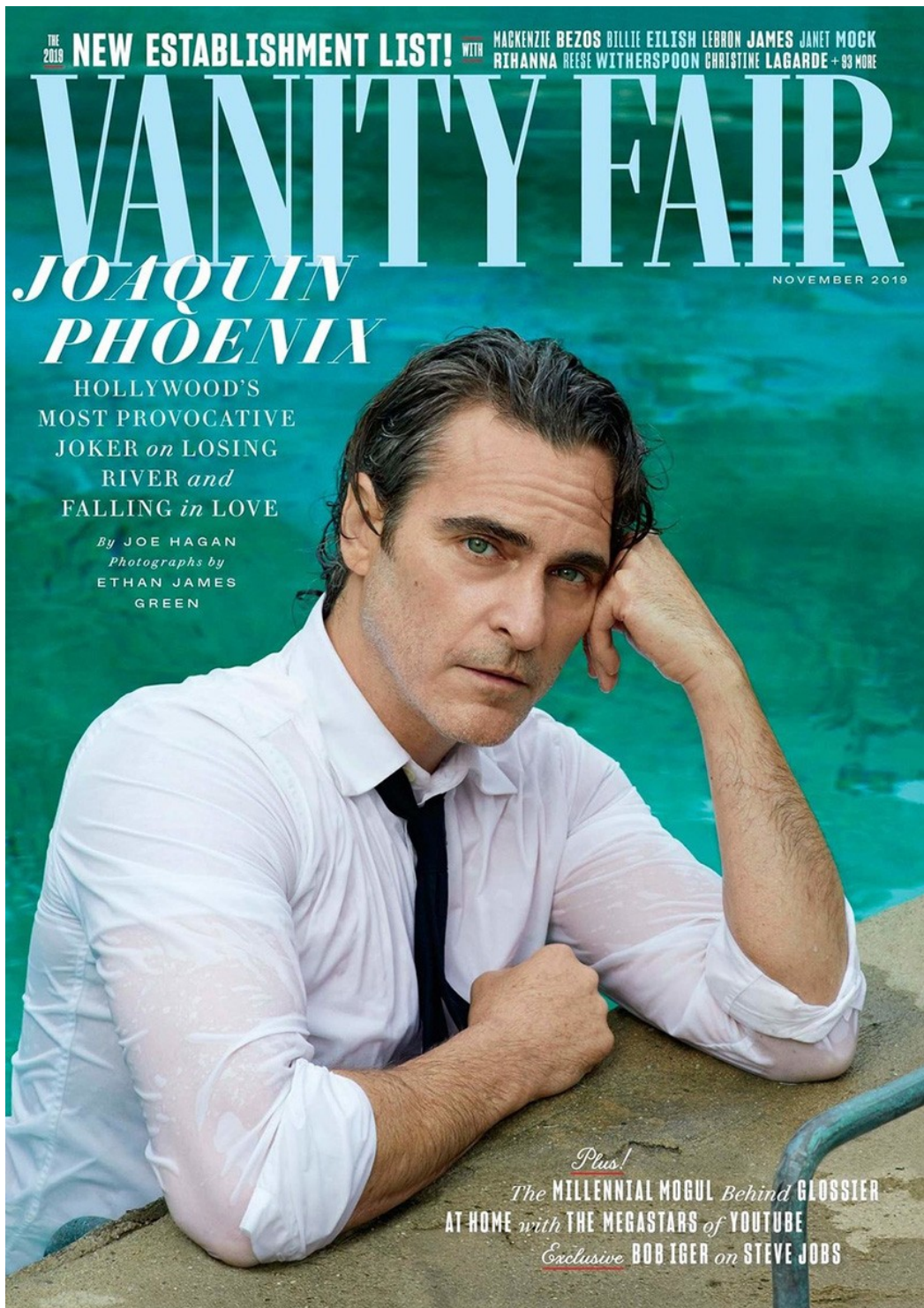
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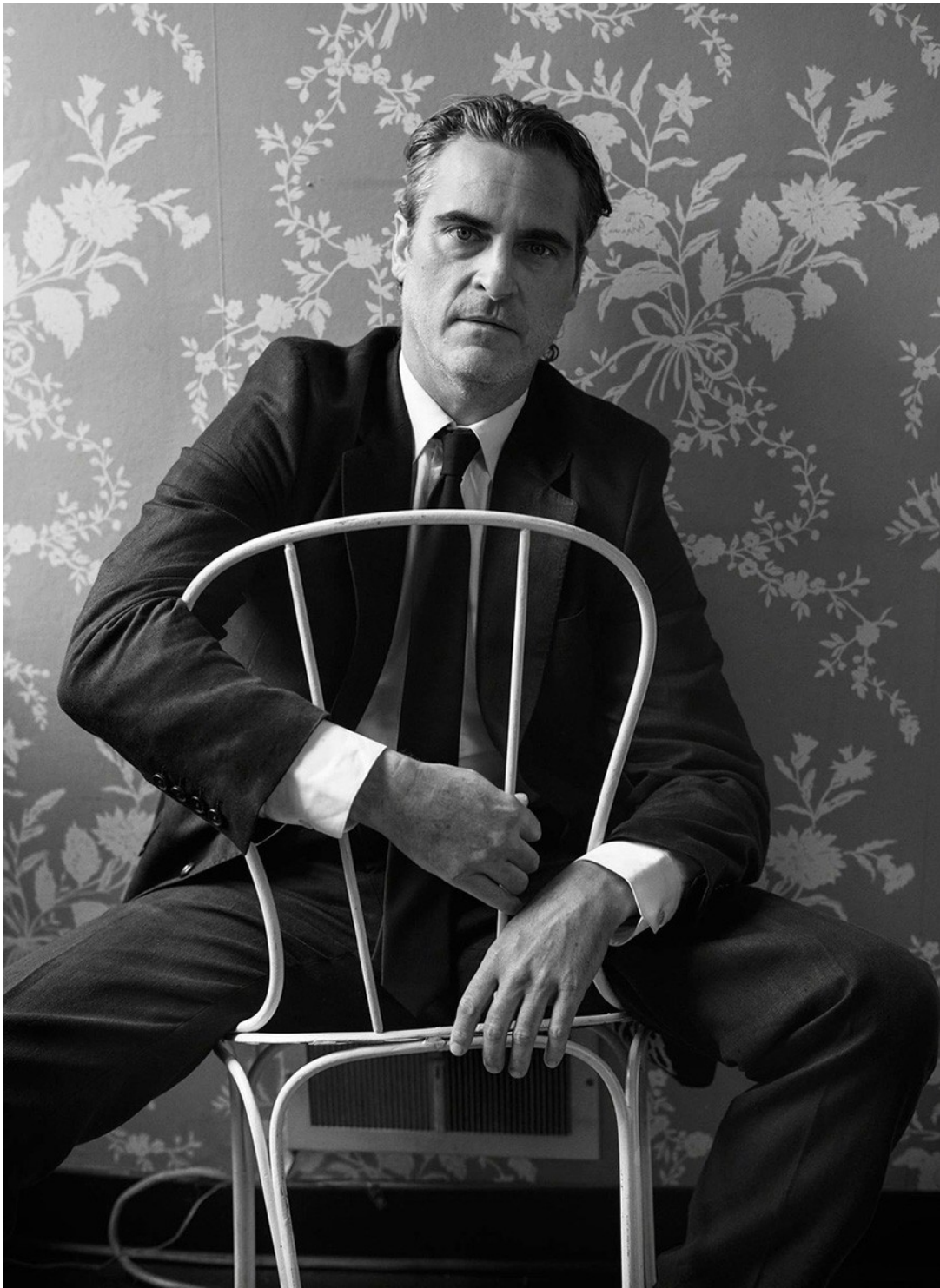
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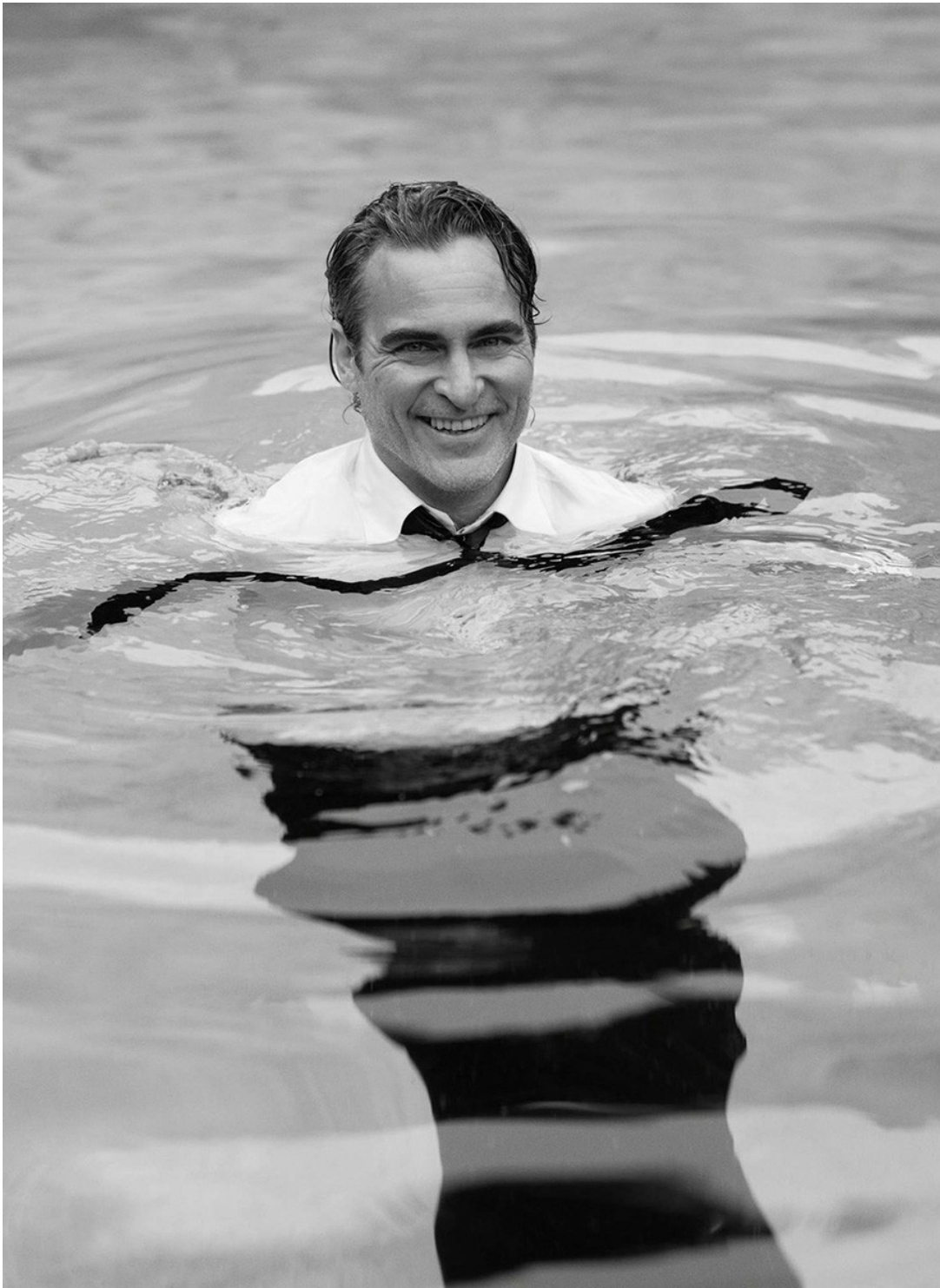
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FOR MEN

## SMART MOVES

JARED LETO'S NEXT CHAPTER

BOND OF BROTHERS  
Meet The Brosnan Boys

SCOOTER WARS  
Who Will Win The Battle?

ARTIST COLONY  
Frogtown's Big Leap



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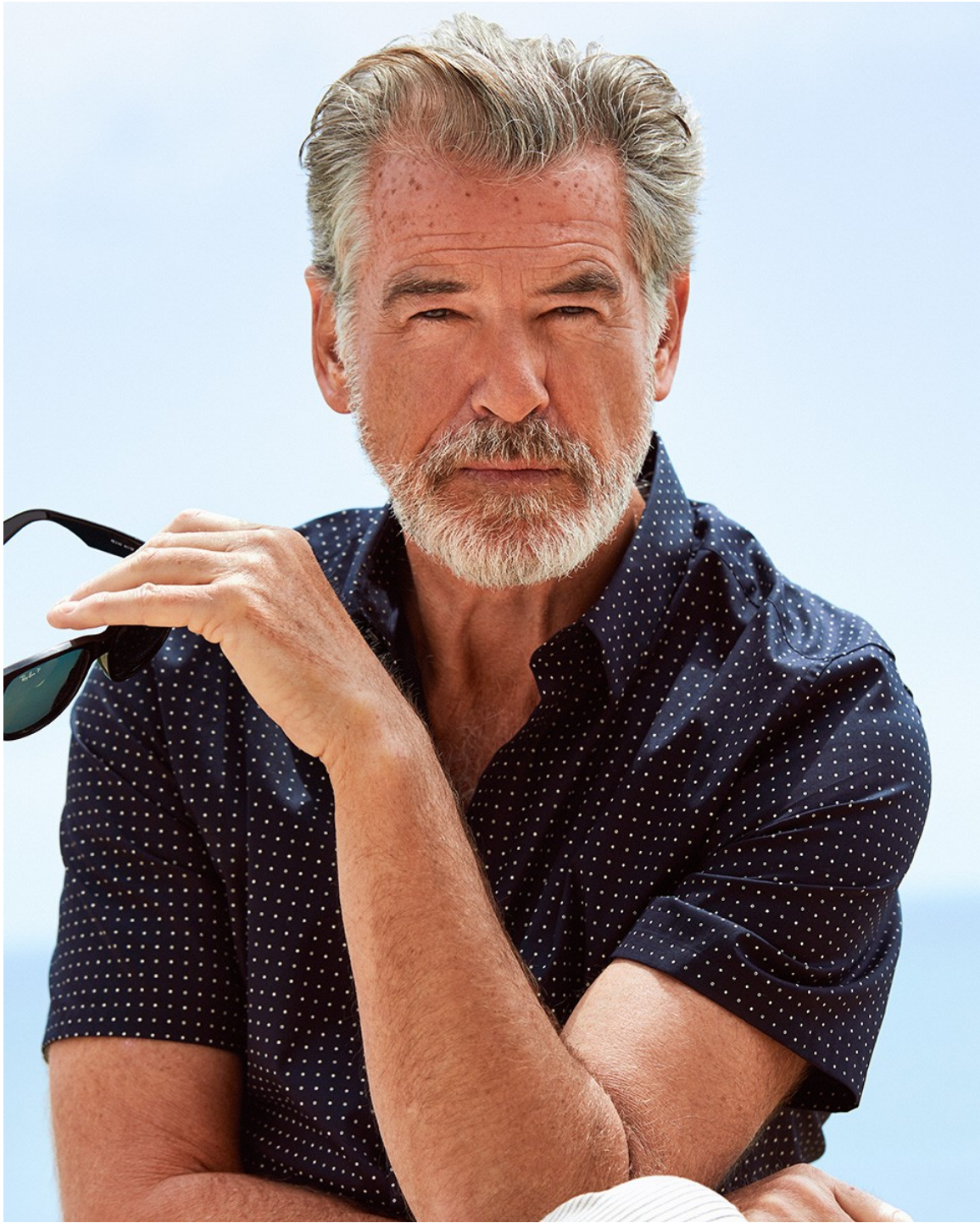
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Jeff Goldblum didn't expect to become a legend of cinema - and unlikely fashion oracle - over four decades of inimitable performances. But somehow, life found a way - he reveals his desire to squeeze every last drop from the ride

## JEFF GOLDBLUM

Photography CLARA BALZARY  
Styling ANDREW T VOTTERO  
Text TIERNEY FINSTER

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JEFF GOLDBLUM

Blazer, £2,090.  
Trousers, £850.  
Both by **Givenchy**  
givenchy.com.  
Shirt, £850. Rollneck,  
£765. Shoes, £510.  
All by **Saint Laurent**  
ysl.com. Glasses by  
**Jacques Marie Mage**,  
£452. At in-cc.com

'People want to hug  
and I want to hug back.  
I don't have to do any of it,  
but I get a kick out of it'

JULY 2018 GQ.CO.UK 147

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JEFF GOLDBLUM

'I went to school in the Navajo jacket, the Lennon glasses, the medallion - I was the only one dressed like this'

Blazer, £1,710. Shirt, £850.  
Trousers, £1,965. Shoes,  
£510. All by **Saint Laurent**.  
ysl.com. Glasses by  
**Jacques Marie Mage**,  
£452. At **Black Optical**.  
blackoptical.com

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'I find it amazing where a good leather jacket and a pair of white jeans can take you'

Blazer, £1,930. Shirt, £752.  
Trousers, £985. All by  
**Halder Ackermann**.  
haiderackermann.com.  
Glasses by **Jacques  
Marie Mage**, £413. At  
Bergdorf Goodman.  
bergdorfgoodman.com

150 GQ.CO.UK JULY 2013

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JEFF GOLDBLUM

Blazer, £2,390. Shirt, £515. Tie, £165. Trousers, £780. All by **Tom Ford**. tomford.co.uk. Shoes by **Christian Louboutin**. £575. christianlouboutin.com. Sunglasses by **Saint Laurent**. £255. ysl.com

'I read Portnoy's Complaint at 13 and realised I had to make some life adjustments'



Production **A+ Productions**  
Grooming **David Cox**  
Tailor **Lena Trankina**  
Prop stylist **Alli Gallagher**  
Digital technician  
**Maxfield Hegedus**  
Photography assistants  
**Justin Melhuish,**  
**Ryan Moraga**  
Styling assistant  
**Mackenzie Grandquist**

