







Amy Lu

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What are you preparing for and what upon goals grain for this year? We've got wo relays coming up next month in the Bah mas. I'm going to go down to a camp Florida with the relay guys and we've got ing to prepare for that. After that I'll st running at the diamond league circ. One of my goals is I want to break t Canadian record in the 100-meter. The I'll get ready for the world champions! in Lendon and try to bring home a go That's what I want to do.

You really have that record on your mind,

sitting at his mother's house are or silver and two bronze medals from th Olympic Games, and August's worl track and field championships in Londo represent an opportunity to add anothe

lo view Andre De Grasse's profile: slympic.ca'team-canada'andre-de-grasse/ WANT
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