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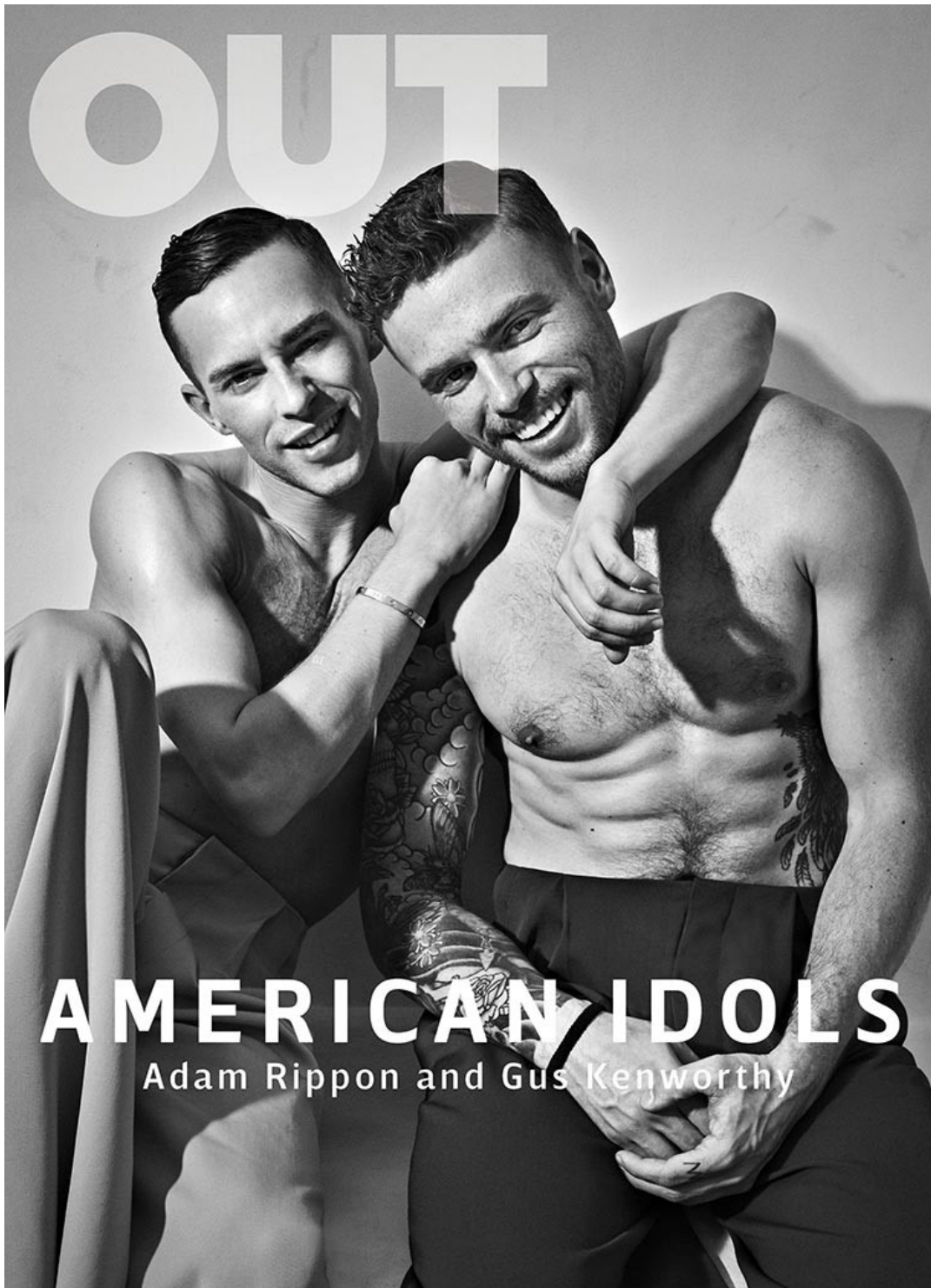
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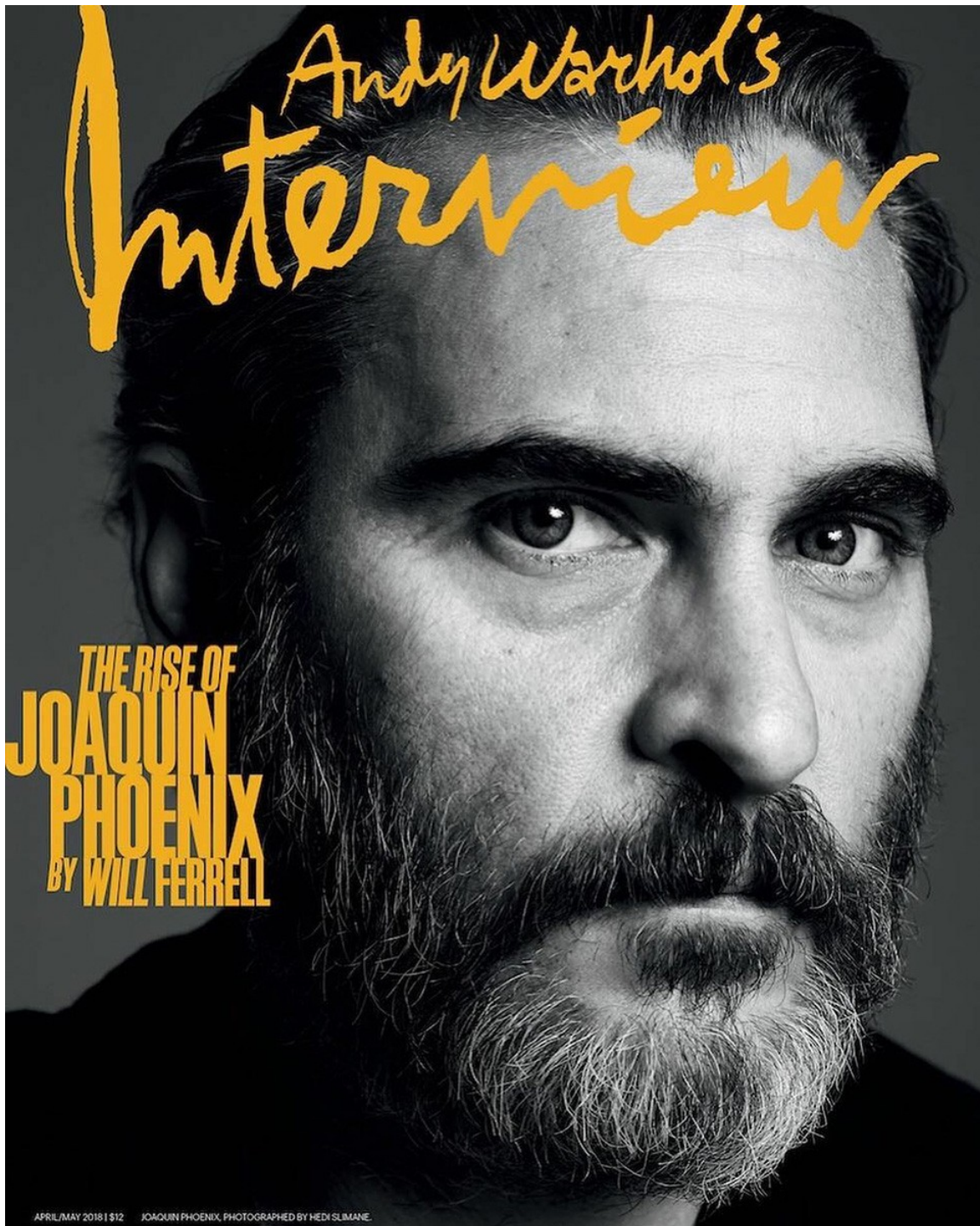
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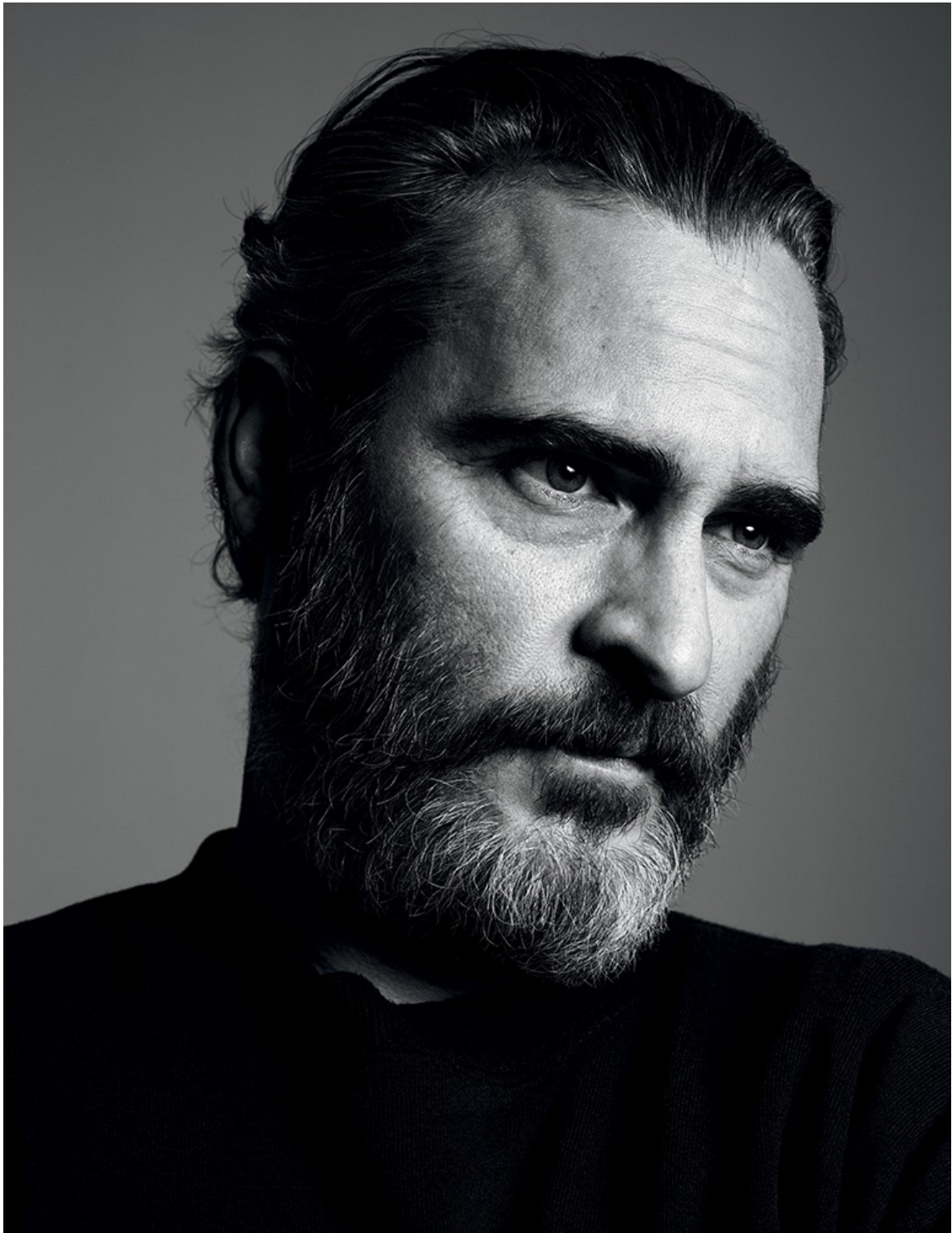


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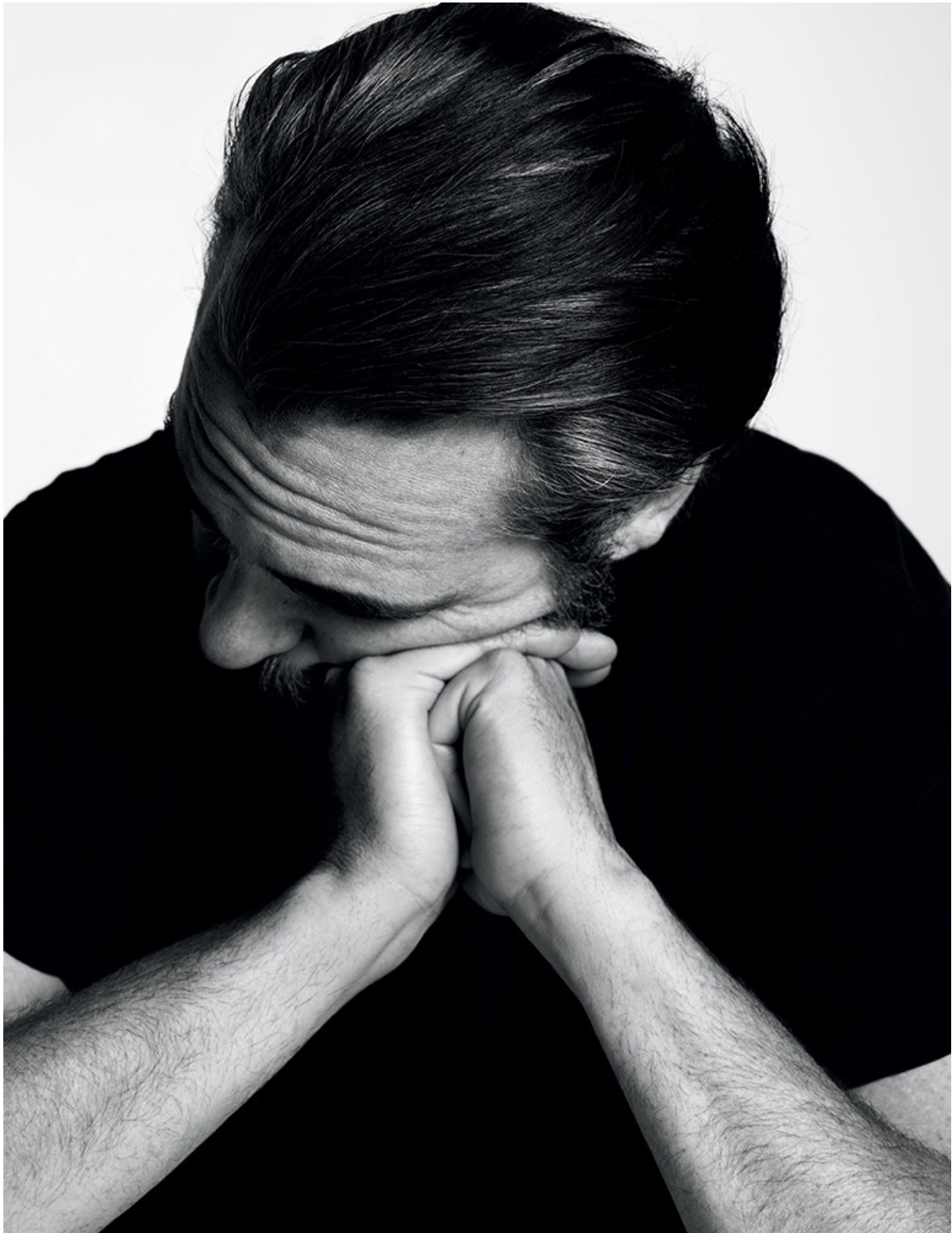
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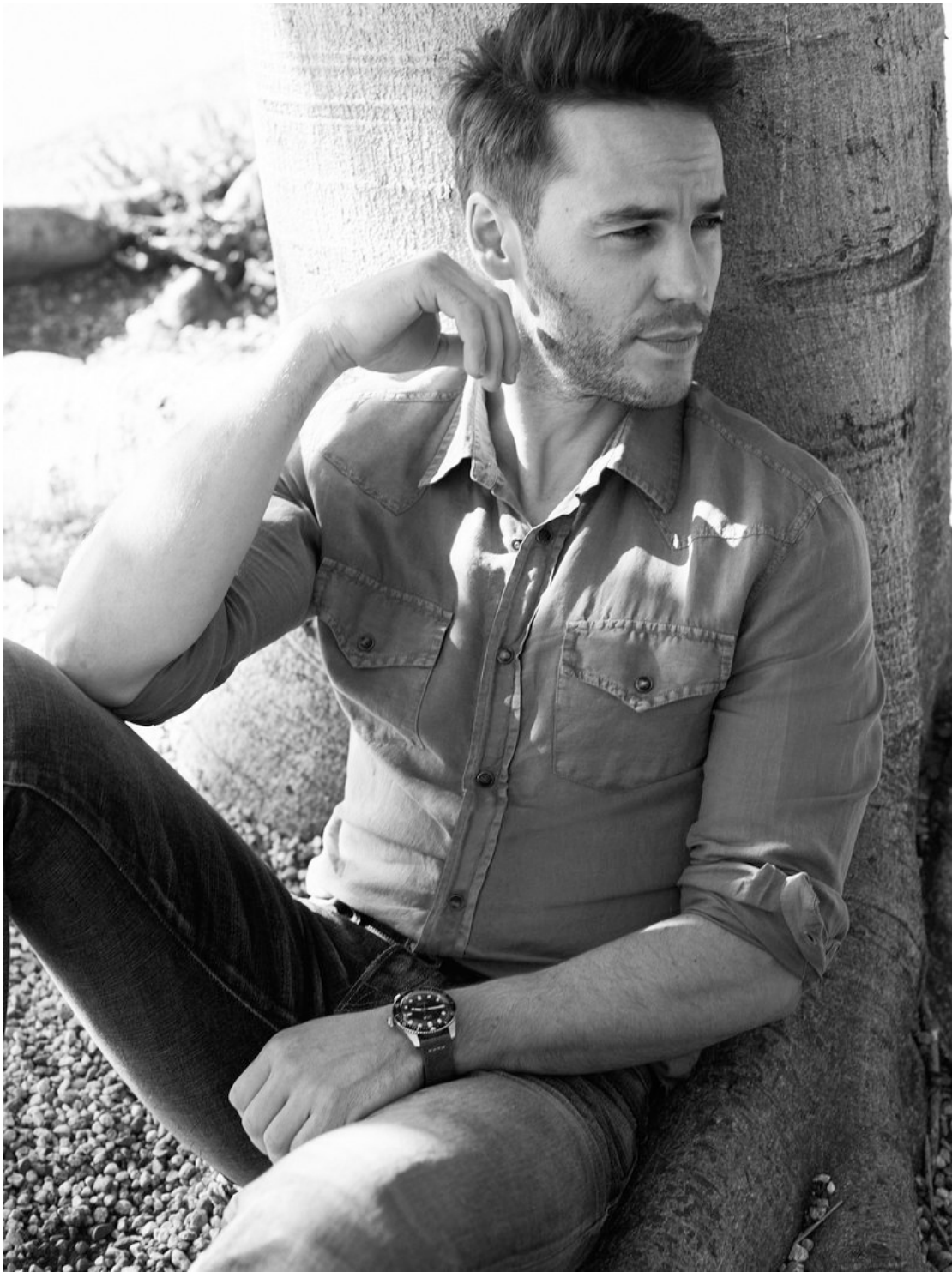
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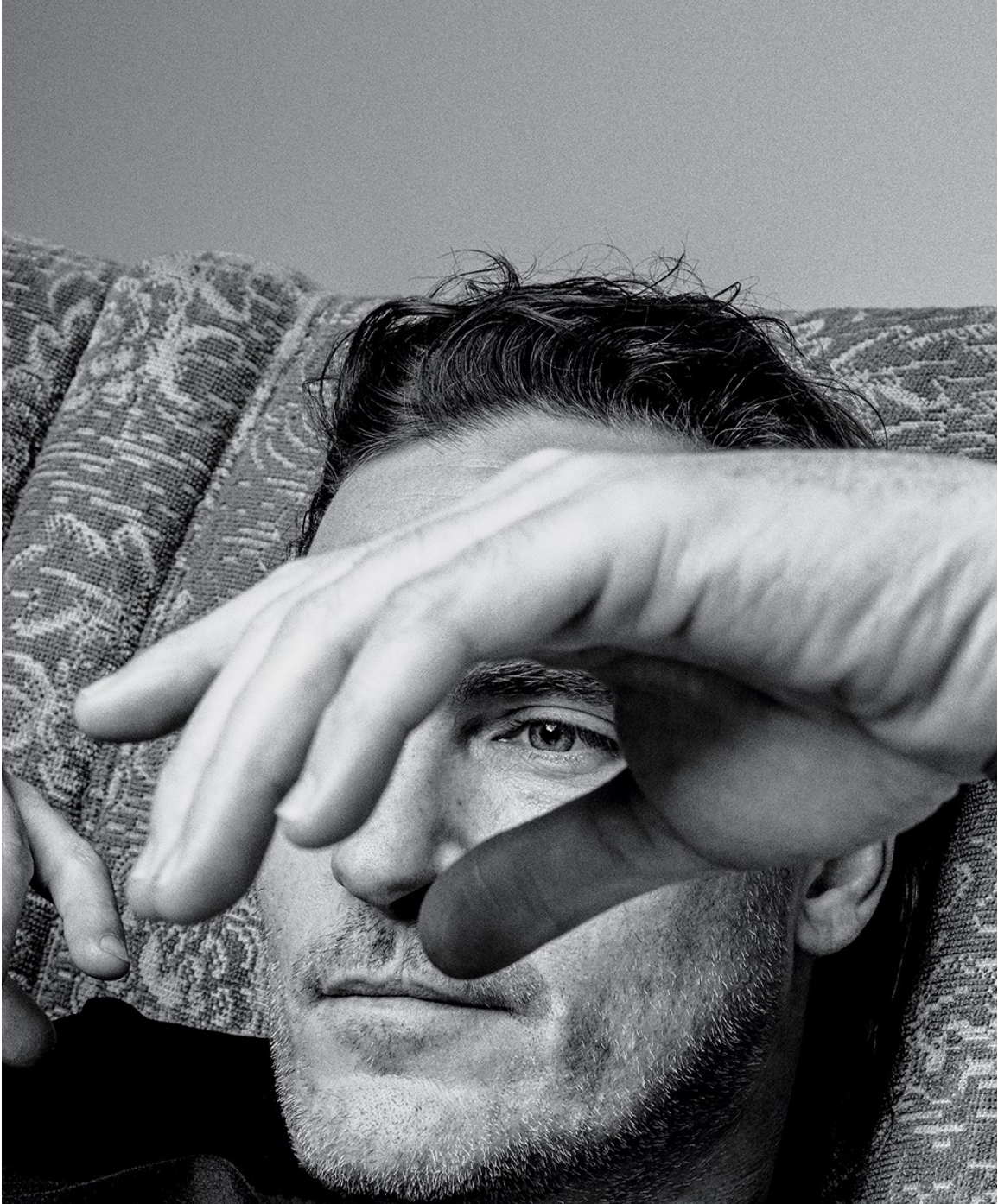
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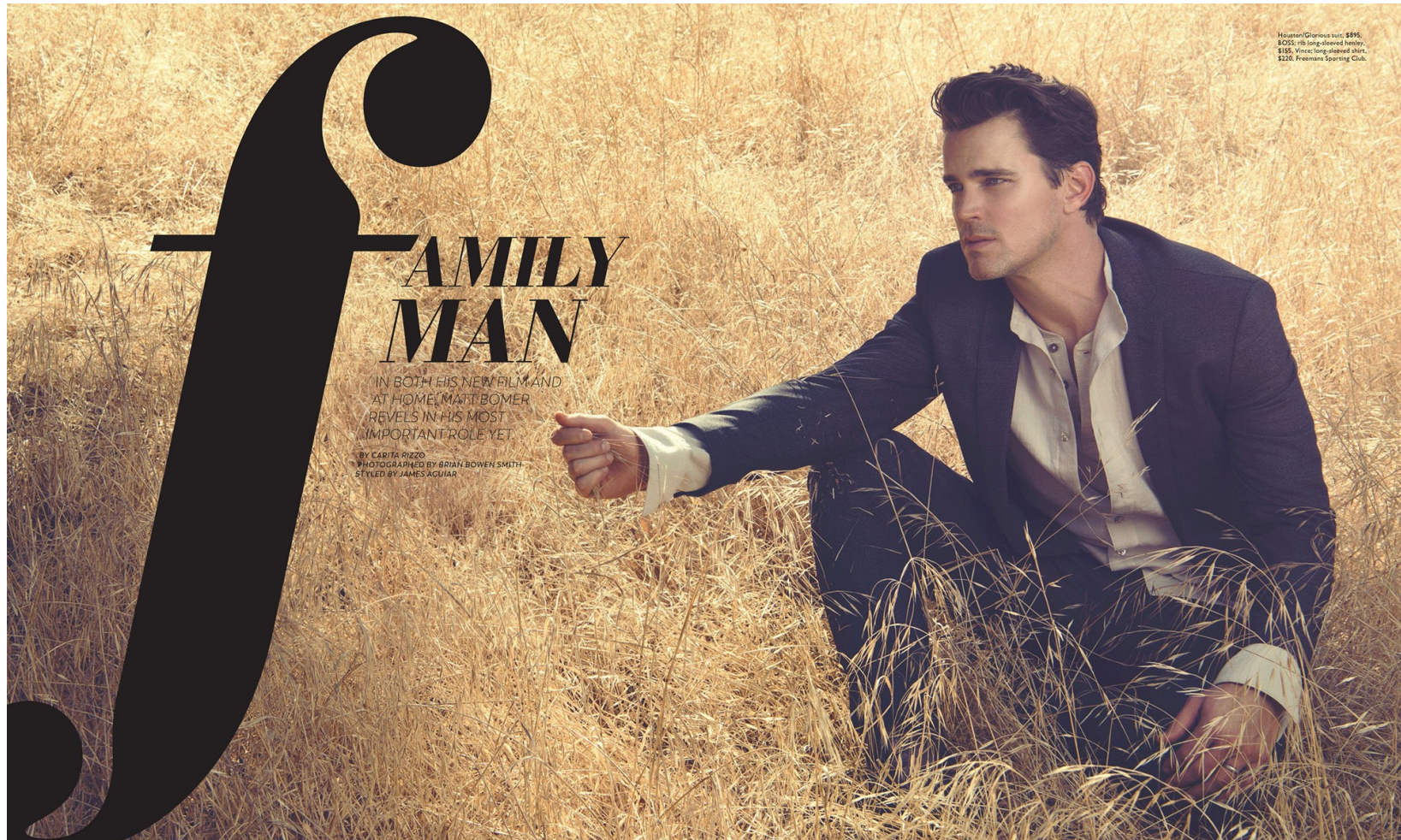
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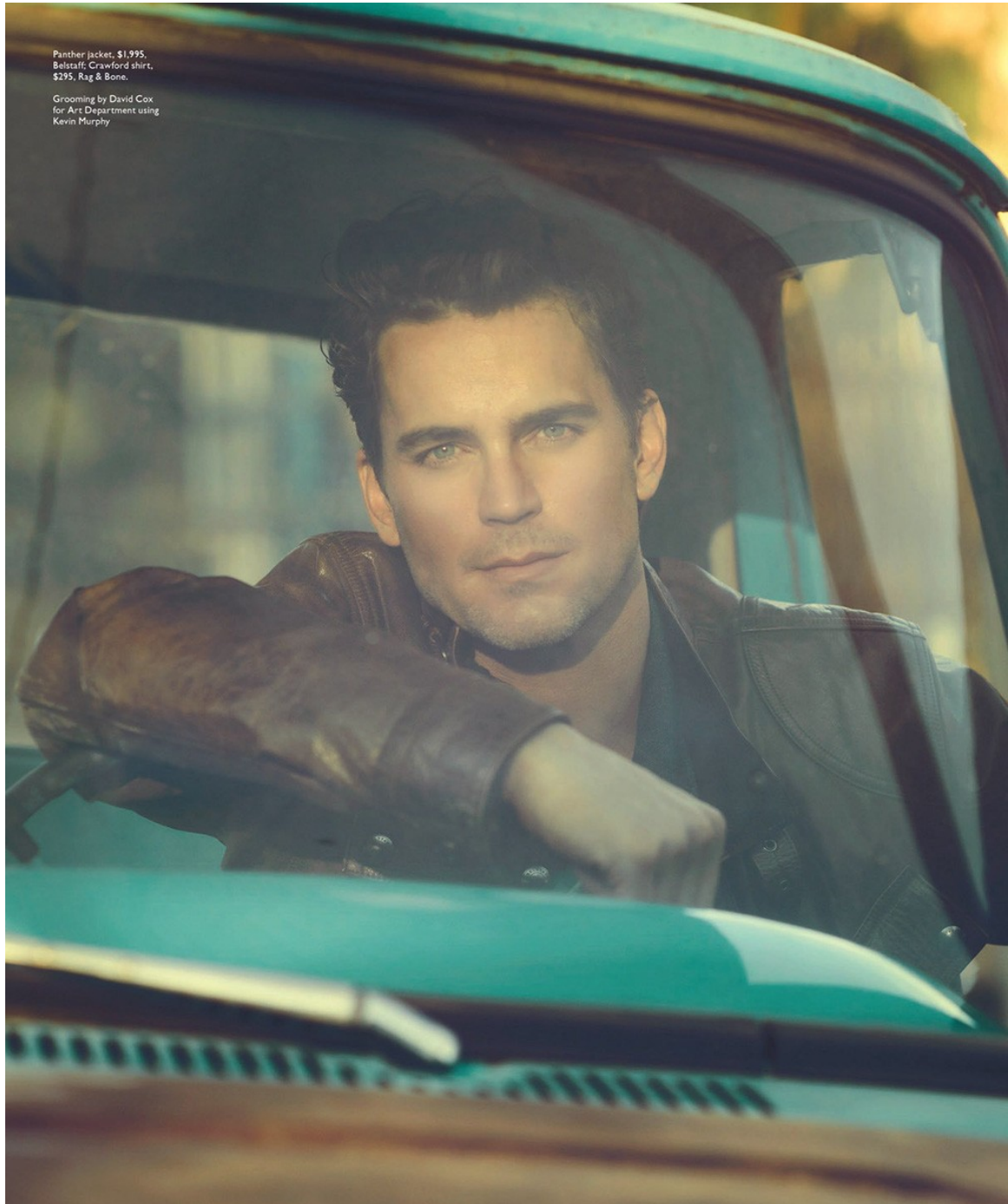
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SUMMER  
STYLE

Weekend  
Getaway

< >  
Carvell Wallace

to >  
Peggy Sirotta

## Lime**light**

★ After winning every award under the sun for his role in *Moonlight*—and using his platform to speak up for love, tolerance, and timeless American values—Mahershala Ali has earned the right to kick back a little. So to lead off our celebration of *America* in all its complicated glory, we took him to Catalina Island to rejoice, at last, in the arrival of summer

JULY 2017 GQ.COM 49

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THIS PAGE  
jacket \$2,780  
Gucci  
+  
jeans \$820  
Gucci  
both pages:  
necklace  
George Frost  
leather bracelet  
Tateossian  
watch  
Tudor  
location  
Avalon

OPPOSITE PAGE  
shorts \$485  
Junya Watanabe  
Man  
+  
tank top \$49  
(for three)  
Emporio Armani  
hat  
Moncler  
tote bag  
Hermès  
cuff bracelet  
Miansai  
location  
Catalina Island  
Company,  
Descanso Beach  
Club, Descanso  
Beach Ocean  
Sports

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“

There's something different about this guy that sets him apart from the rest of us," says *Moonlight* director Barry Jenkins.

shirt \$980  
pants \$540  
Prada  
+  
tank top \$40  
(for three)  
Calvin Klein  
Underwear  
flip-flops \$18  
Havaianas  
necklace  
David Yurman  
watch  
Tudor  
location  
Aviation  
where to buy it?  
go to the fashion  
directories on gq.com

JULY 2017 GQ 57

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JONATHAN TUCKER | VULKAN MAGAZINE  
DJENEB A DUAYOM

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★  
 dinner jacket \$4,995  
 Ralph Lauren  
 shirt \$198  
 jeans \$99  
 Polo Ralph Lauren  
 boots \$830  
 Louis Leeman  
 vintage hat  
 Molet  
 Meroantile  
 sunglasses  
 Betawda  
 grooming by  
 david cox  
 for zoco set  
 design by  
 evan Jourdan  
 for owl and  
 the elephant.  
 produced by  
 tricia sherman  
 for baile  
 productions.

## FATHER JOHN MISTY'S FUNNY BONE

WHEN FATHER JOHN MISTY released *Pure Comedy* in April, we heard the simultaneous knuckle crack of every music writer in America: *At last, art of the Trump era! The searing indictment of our times we pre-ordered on Amazon!*

And *Pure Comedy*, the third record of former Fleet Fox (and sardonic Laurel Canyon

lyricist) Josh Tillman, ended up sounding...pretty much exactly like we'd hoped it would. FMJ's wallop "Where did they find these goons they elected to rule them?" arrives in the second verse of the first song. And while you might expect to settle in for a two-minute screamer of a lecture from there, *Pure Comedy* is actually much funnier and more

interesting—the unspooling of a giant brain (or at least "a Horatian worldview," as Tillman describes it) over some slinky '70s-in-joke piano, winking full Elton. It's a hotel-bar act in which the slender-bendy quaver of the good Father rises to say: *We're SOL, species. But! Let us give thanks that our basic primordial stea hath begotten the shimmering crush of an E to an E7 to a big fat open A. And isn't that aural splendor worth all the pain? Maybe?* "I've seen a lot, like. This album is basically a Twitter rant," Tillman says, in a flavor

Baskin-Robbins would call Didactic Deadpan. "No—a Twitter rant is a Twitter rant." In fact, it's comical he frets most about. This album was written in 2015, mastered pre-election 2016, and is intent on giving humanity, not just Trump, a grill-top chair. So what is the proper framework in which to enjoy *Pure Comedy*, an album most critics have not called a Twitter rant so much as, quote, "a masterpiece"? Josh? "Well, the things that people take really seriously are usually really funny to me,

and the things that people find really funny are usually deeply *bad* to me. Not that things are the *opposite* of how they appear—but that they are more *multi-carried* than they appear, you know? Wow. I've already chased everyone away from this page.

"That said, I think that a song should be a place where you can silence your critical mind—but life's not always funny. There's real pain in the world, and misery! And you shouldn't laugh! And a song—I use gospel music so that I can believe in God for

three minutes. Because *I like* believing in God for three minutes, even though it doesn't like with my practical, day-to-day life. So a song is not a think piece. It's not a blog post.

"It's as close to a magical space as you can get. "And with this record, these just sound like normal songs to me! That may be hard for people to believe. But to me, listening back, these don't sound like political or topical—they just sound like nice songs. You can put laughs incredulously in brackets. Because one thing that doesn't

come across, in particular, is that I'm typically laughing after everything that I say. *That* part of me, that perceives my own absurdity, is lost. It just comes across in this bone-dry way that can be pretty unappealing, which is the way something looks when it's just, like, pure *data*. You know? Even the way that I just said the word 'data.' With a little wink, or a smirk. When it's in print, it looks like I have a lab coat on.

"You should put 'Tillman chorles!'"  
 And he really does.  
 —SARAH BALL



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**About These Clothes**

\*\*\* If you've never been quite brave enough to dabble in westernwear, now's the time to get a little bit country: All your favorite designers have started making embroidered shirts, string ties, beat-up hats, and the kind of boots made for roping steer. The trick to looking cool—and not like a Halloween cowboy—is integrating all this stuff with your regular city-boy clothes. Follow the lead of Father John Misty and wear these pieces with your least business-y suit and your most rock 'n' roll attitude.

★

»  
» suit \$1,995  
Dolce & Gabbana  
+  
shirt \$245  
Topman Design  
boots \$995  
Saint Laurent  
by Anthony  
Vaccaarello  
vintage Belt  
Malet  
Mercantile

«  
« suit \$1,995  
Burberry  
+  
denim shirt \$90  
Levi's  
boots \$830  
Louis Leeman  
hat  
Worth & Worth  
by Orlando  
Palacios  
ring  
Love Adorned

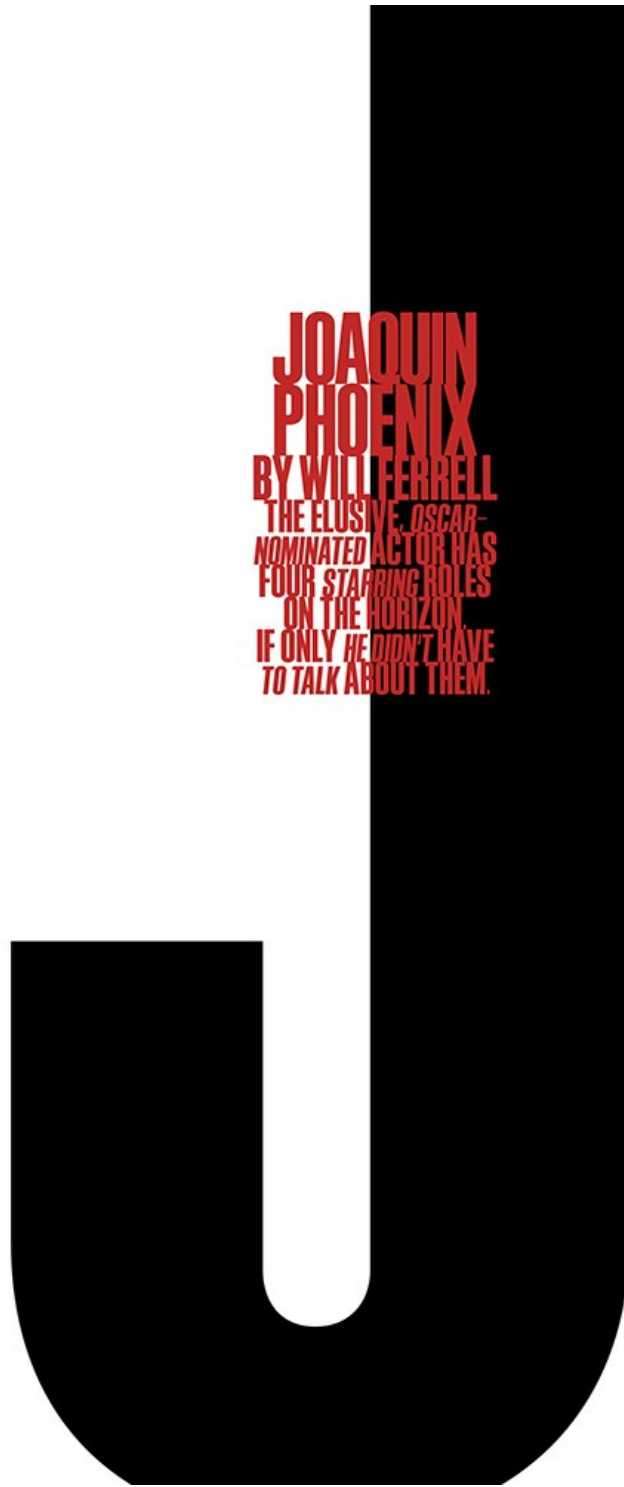
JUNE 2017 GQ.COM.HDY 139

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In part two of our fashion forecast for spring, actor **DEV PATEL** shows you how to pull off the wilder colors and patterns out there—clothes that both conjure the past and point the way forward

 VICTOR DEMARCHELIER



THE SEASON OF  
RETRO-  
FUTURISM

01-2017  
00  
52

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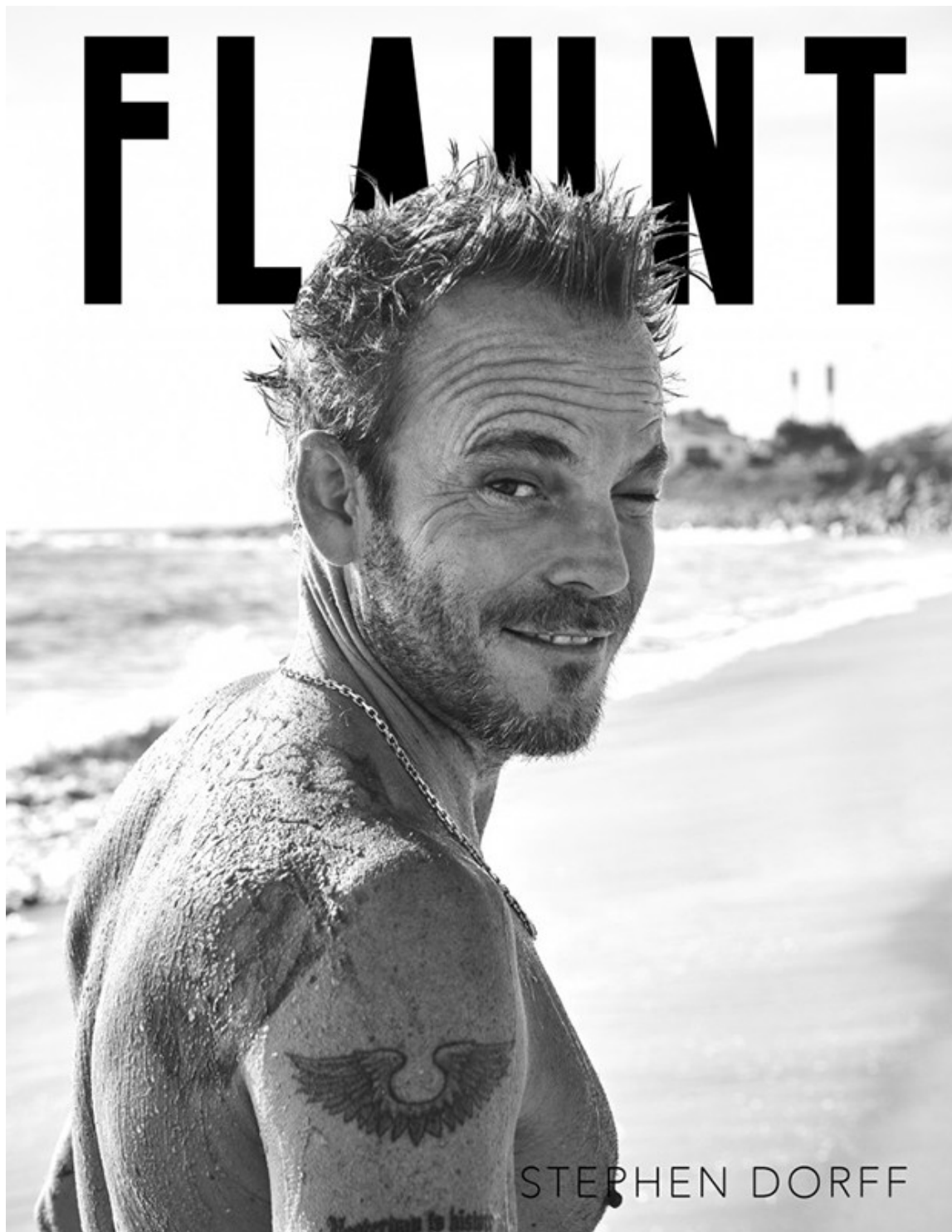
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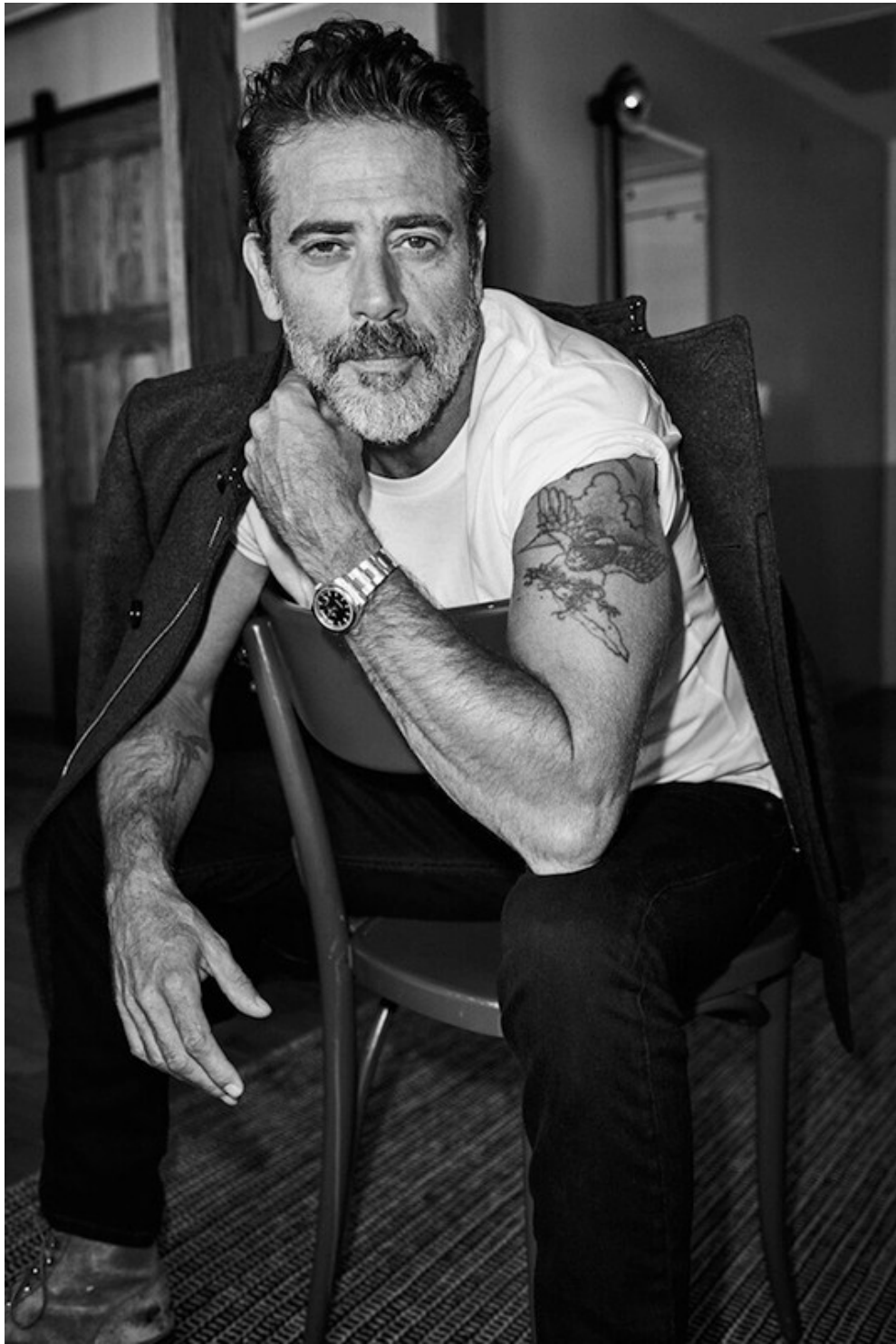


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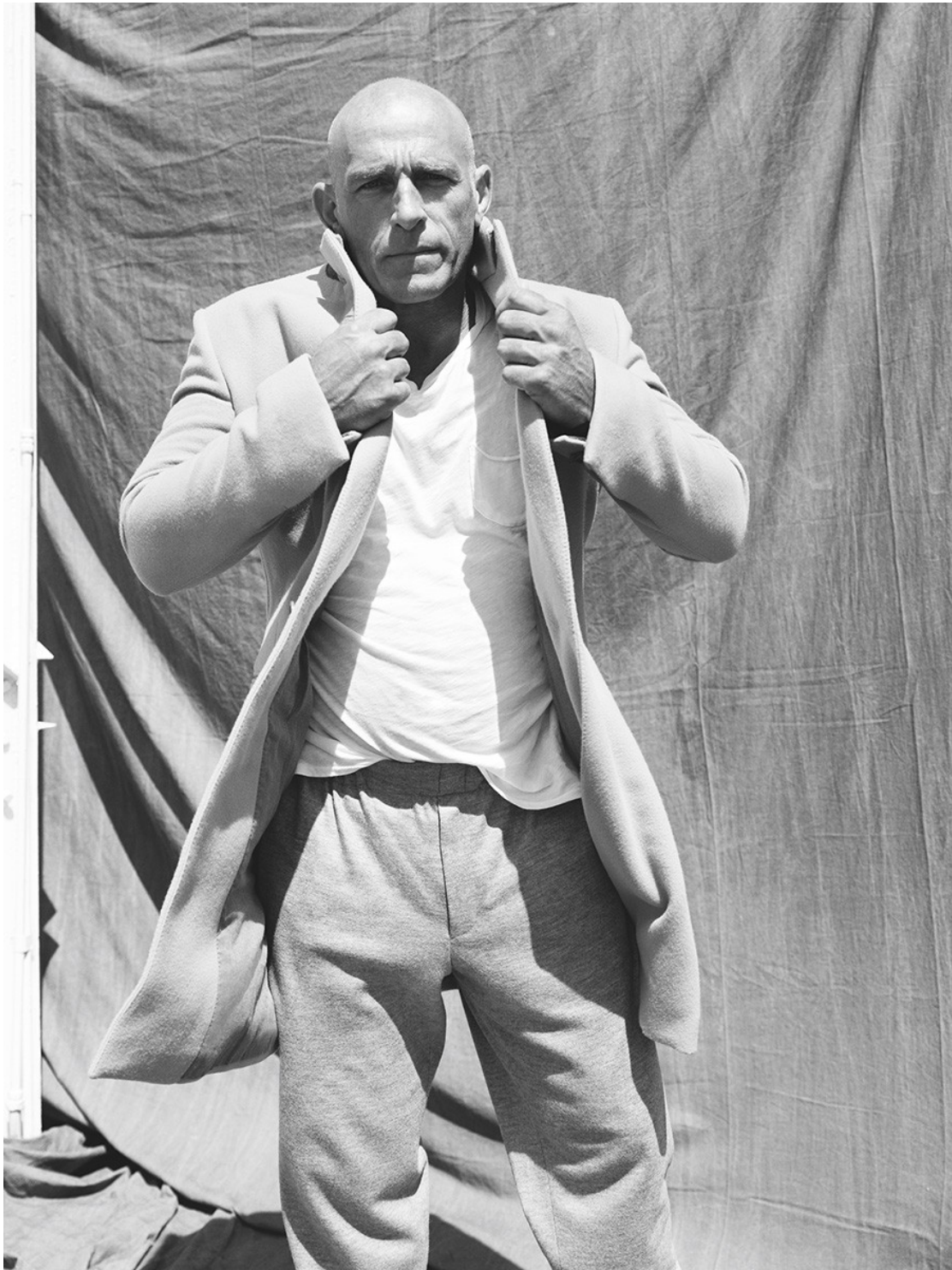
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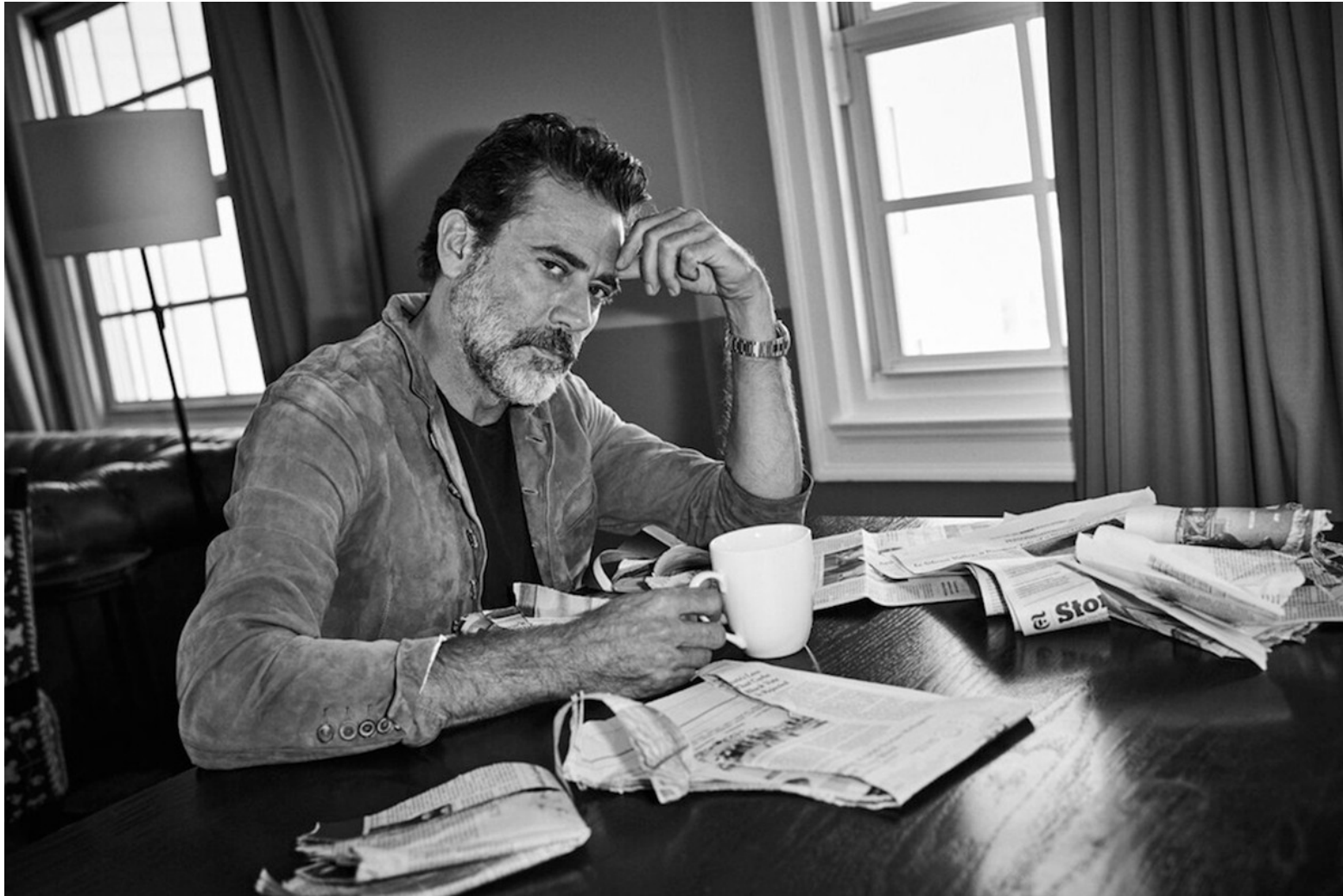
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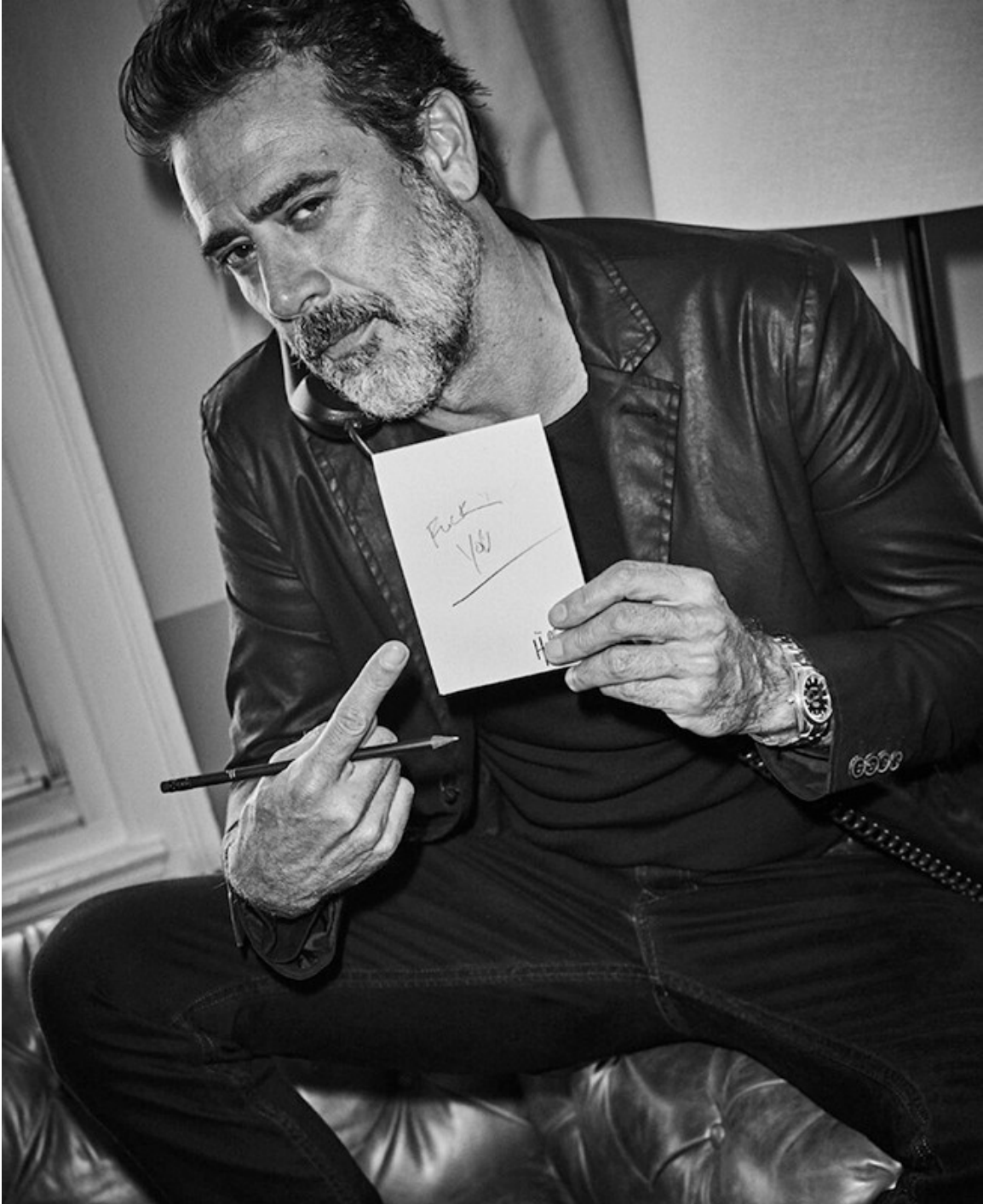
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Ultimate Summer Destination Guide from AXE

# MEN'S FITNESS

THE NEW MEASURE OF SUCCESS®

New 21-Day Plan!

## THE 7% BODY FAT DIET

PLUS

- > SCULPT YOUR ABS
- > BUILD HUGE ARMS
- > BLAST YOUR CHEST

## SEX BIGGER! LONGER! LOUDER!

## YOUR RED-HOT SUMMER '16

DELICIOUS GIRLS,  
COOLEST GEAR,  
WILDEST GETAWAYS



STAR TREK'S  
CHRIS PINE  
HOW HE GOT RIPPED  
AT WARP SPEED!



#1 NEW  
WORKOUT  
TOOL

(No, that's NOT a baseball bat)

## 6-MINUTE MUSCLE MEALS!

TOP CHEFS HACK  
YOUR FRIDGE

## EASY MONEY! SIT BACK AND RAKE IT IN FAST

*Chris Pine wears All Saints T-shirt;  
Simon Miller Jeans*

David Cox

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EASY  
MONEY!  
SIT BACK  
& RAKE IT  
IN FAST



## YOUR RED-HOT SUMMER '16

The Hottest Girls,  
Coolest Gear,  
Wildest Getaways

## Star Trek's Chris Pine

How He Got Ripped  
at Warp Speed!



Chris Pine wears All Saints T-shirt; Simon Miller Jeans  
July/August 2016 \$4.99 Mensfitness.com

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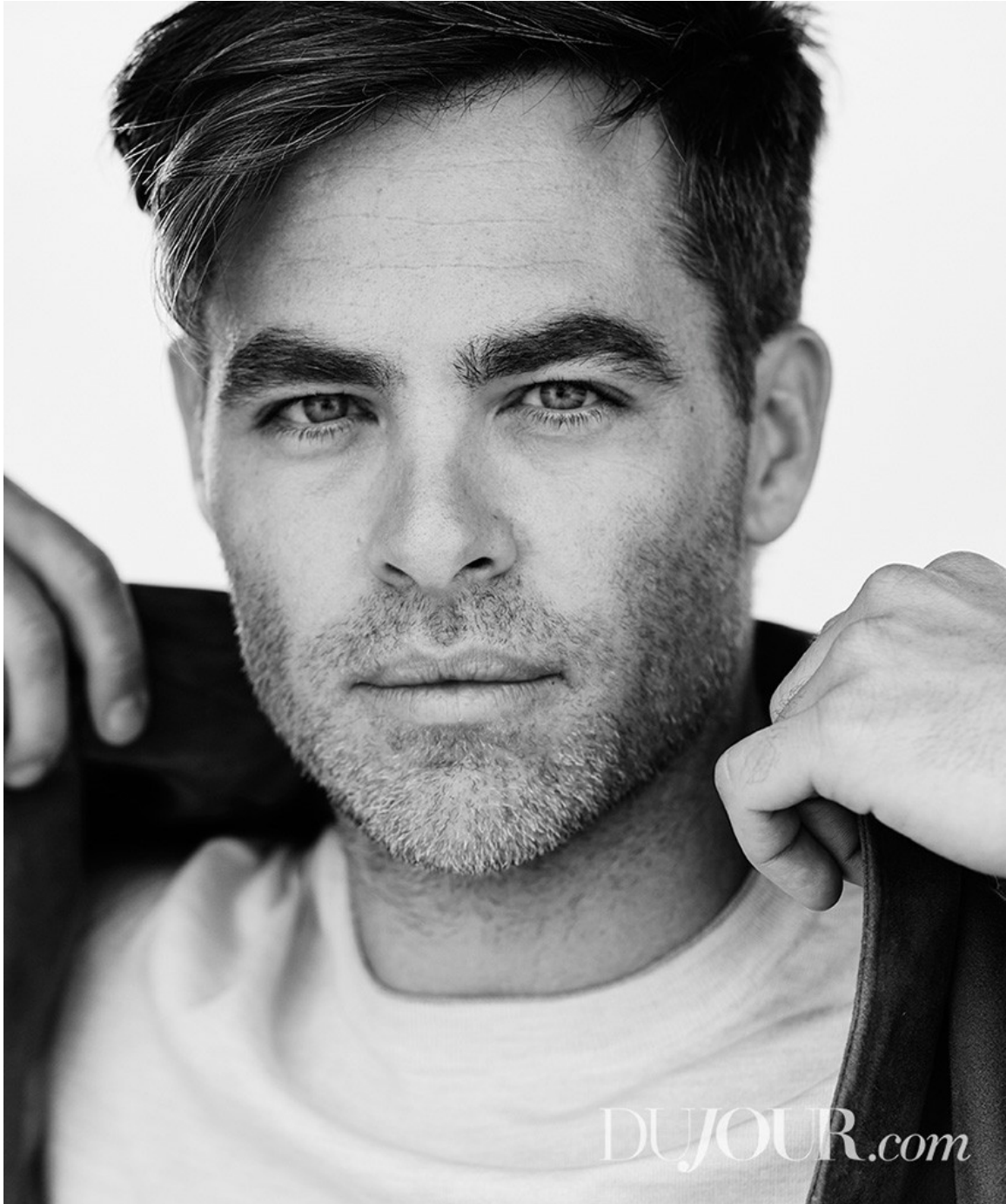
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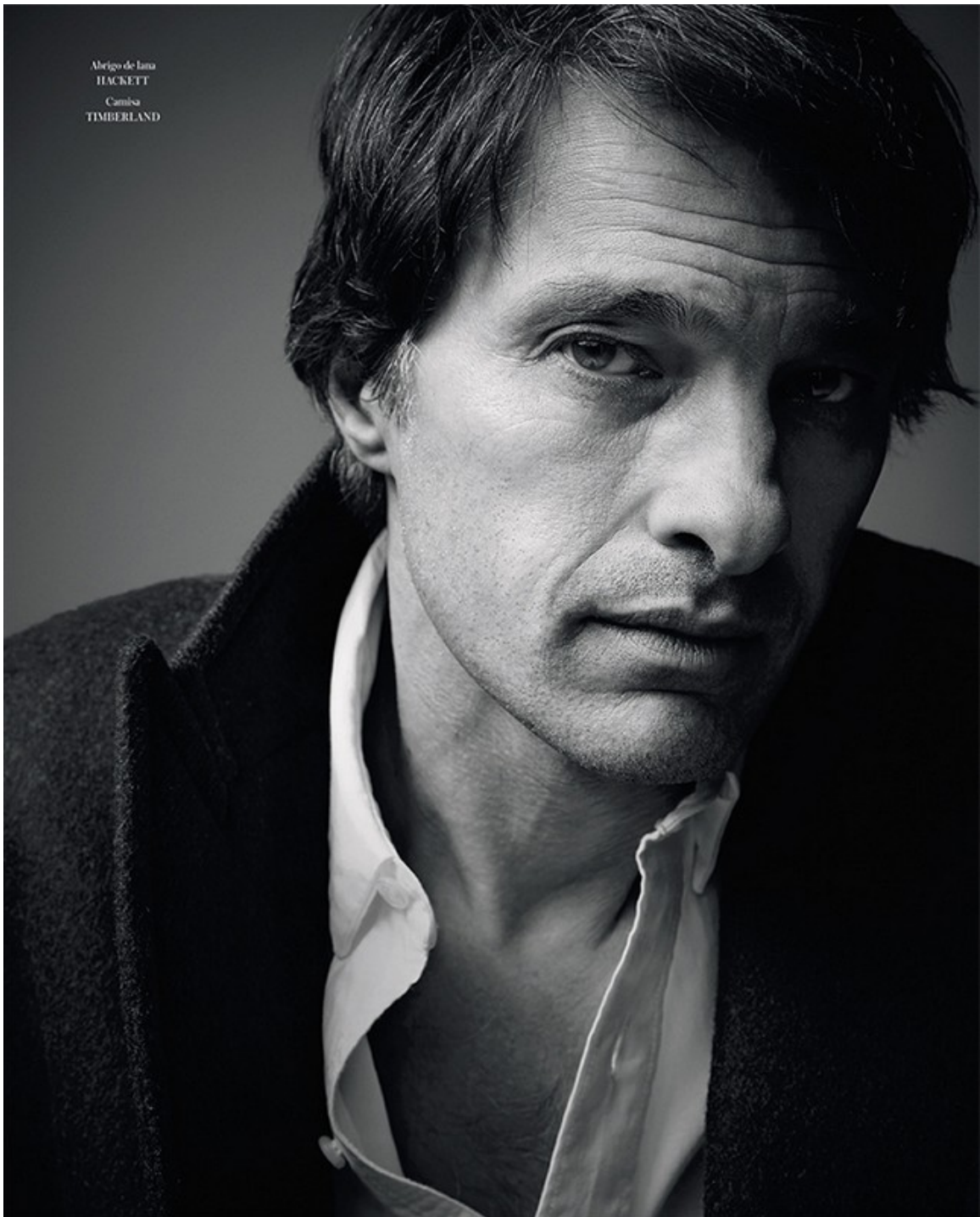
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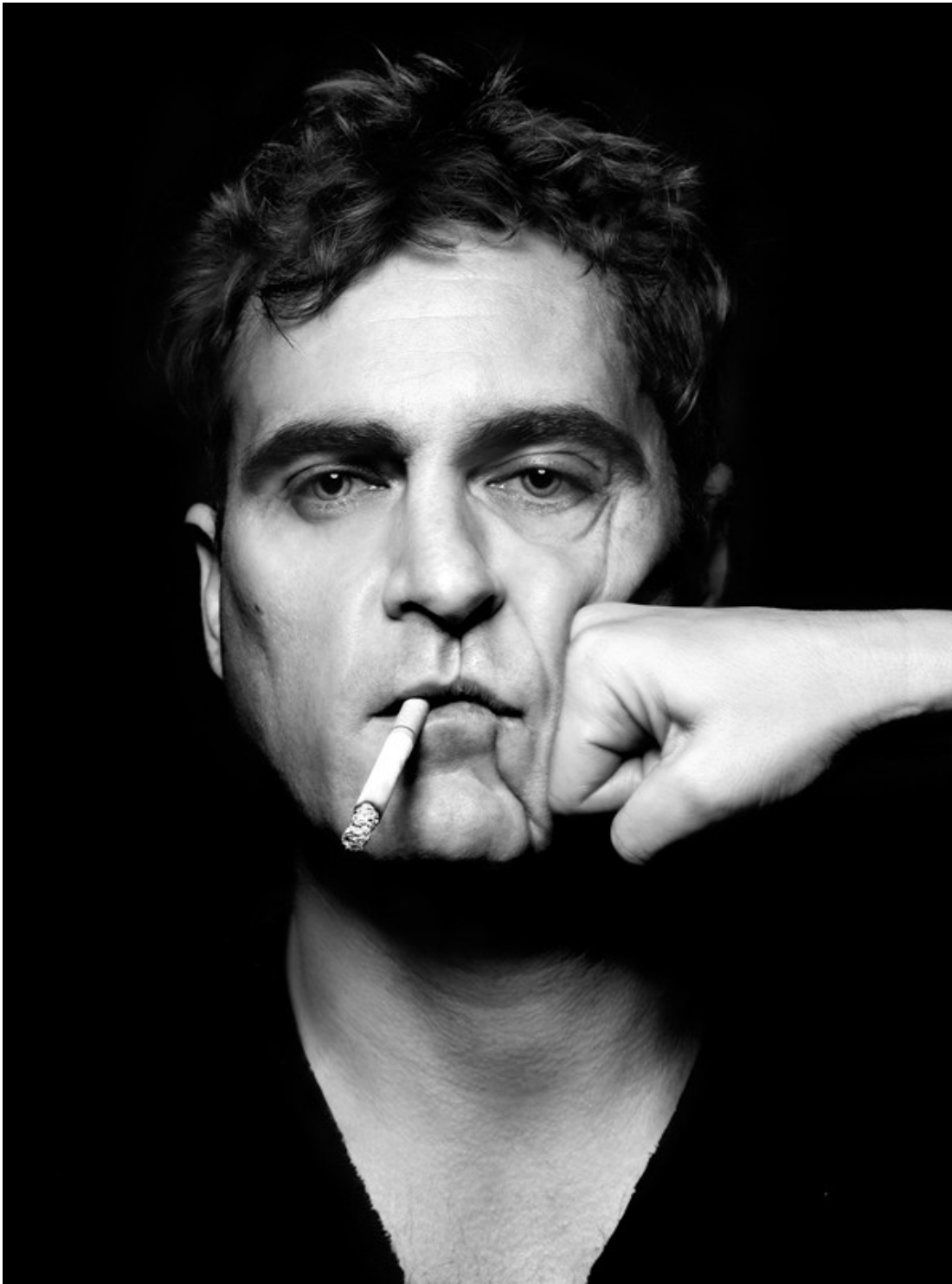
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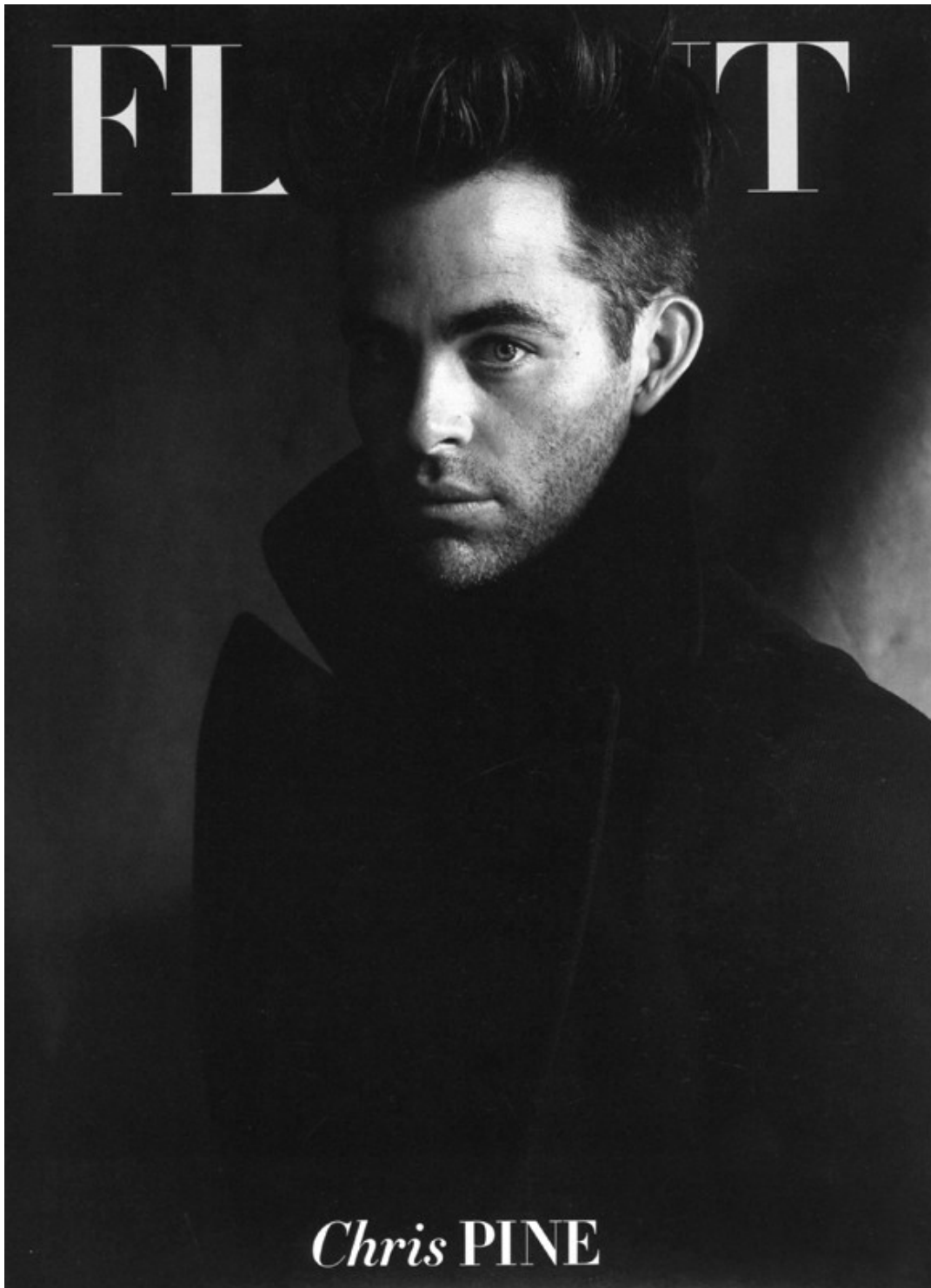


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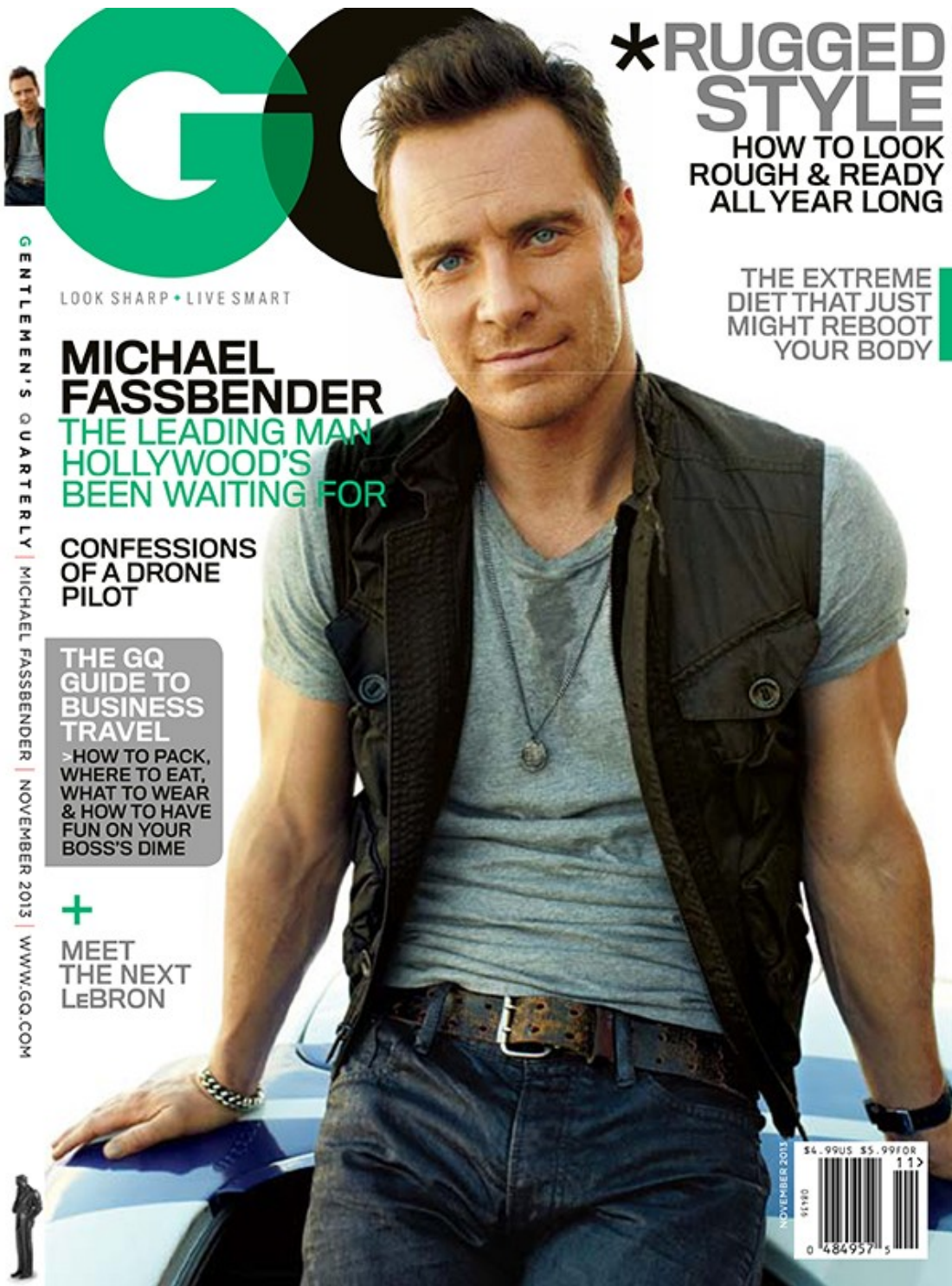
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**GQ**

LOOK SHARP • LIVE SMART

**\*RUGGED  
STYLE**  
HOW TO LOOK  
ROUGH & READY  
ALL YEAR LONG

THE EXTREME  
DIET THAT JUST  
MIGHT REBOOT  
YOUR BODY

**MICHAEL  
FASSBENDER**  
THE LEADING MAN  
HOLLYWOOD'S  
BEEN WAITING FOR

CONFESSIONS  
OF A DRONE  
PILOT

THE GQ  
GUIDE TO  
BUSINESS  
TRAVEL  
> HOW TO PACK,  
WHERE TO EAT,  
WHAT TO WEAR  
& HOW TO HAVE  
FUN ON YOUR  
BOSS'S DIME

+  
MEET  
THE NEXT  
LEBRON

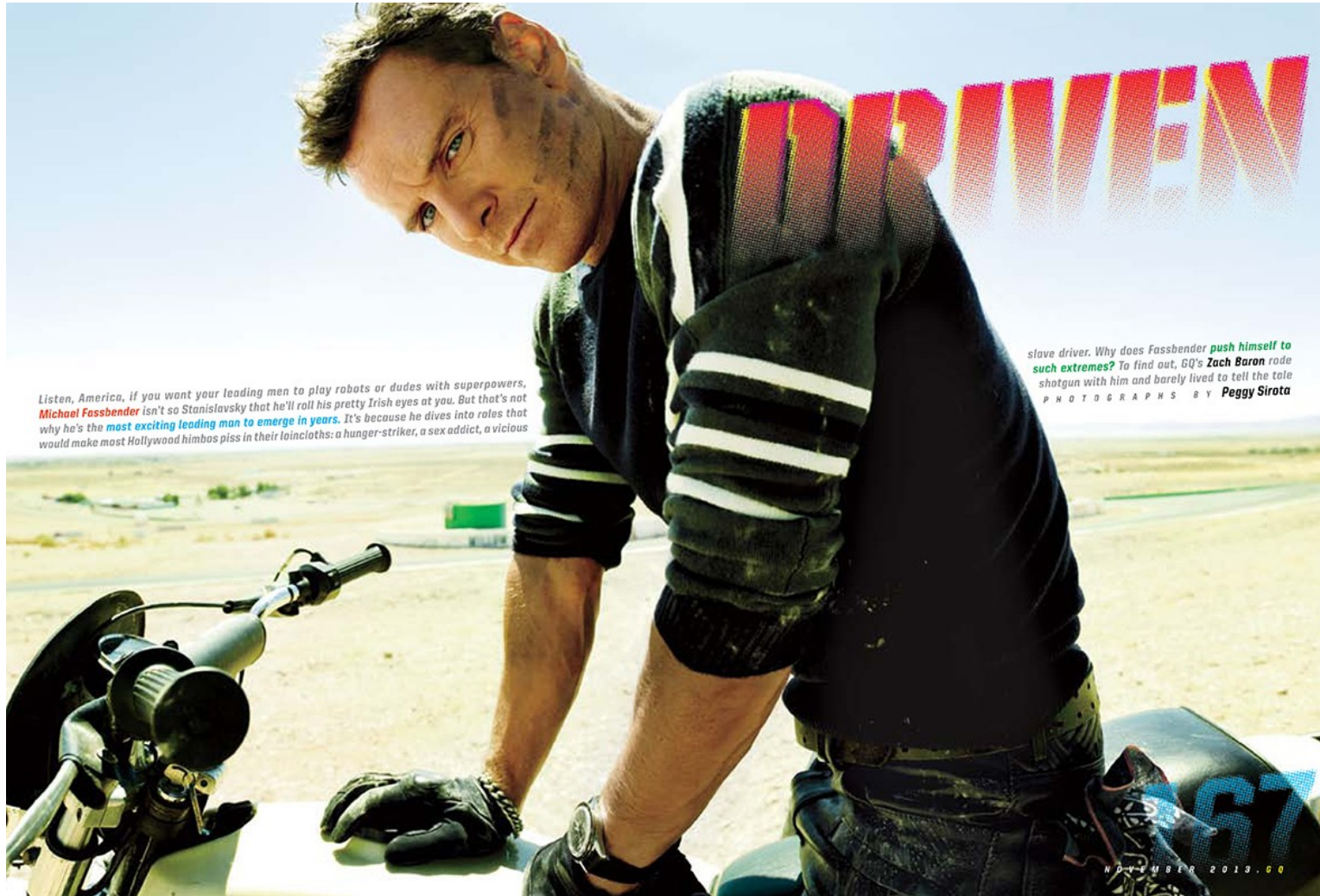
NOVEMBER 2013 \$4.99US \$5.99FOR 11>  
0 484957 5

GENTLEMEN'S QUARTERLY | MICHAEL FASSBENDER | NOVEMBER 2013 | WWW.GQ.COM

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A photograph of Adam Driver, the cover star of GQ magazine. He is wearing a dark grey vest over a light-colored, button-down shirt. The magazine cover includes the GQ logo, the headline 'ADAM DRIVER FROM GIRLS TO STAR WARS AT LIGHT SPEED', and several other article teasers.

**GQ**

LOOK SHARP • LIVE SMART

**ADAM DRIVER**  
FROM GIRLS  
TO **STAR WARS**  
AT LIGHT  
SPEED

**THE BEST DRINKING CITY IN AMERICA**  
(HINT: IT'S NOT NEW YORK)

**THE 25 BIGGEST SLEAZEBAGS IN SPORTS**

**\*THE BIG FALL STYLE ISSUE**  
46 PAGES FULL OF EVERYTHING YOU NEED TO FACE THE COOL

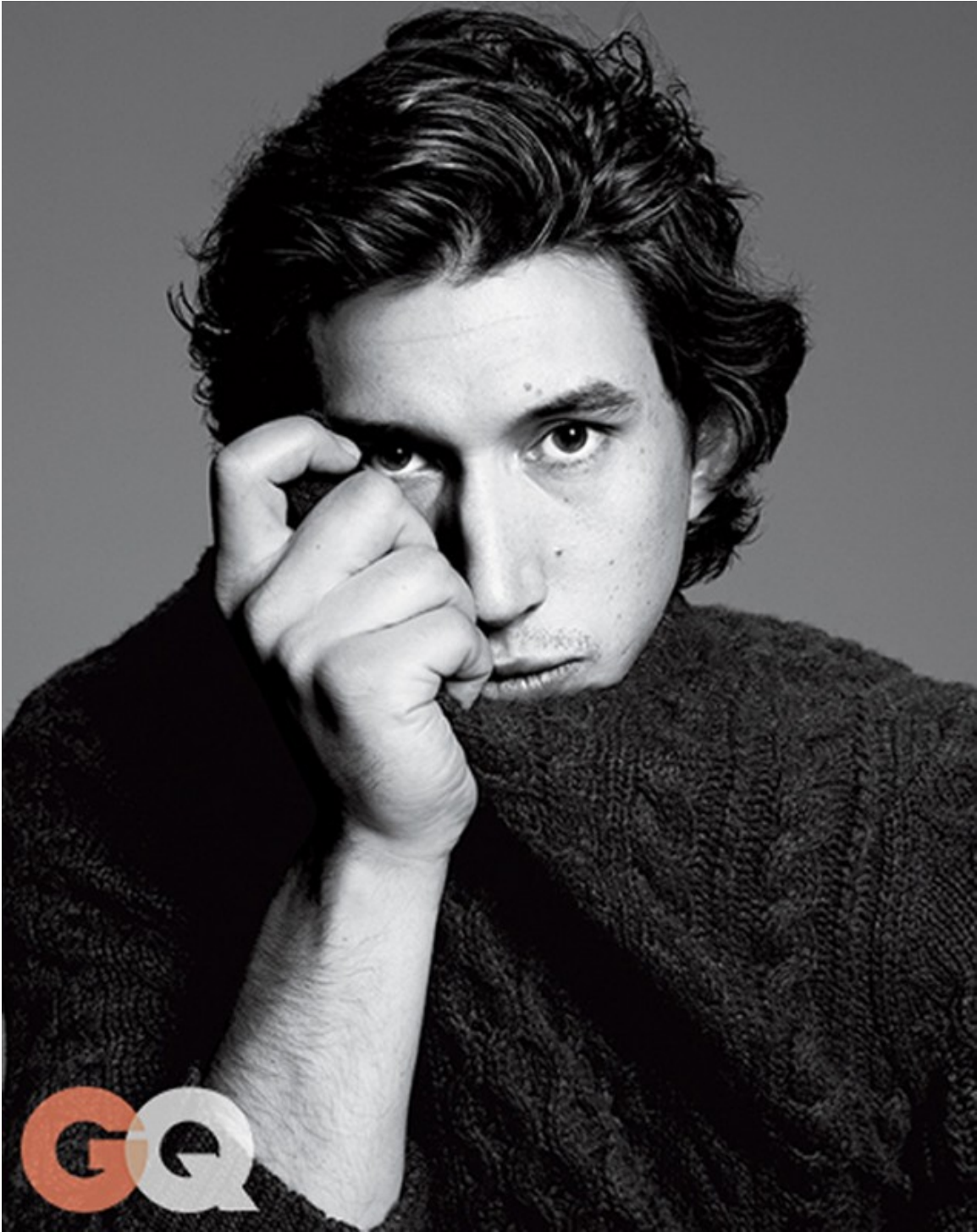
**SPECIAL REPORT "SON, MEN DON'T GET RAPED"**  
THE SHOCKING TRUTH OF MALE SEXUAL ASSAULT IN THE MILITARY

**+**  
**HOW TO BE POLITE TO A WOMAN WITHOUT PISSING HER OFF**

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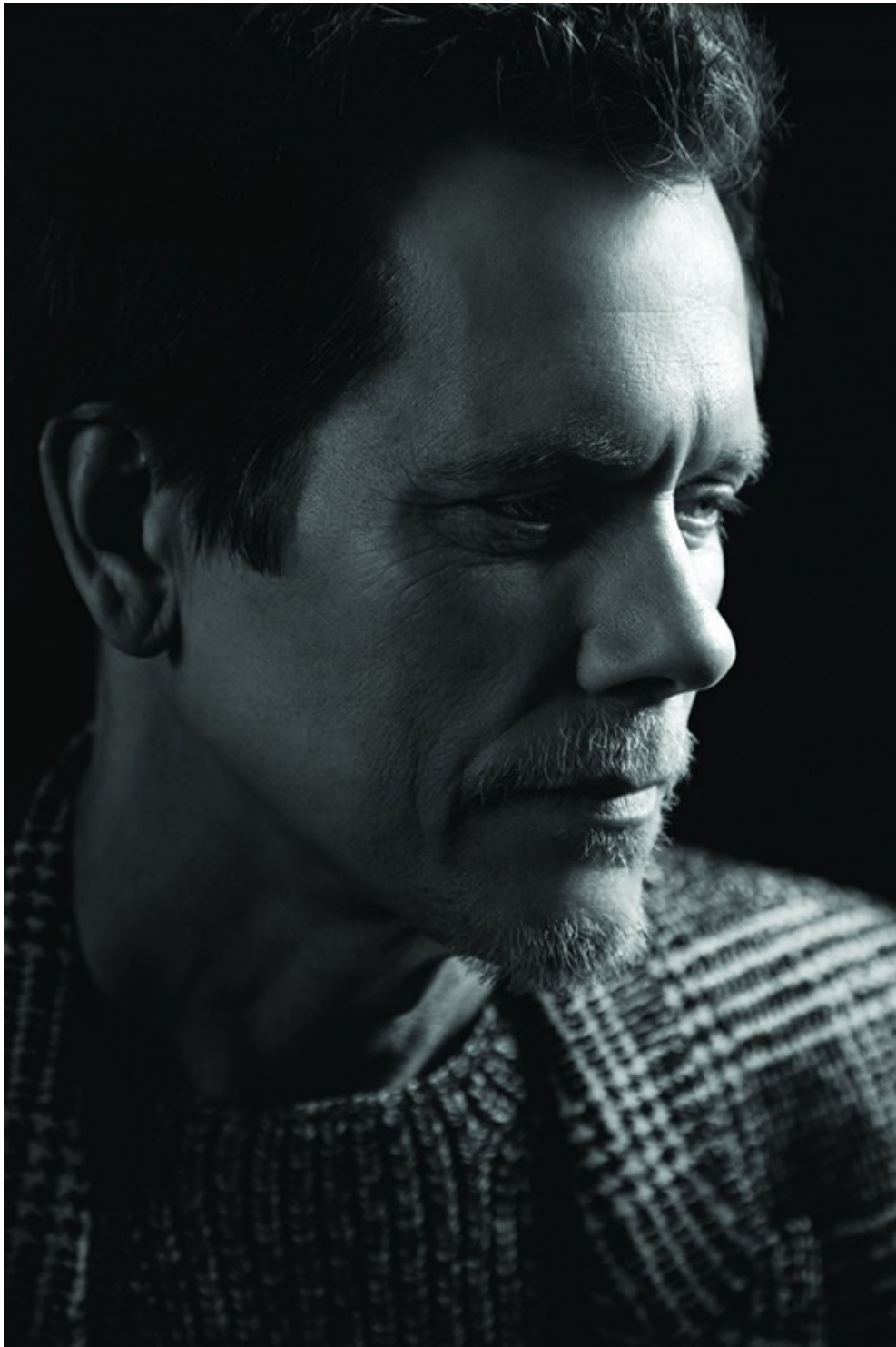
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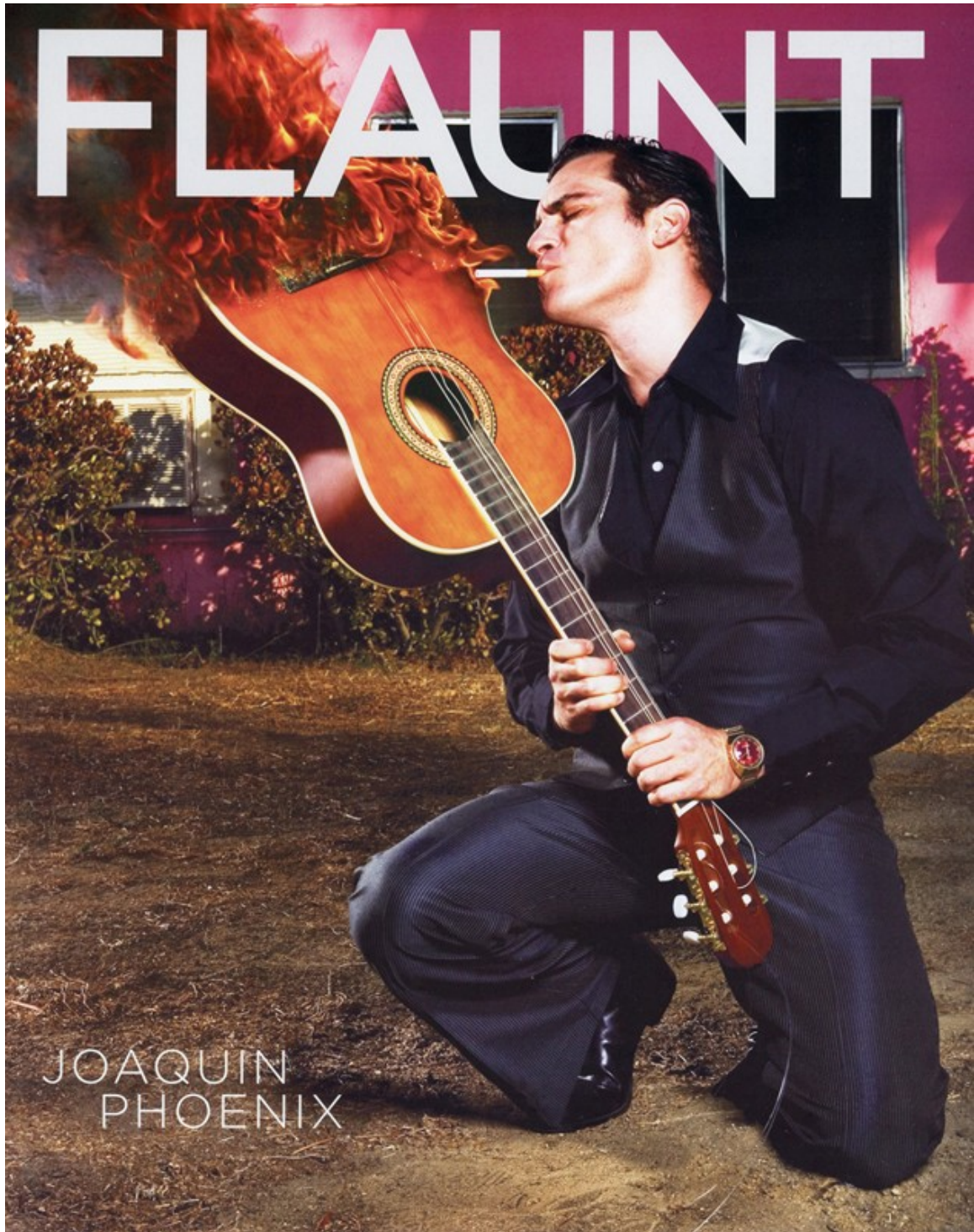
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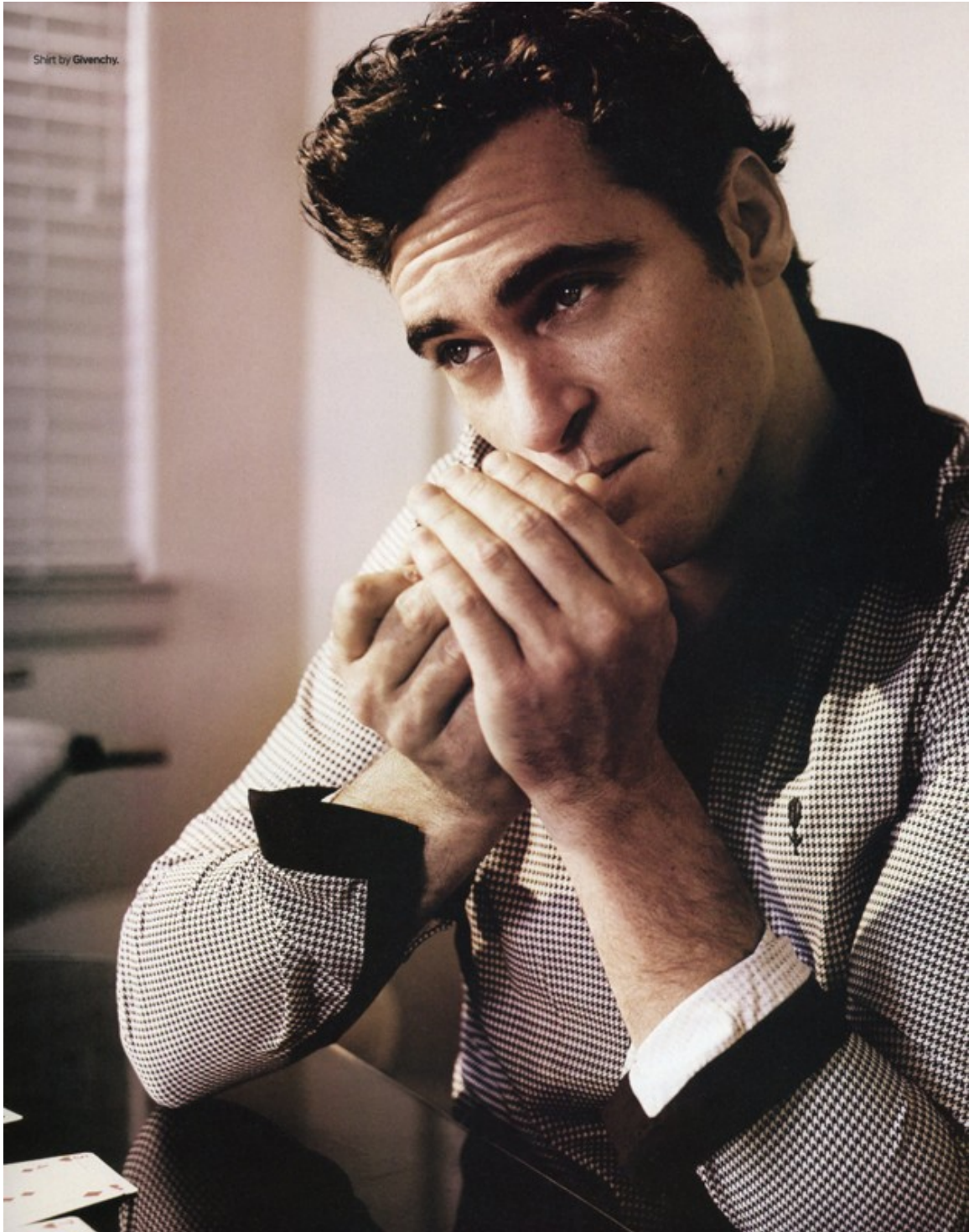
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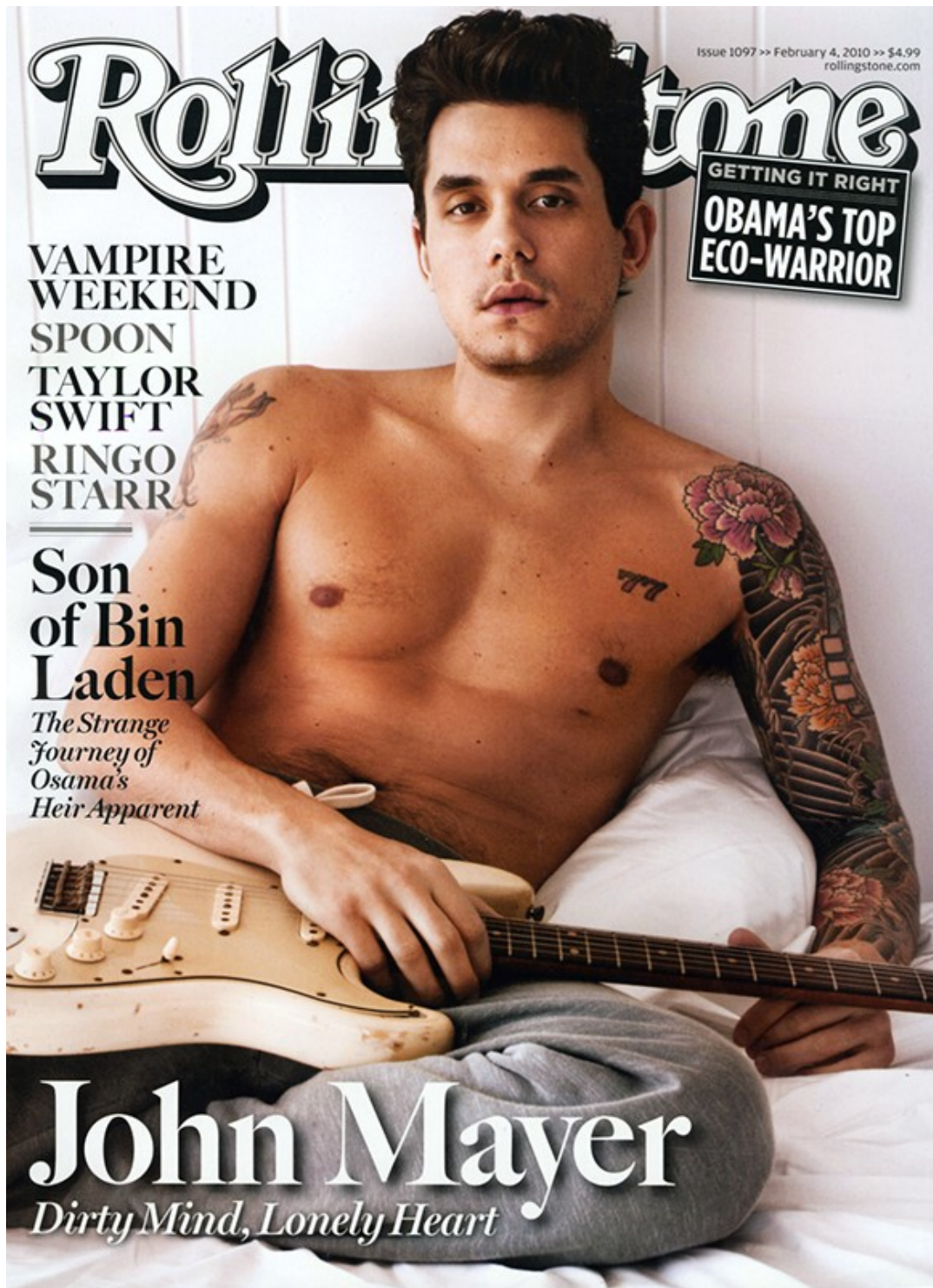


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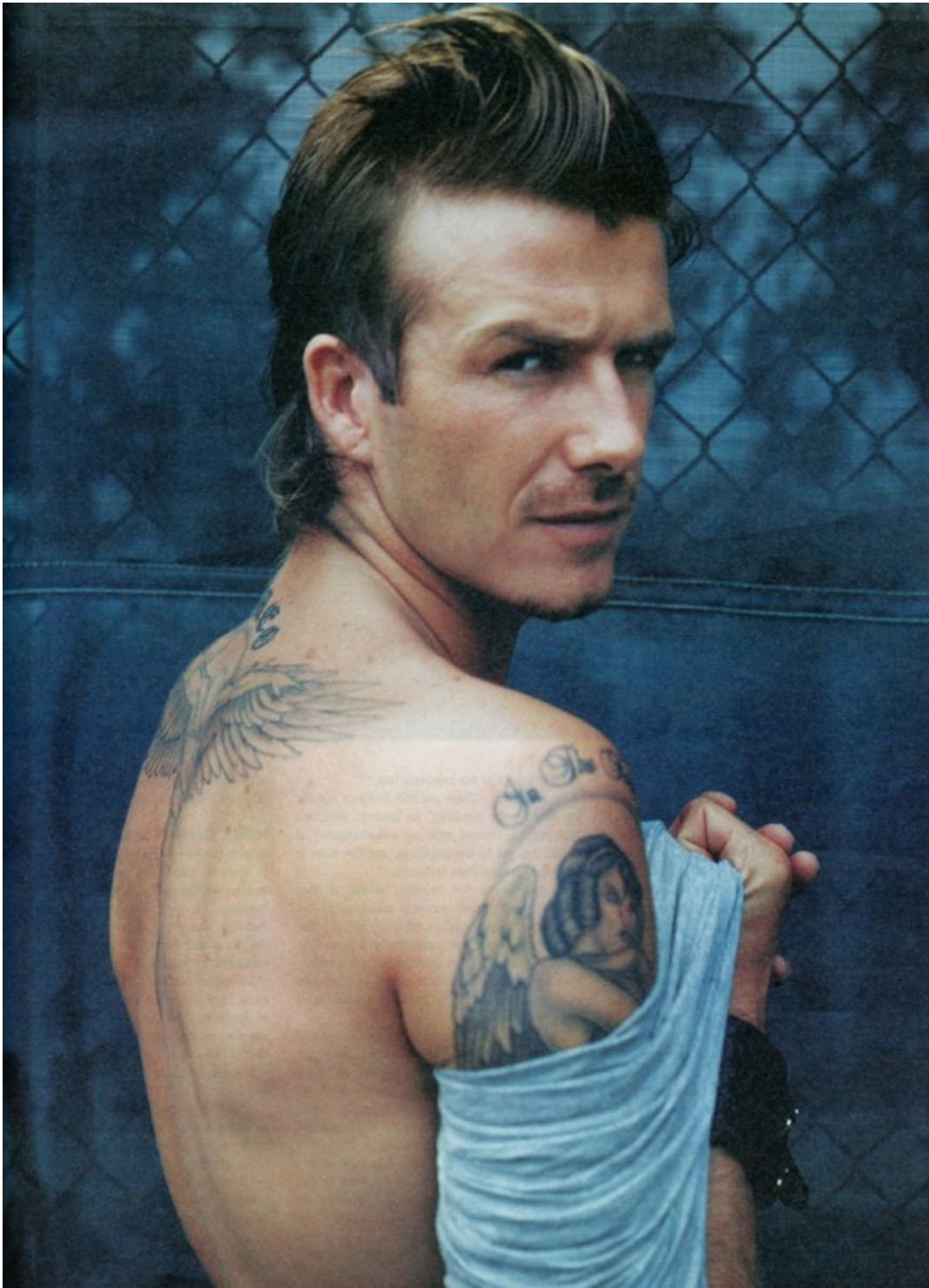
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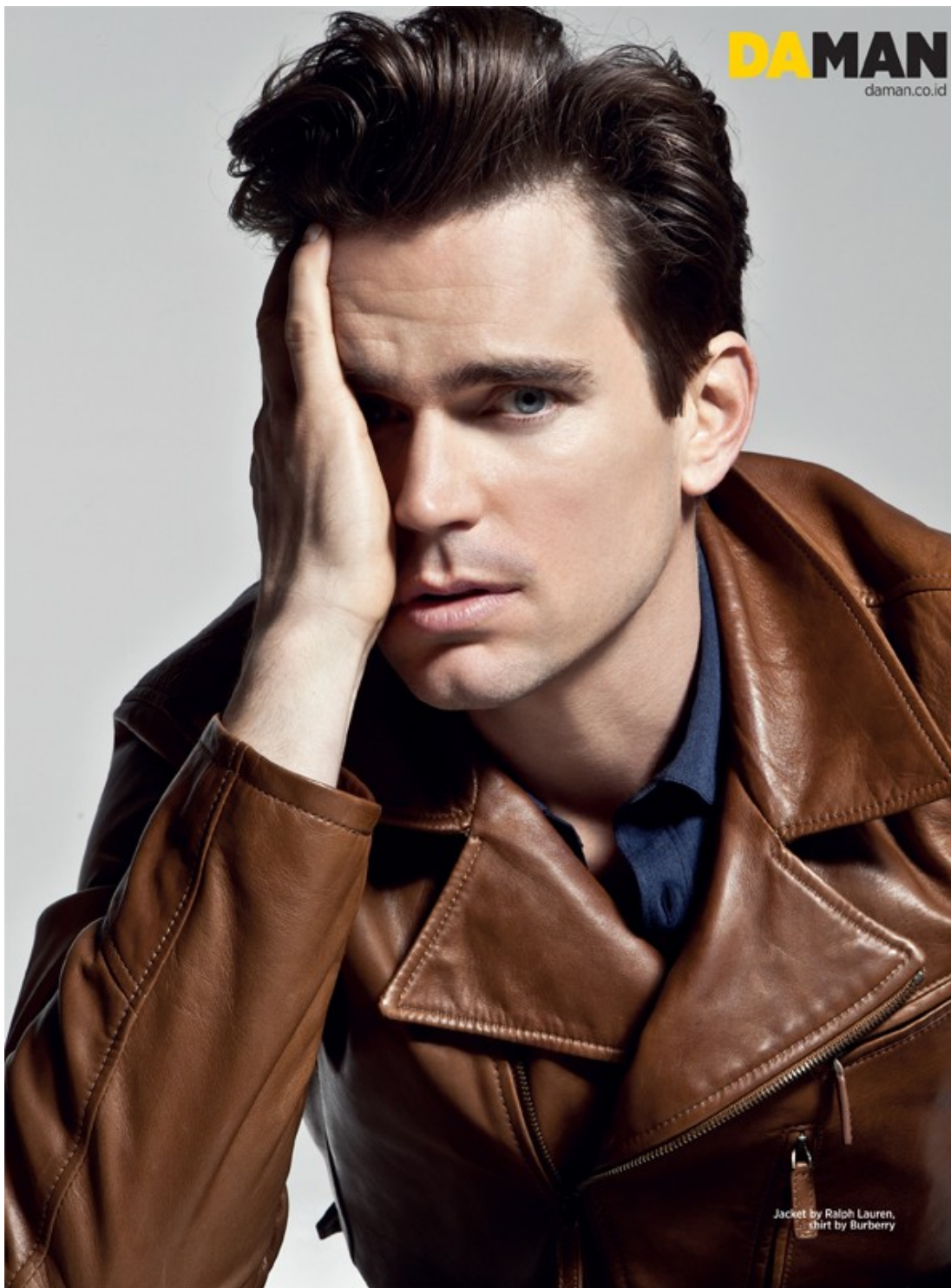
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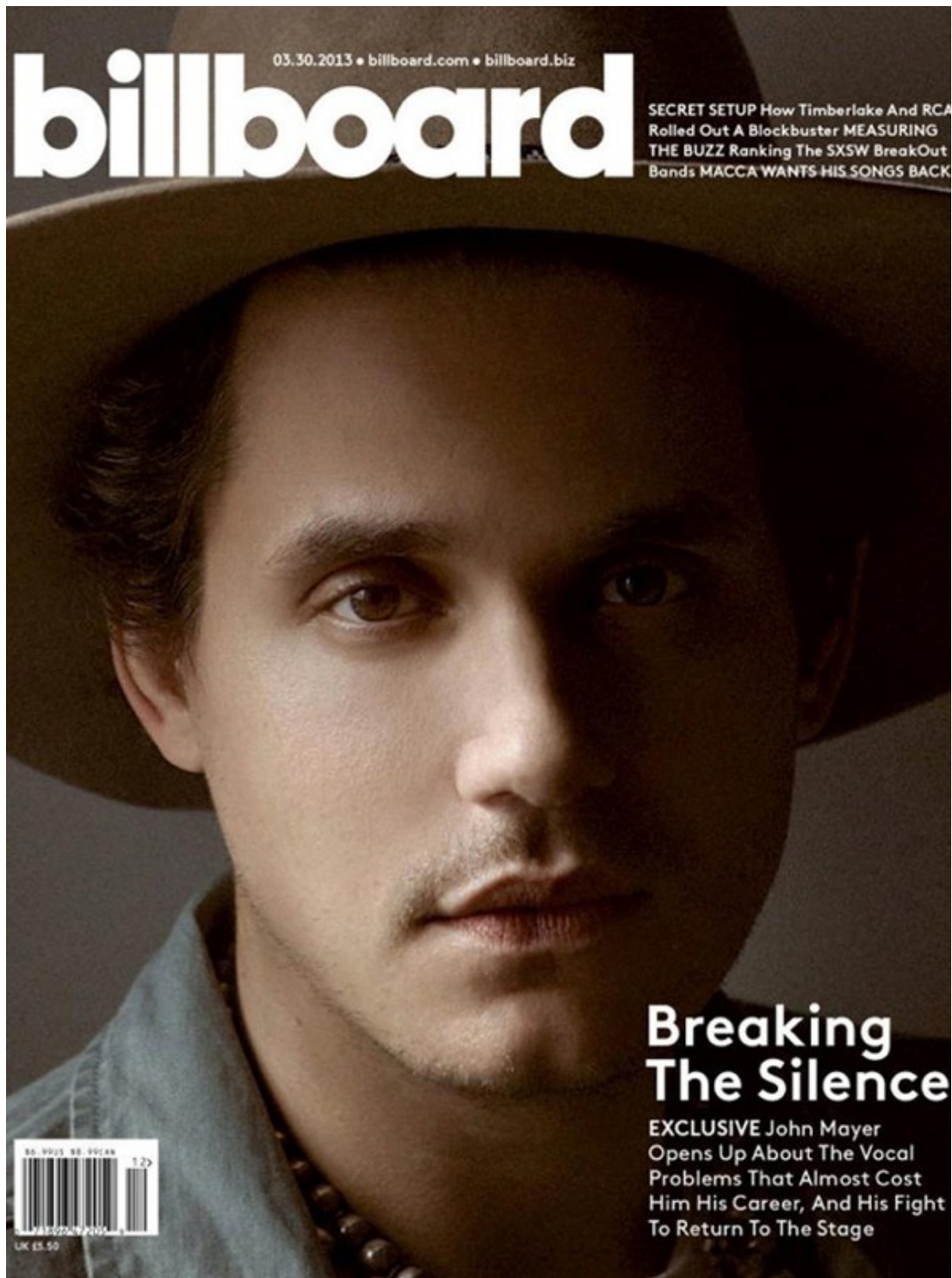


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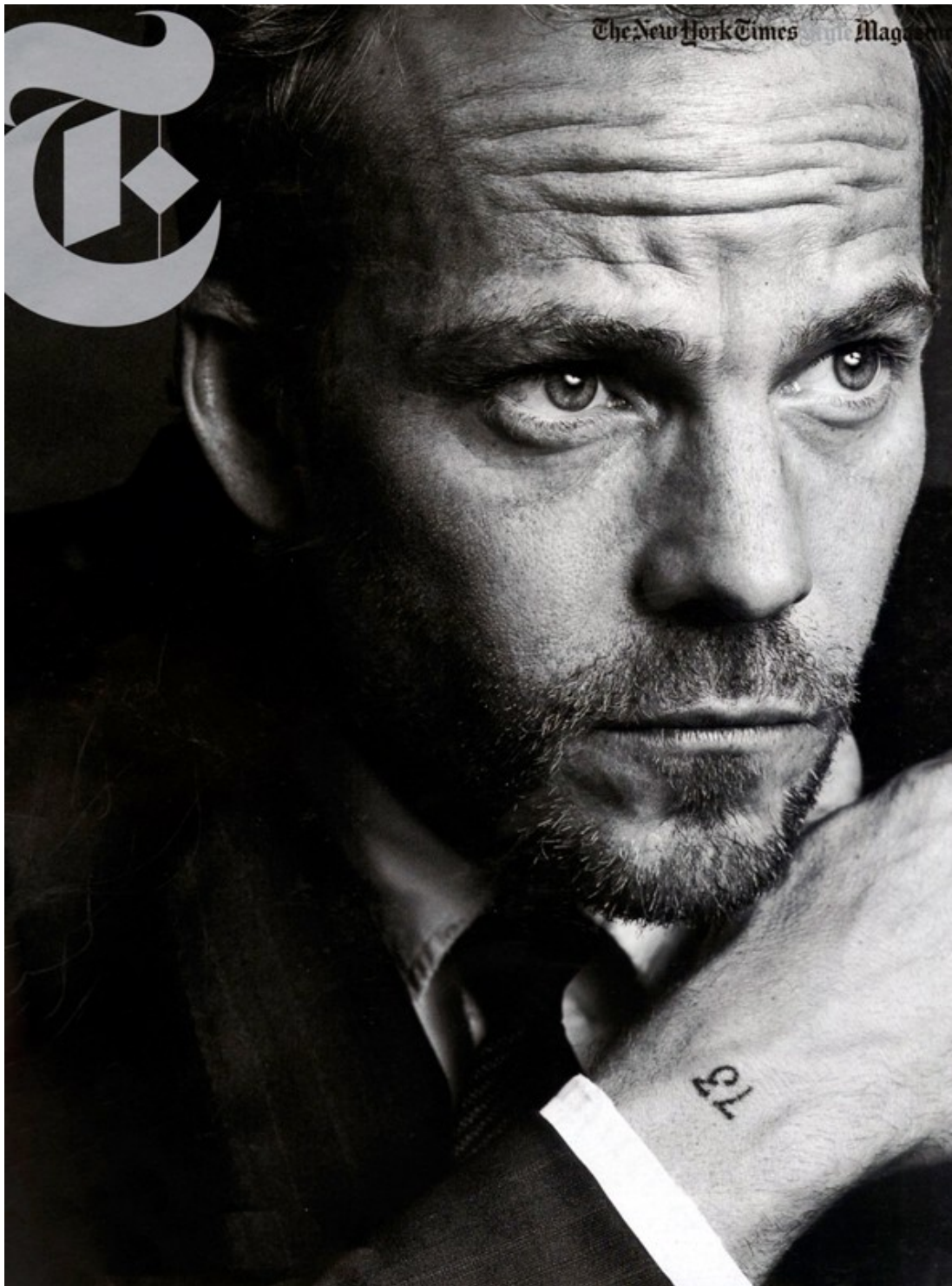
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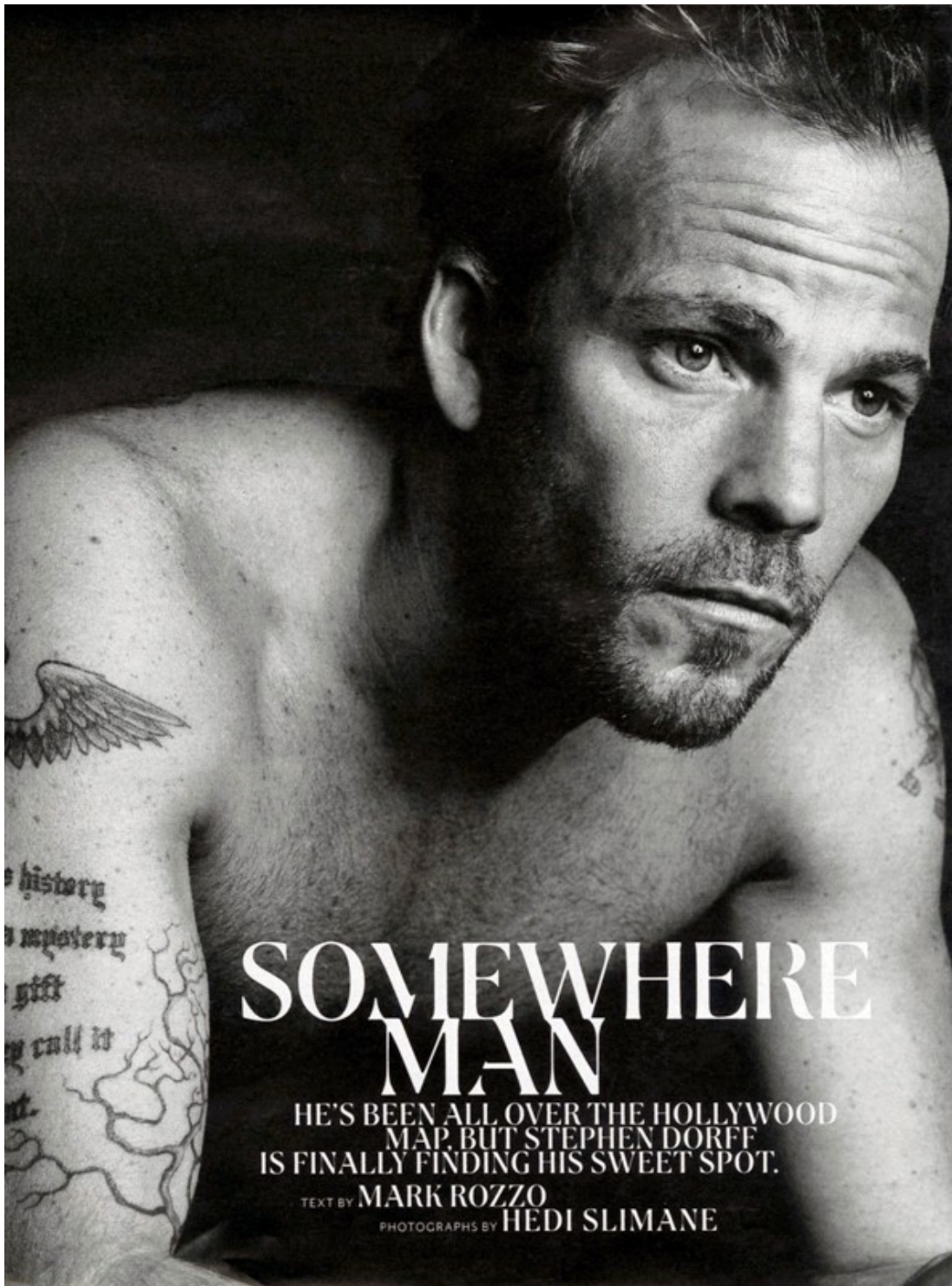
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The image shows the cover of GQ magazine. At the top left is the large red 'G' logo. In the center is a portrait of actor Joseph Gordon-Levitt, wearing a light blue dress shirt, a dark patterned tie, and a grey patterned vest. The magazine title 'GQ' is partially visible behind him. Various headlines are scattered around the cover, including 'BOY WONDER JOSEPH GORDON-LEVITT', 'LICK IT UP!', 'SECRET EUROPE', 'THE 14 MOST ANNOYING TWITS ON TWITTER', '\*STYLE FORECAST 32 PAGES OF THE BEST SUITS, SHOES, TIES, JACKETS & ACCESSORIES YOU NEED THIS FALL', 'JOURNALISTIC PROOF! MITT ROMNEY IS HUMAN', 'BONUS CONFESSIONS OF A VICE PRESIDENTIAL WANNABE', and 'MADMAN ACROSS THE WATER'.

**GQ**

LOOK SHARP • LIVE SMART

**BOY WONDER  
JOSEPH  
GORDON-  
LEVITT**

**LICK  
IT UP!**  
>WE FIND  
THE GREATEST  
DESSERT  
ON EARTH

**SECRET  
EUROPE**  
>GO'S GUIDE TO  
THE TASTIEST  
AND LEAST  
CROWDED HOT  
SPOTS

**+**

**THE  
14 MOST  
ANNOYING  
TWITS ON  
TWITTER**

**\*STYLE  
FORECAST  
32 PAGES  
OF THE BEST  
SUITS, SHOES,  
TIES, JACKETS &  
ACCESSORIES  
YOU NEED  
THIS FALL**

**JOURNALISTIC  
PROOF!  
MITT ROMNEY  
IS HUMAN**

**BONUS  
CONFESSIONS  
OF A VICE  
PRESIDENTIAL  
WANNABE**

**MADMAN  
ACROSS  
THE WATER**  
>HOW ONE KILLER  
STORMED A  
SUMMER CAMP  
IN NORWAY  
AND TERRORIZED  
A NATION

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JAN 2012

## Play the Blues, Brother

Traditionally, it's the most conservative suiting color—but not when you're riffing on it like this. Our favorite business look for spring is all about piling on the blues, from your suit to your socks and everything in between

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**X**  
**RESTORE A CLASSIC**  
► The blue suits we're digging now are more revved up than plain ol' navy. They're warmer, inkier, more vibrant and unexpected. Like the slick three-piece Ewan's wearing here.

- Suit \$3,195 and tie \$140
- SHIRO, SHIRO
- Shirt \$215
- EMPORIO ARMANI
- Shoes \$795
- RALPH LAUREN
- Socks
- PAUL STUART

JAN 2012

## The Spring Style Tune-up

Did you know that designers' spring collections are hitting stores right now? The good news is that you don't need a whole new wardrobe to transition out of winter.

Over the next twenty-two pages, we show you how to adapt, edit, and update your look, from the new ways to creatively layer up, to the twelve accessories that will inject new life into your closet.

It's our annual spring preview, and to kick things off, actor **EWAN MCGREGOR** dons the blue suit as you've never seen it before

 Peggy Sirota



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Sure, **Michael B. Jordan** had beloved turns in two beloved shows: *The Wire* and *Friday Night Lights*. But what were the chances a young black actor like him would ever get to dig in and prove what he could really do? Well, when the role of a lifetime, in *Fruitvale Station*, came along, Jordan didn't just pull it off, he crushed it. Here, he wears the five coolest emerging clothing labels of the moment—a group we've deemed the New American Avant-Garde

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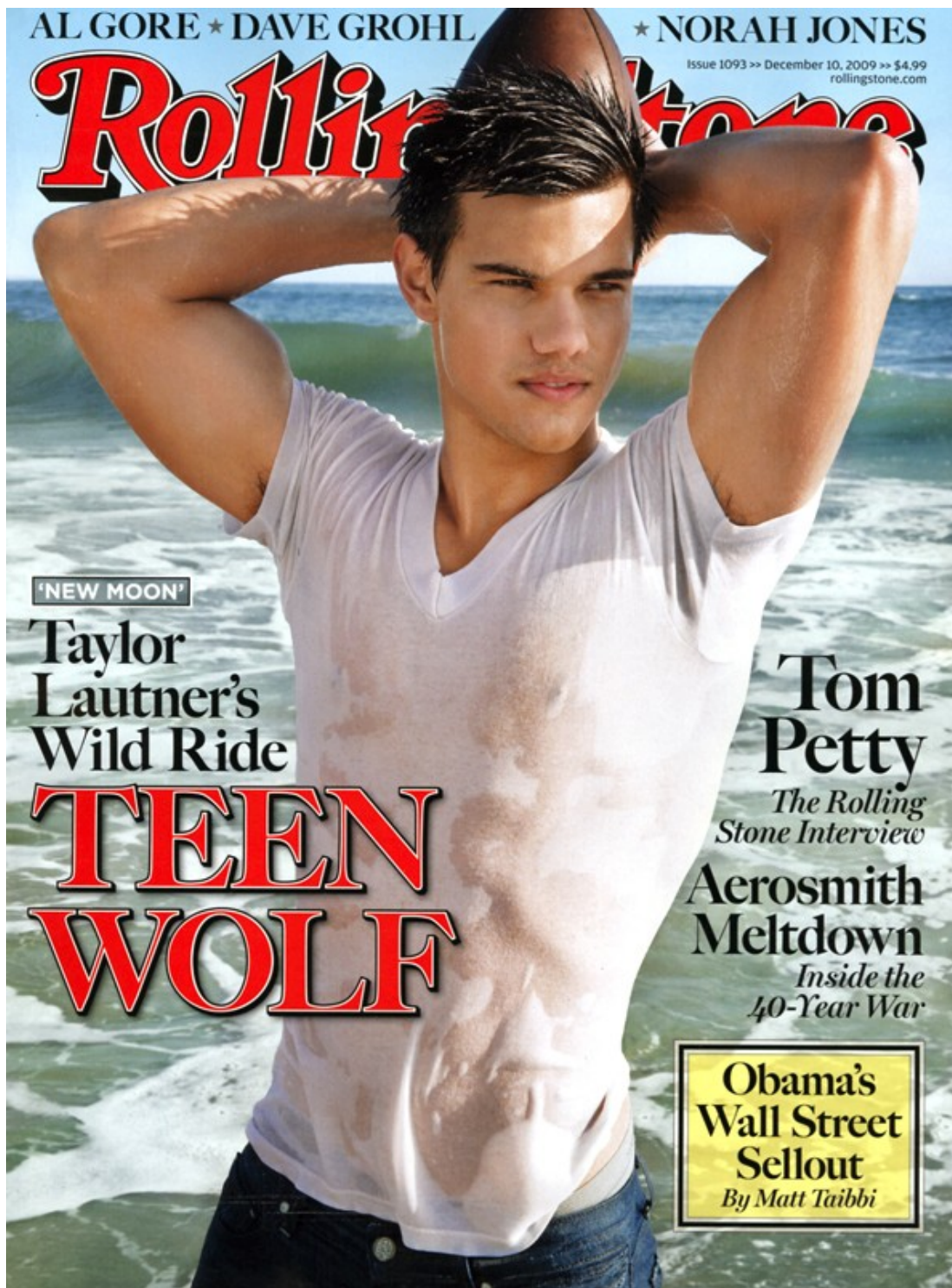
opposite page:  
jacket \$468  
this page:  
jacket \$468  
Skimgraft  
tank top \$75  
and jeans  
\$295  
T by  
Alexander  
Wong  
sneakers  
\$65  
Converse  
hat  
Kangol  
watch  
IWC  
location  
Amazeb  
Mistic,  
Hollywood

MICHAEL B. JORDAN

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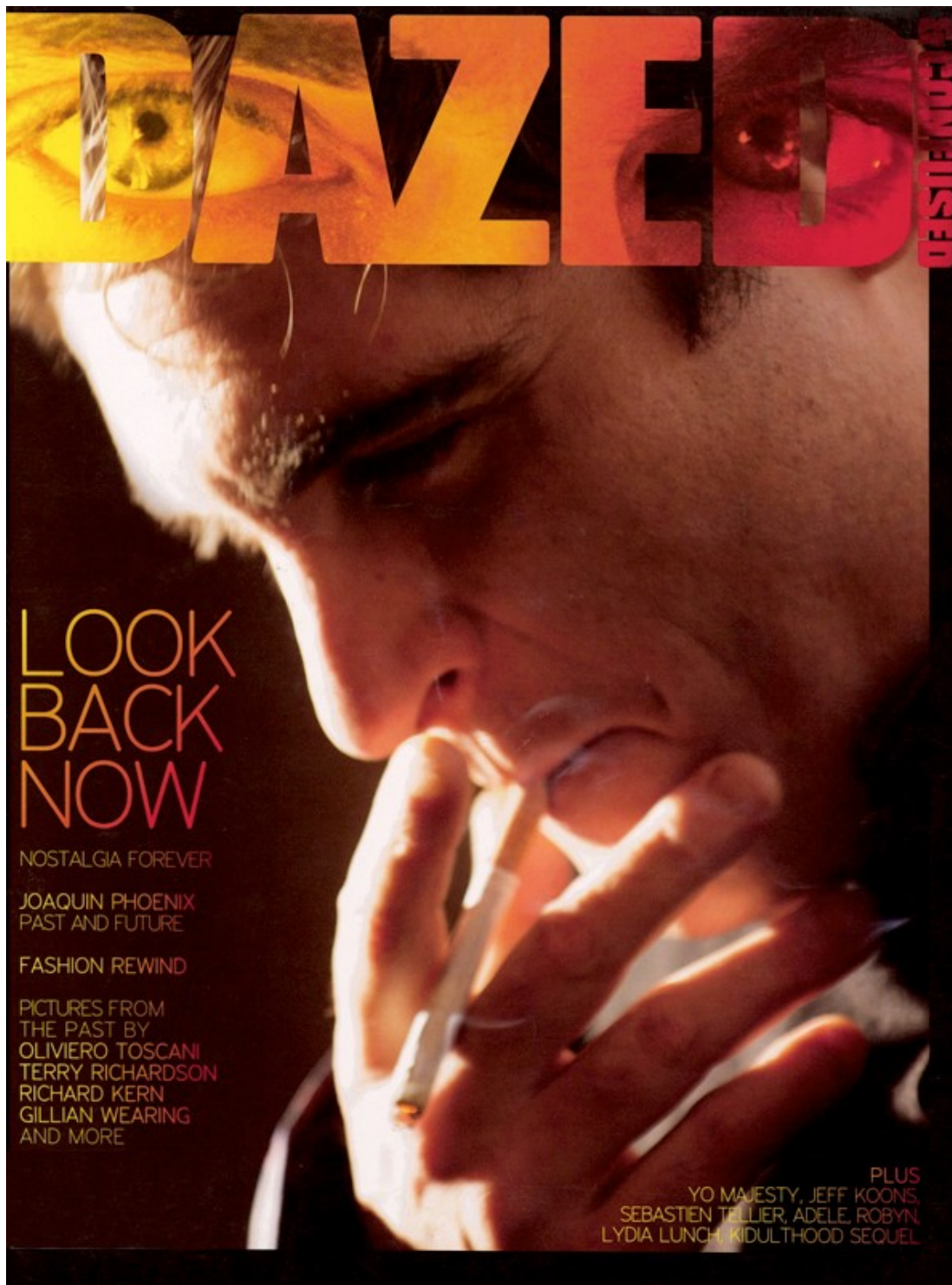
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OUT JUNE / JULY 2013 THE HOT LIST

# OUT

## THE HOT LIST

*Almodóvar,  
Soderbergh,  
Macklemore &  
Big Ang*



# HERO COMPLEX

**CHRIS PINE ON MASCULINITY,  
CAPTAIN KIRK, AND HIS  
SPOCK BROMANCE**

**TRANS IN  
QUEENS**  
*Chasing the dream  
in Jackson Heights*

NO. 225

PHOTOGRAPHED  
BY NINO MUÑOZ  
EDR: OUT

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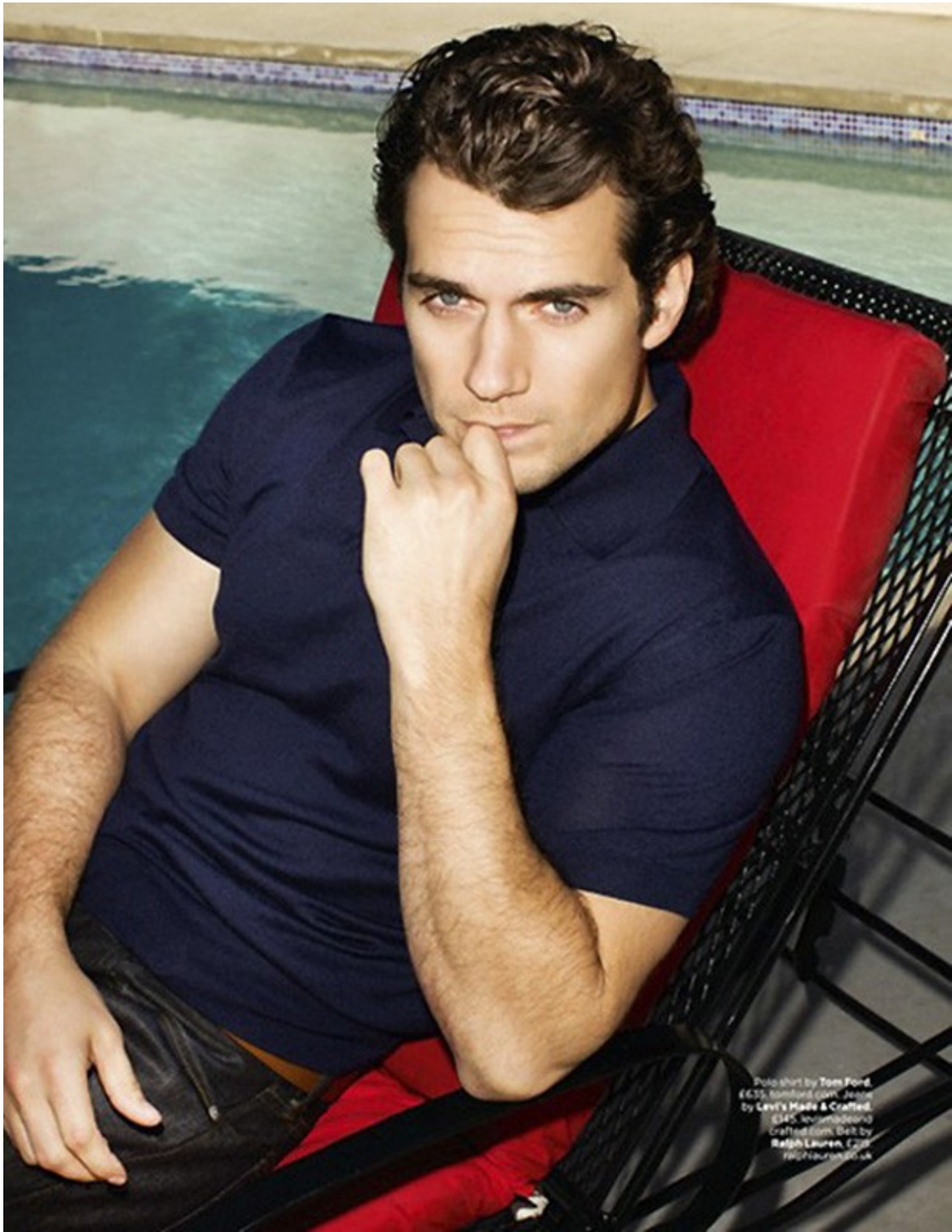
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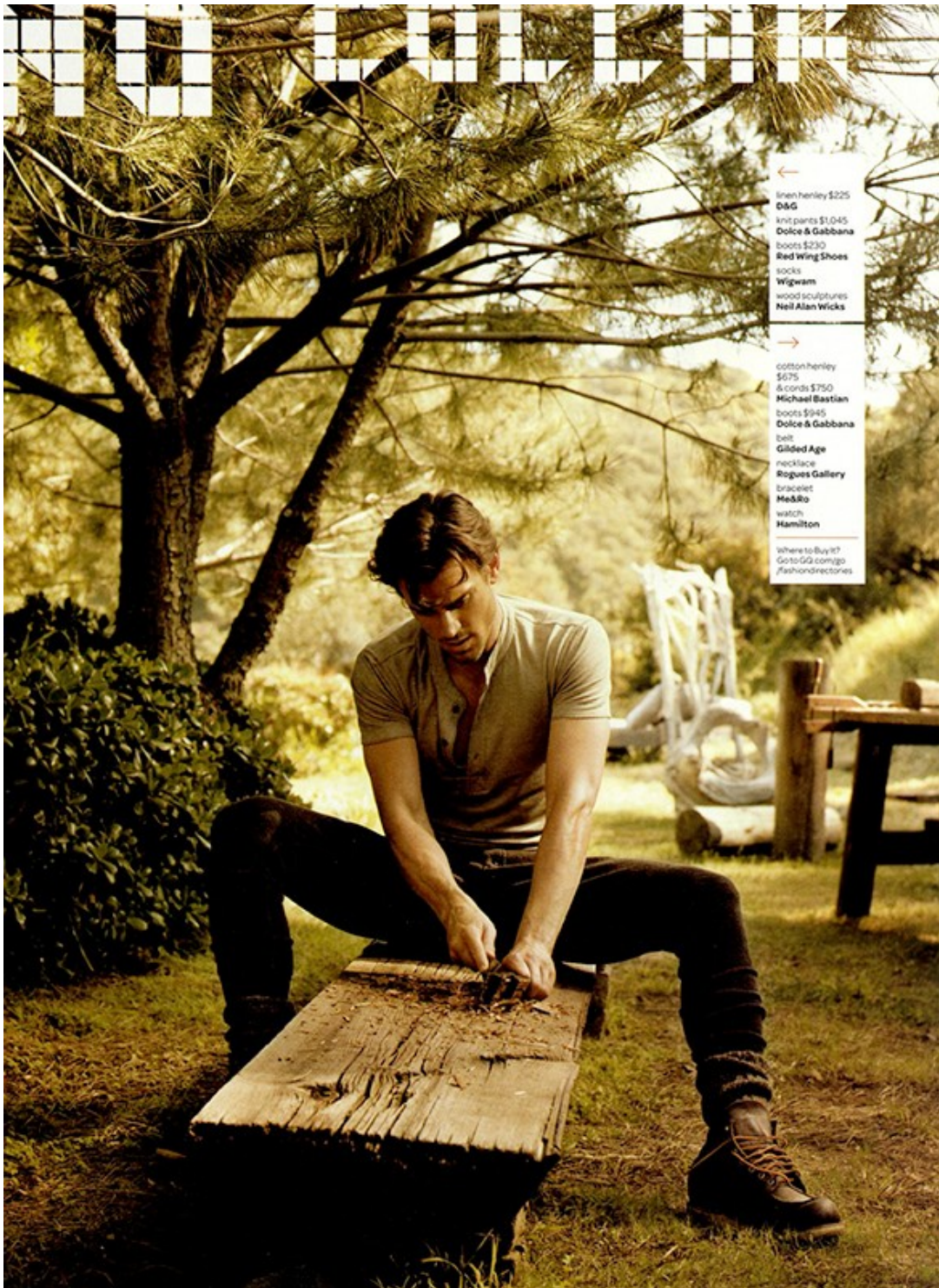
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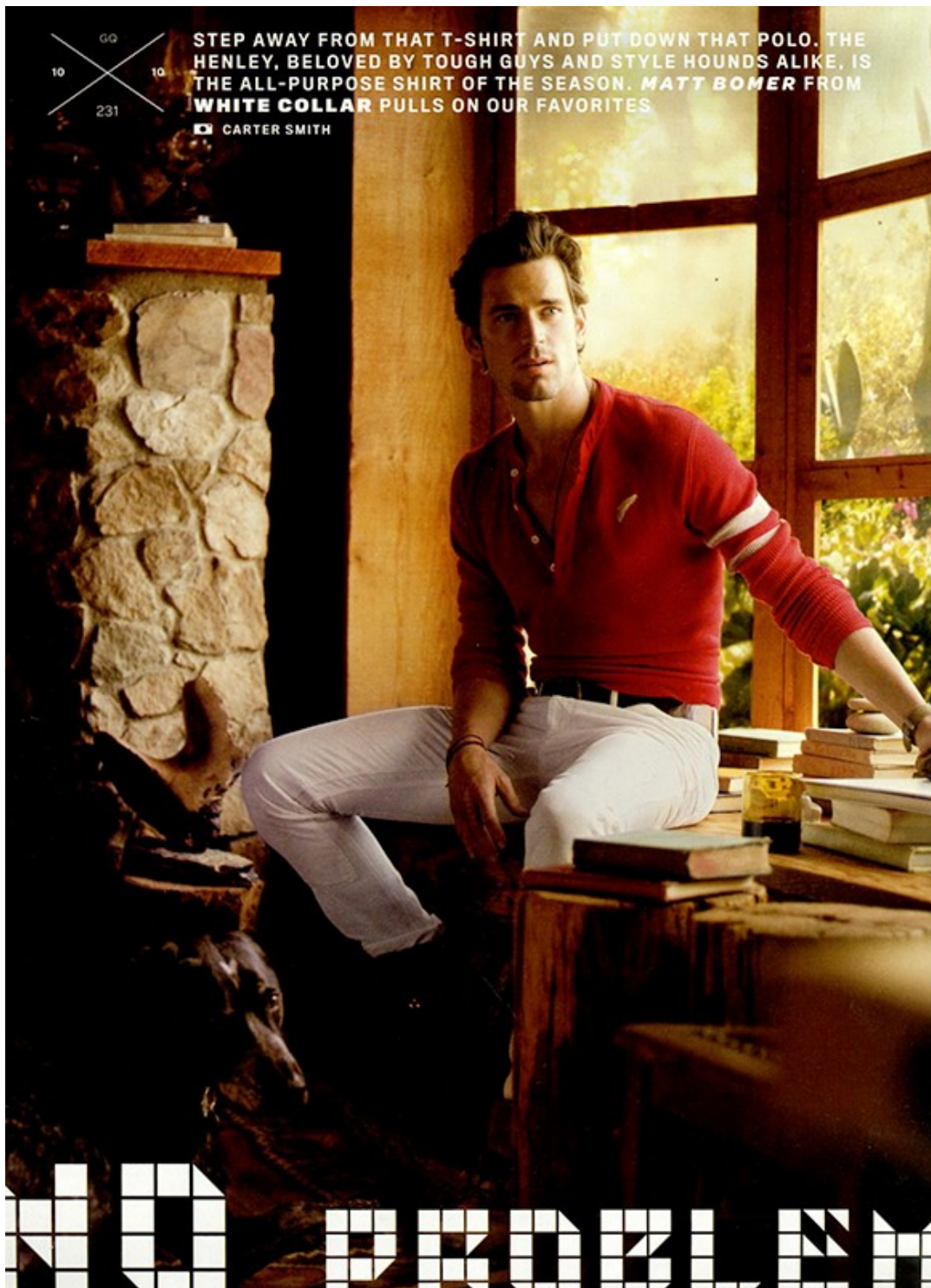
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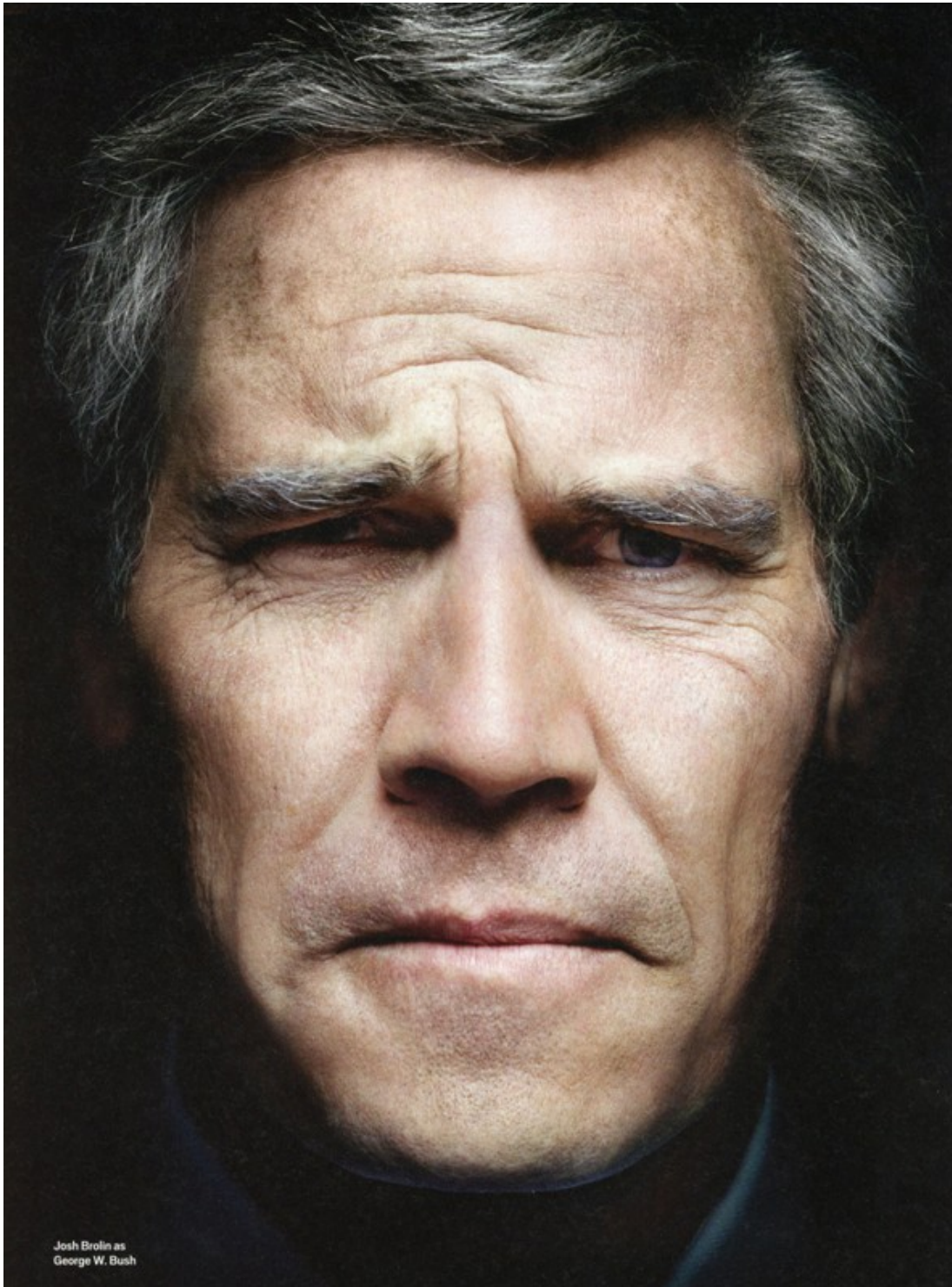
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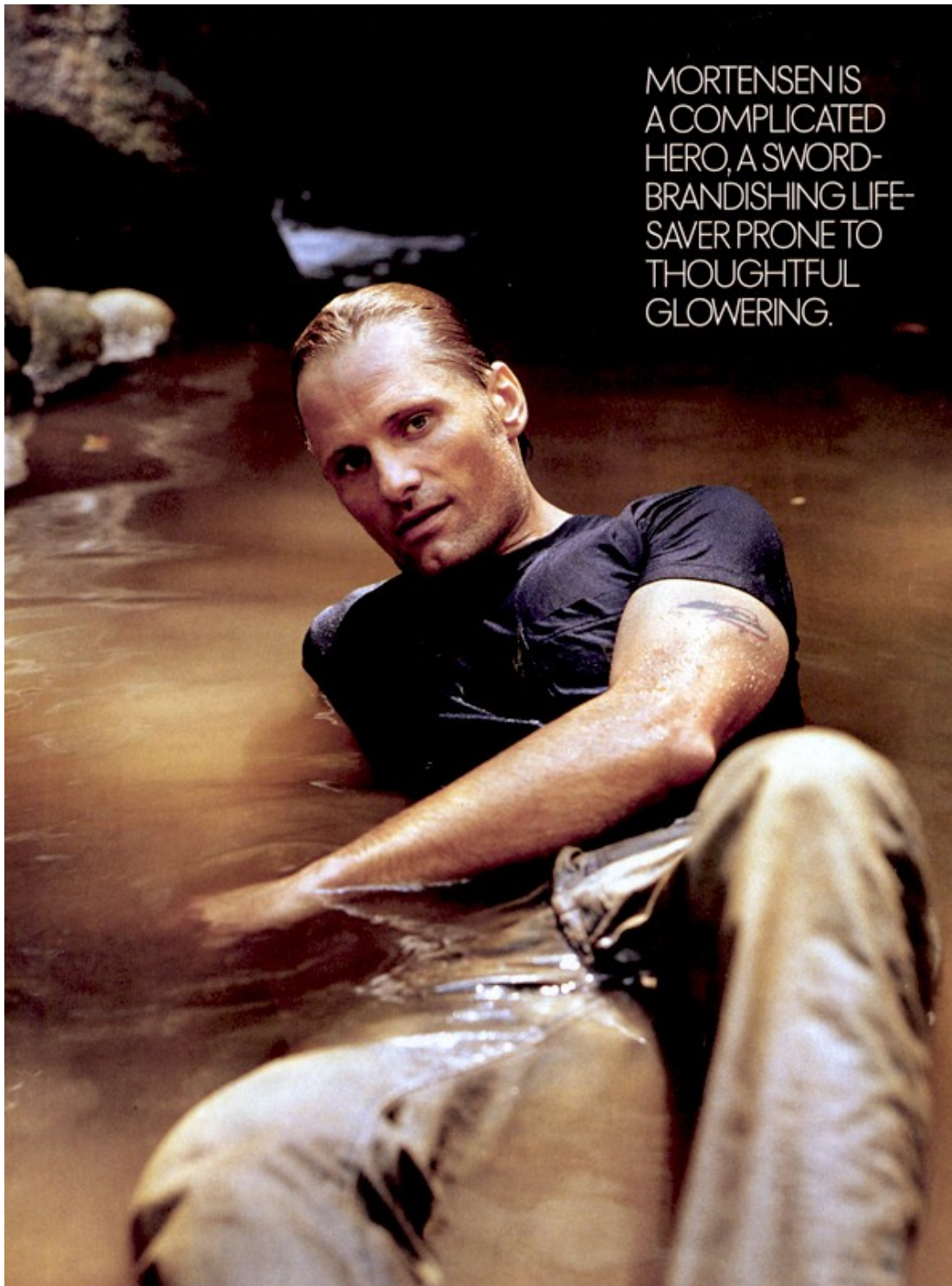
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MORTENSEN IS  
A COMPLICATED  
HERO, A SWORD-  
BRANDISHING LIFE-  
SAVER PRONE TO  
THOUGHTFUL  
GLOWERING.

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## How—and When—to Double Down

1. Want to make a double-breasted suit look modern (and not like something from a gangster flick)? Keep it short and trim. Unless you're over six feet two, don't buy a long. And no linebacker-quality shoulder pads, either.
2. If you can see the peak lapels in your peripheral vision, they're too wide.
3. Keep the jacket buttoned (including the interior button). It doesn't hang well when undone.
4. Buy one DB suit (you don't need a closetful). Keep it dark and keep the underpinnings simple. No pinkie rings, no gold watch.
5. Remember, this is a confident suit that suggests power. So if you're still an administrative assistant, you might want to hold off a few years before striding into the office in one.

wool suit \$2,695,  
shirt \$375, and tie  
\$180 guccì, shoes  
\$855 church's,  
pocket square lanvin,  
watch m&co. from  
moma design store.  
where to buy it? see  
page 307.

SEP  
2009  
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**A**  
**x**  
**B**  
**C**

**= All Business,  
All Cotton**

*You could wear the same wool suits twelve months a year—or you could breathe a bit easier this spring and do like **Neil Patrick Harris**. Pull on a thoroughly smart cotton suit in a range of colors and prices*

(  : Ben Watts )

**CHARCOAL SUIT**  
**BOSS BLACK = \$995**  
+  
shirt \$455  
and tie \$220  
michael bastian  
shoes \$295  
boss black  
umbrella  
brooks brothers  
where to buy it?  
see page 161.

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#### INSIST ON THE VEST

We should all own at least one three-piece suit. They're as classic as they are versatile—because remember, you don't always have to wear the vest.

↓  
wool three-piece suit \$4,495  
giorgio armani  
shirt \$395 and tie \$145  
giorgio armani,  
shoes \$790 salvatere  
ferragamo, pocket  
square seize sur vingt,  
cufflinks paul stuart,  
sunglasses moscot.

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TAKE IT OUT  
AT NIGHT  
If you want to wear  
your gray suit in the  
evening without looking  
like you pocketed your  
tie when you got off  
work, go for a dark shirt,  
collar unbuttoned.

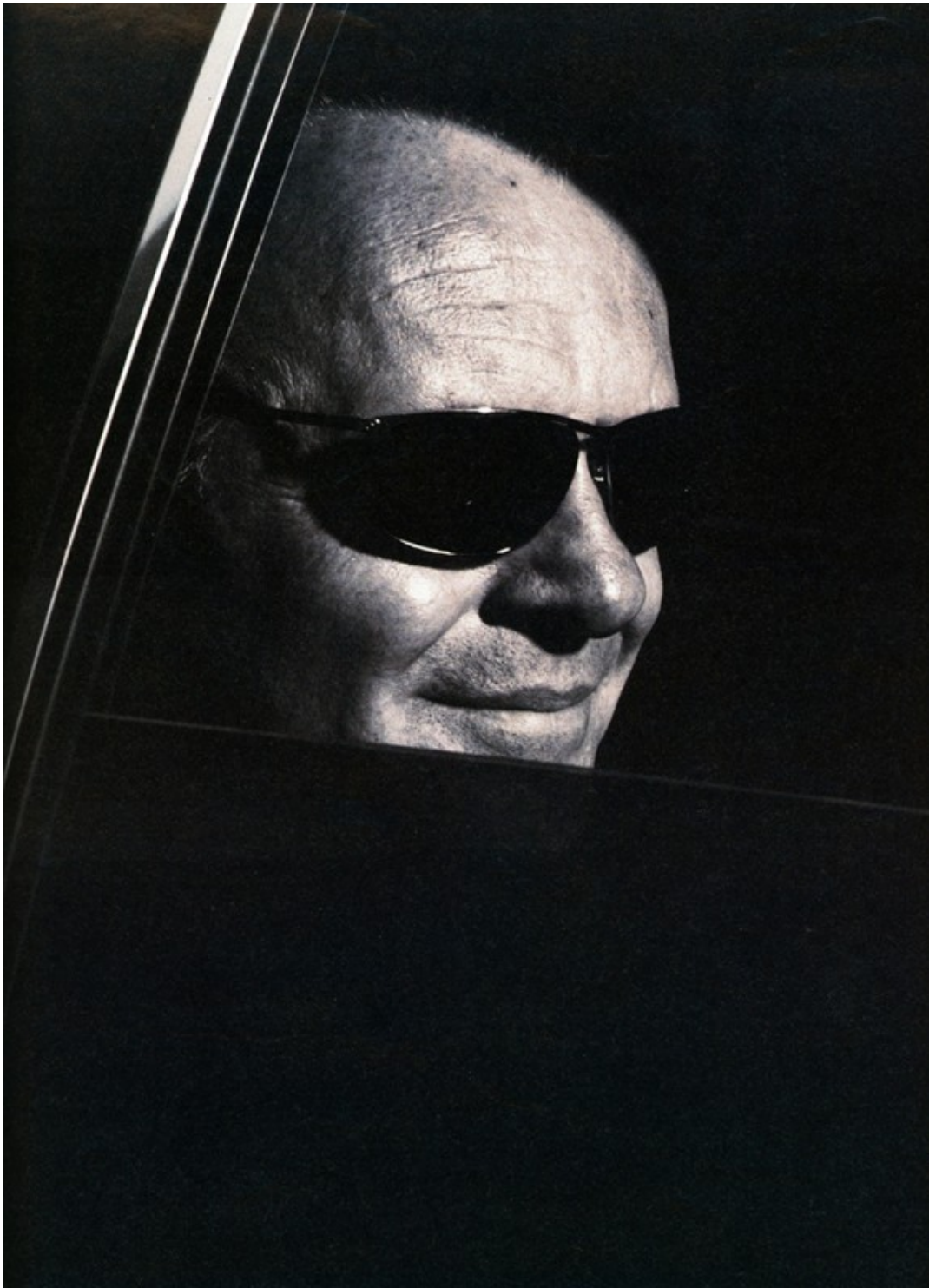
★  
wool suit \$1,795  
john varvatos  
shirt \$230 band of  
outsiders, glasses  
mesco®  
where to buy it?  
go to [go.com/go/fashiondirectories](http://go.com/go/fashiondirectories)

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02.2010  
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