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On Fukunaga: Double-breasted cotton jacket (\$2,600) by Bottega Veneta; cotton shirt (\$1,200) by Ermenegildo Zegna Couture; silk trousers (\$385) by Dolce & Gabbana; leather shoes (\$275) by Johnston & Murphy.

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This page, on Alexis Ohanian: Double-breasted wool suit (\$3,950), cotton shirt (\$600), and silk tie (\$275) by Louis Vuitton; steel Monaco chronograph (\$6,500) by TAG Heuer. Opposite, on Cary Fukunaga: Two-button mohair jacket (\$3,090), mohair trousers (\$1,330), and leather shoes by Prada; cotton shirt (\$275) by Rag & Bone.

QUIRE STYLE

THIS ONE'S ON US

HERE'S TO A FEW GUYS WHO'VE HAD A GREAT YEAR—
VISIONARIES, HELL-RAISERS, AND BIG THINKERS—
WHO TOOK A BREATH FROM THEIR BREAKTHROUGH YEAR TO JOIN US AT A FEW OF
OUR FAVORITE BARS
TO CELEBRATE 2014 IN STYLE

PHOTOGRAPHS BY AARON RICHTER

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SHIFT INTO TOP GEAR

If your commute leaves you looking unkempt, try these new essentials meant to help every man go the distance.



The Bike Commute

More people are pedaling to work these days—about 6 percent of the population, the U.S. Census Bureau reports. These three upgrades, featuring breathable, water-resistant fabrics, will prevent the CEO from mistaking you for the pizza delivery guy.

1/ YOUR JACKET

Stay dry in spring drizzle with a lightweight nylon windbreaker. Bonus: The bright madras pattern makes it less likely you'll wind up as somebody's hood ornament.

2/ YOUR SHIRT

This polo is a bicycle commuter's best friend. Shoulder vents help air circulate, and lightweight merino wool keeps you classy. Stash your wallet in the rear zip pocket.

3/ YOUR PANTS

Stretch cotton helps keep you from overheating as you climb hills, and the fabric's finish repels water and dirt. A flip of the cuff reveals reflective taped seams.

BE READY TO ROLL

SOMETIMES IT'S TOUGH TO LOOK AS GOOD IN THE OFFICE AS YOU DID WHEN YOU FIRST LEFT THE HOUSE. Problems inevitably arise en route—you're sitting in a car, crammed into a bus, pedaling a bike. And that's bad news: A disheveled appearance could put a wrinkle in your career prospects, a study by the Center for Talent Innovation found. In fact, three out of four execs said that noticeable apparel blunders, the kind that can happen in transit, detract from a man's "executive presence." A polished look, on the other hand, "shows that you respect yourself and the people you're interacting with," says Mark Stephanz, a vice chairman at Bank of America Merrill Lynch. Try these options designed for men on the move.

IZOD JACKET, \$68
GIRO NEW ROAD SHIRT, \$120
LEVI'S COMMUTER PANTS, \$88
GIRO SHOES, \$150; HELMET, \$175
GOLD TOE SOCKS, \$17

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The Train or Plane Commute

Being well put together could pay off: A recent study in *PLoS One* found that observers need only a quarter of a second to assess your competence, likability, and attractiveness based on your appearance. Here's how to guarantee that they'll like what they see.

1/ YOUR JACKET

This knit cotton blazer feels more like your favorite sweatshirt. Roll it up or wear it all day; it won't wrinkle. The versatile gray works with everything from khakis to jeans, and interior zippered pockets are perfect for your wallet, passport, and other can't-lose items.

2/ YOUR TIE

Here's a hidden extra: On the reverse side of this tie is a convenient microfiber panel perfect for buffing smudges from your shades and smartphone screen.

3/ YOUR PANTS

Heading to the office after your flight? Ditch the cotton chinos for lightweight wool or stretch denim. Better yet, these wrinkle-free polyester trousers look like wool and feel as comfortable as a natural fiber. Even after a red-eye, you'll hit the street looking freshly pressed.

VAN HEUSEN SPORT COAT
\$149; SHIRT, \$45; TIE, \$36
IZOD PANTS, \$60
COLE HAAN SHOES, \$248
THE TIE BAR TIE BAR, \$15
MAURICE LACROIX
WATCH, \$4,800
RIMOWA SUITCASE, \$525



PUT YOUR LIFE ON AUTO

So you don't have a full-time personal assistant? The next best thing might be the Web service IFTTT (If This Then That). The site links your travel, social media, and e-mail apps into a simple interface that lets you easily set up a series of simple triggers and actions. Here's how it works: Want a text if your flight is running late? Put "My flight is delayed" in the "This" category and "Send me a text message" into "That." Always ducking for cover because you never check the weather? IFTTT can message you when a cloudburst is on the way. Now IFTT could only fetch your coffee...

IFTTT.COM. FREE

Styling: Brian Berk, grooming: Katie Pellegrino/Creative Agency, set design: Richer, Owins/InStyle Resources, illustrations by NICHOLAS BEECHMAN

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The Car Commute

More than 86 percent of us drive to work, and our average commute lasts 15 to 19 minutes. That's plenty of time to muss up your look. These upgrades, which use fabrics designed to move without wrinkling, take their cue from athletic apparel, but they're really all business.

1/ YOUR SHIRT

The four-way stretch is great, but it's this shirt's wicking properties that'll save your skin—literally. Unlike cotton, which leaves you feeling clammy when you perspire, this fabric moves moisture away from your skin. So if you're sweating that presentation, the group will never know it.

2/ YOUR PANTS

The cotton twill fabric is blended with 3 percent Lycra to give these pants extra mobility—a bonus whether you're driving to work or biking it. The slim-fit design also features a side zip pocket to keep keys and coins from showering the pavement.

3/ YOUR SOCKS

Socks made from synthetic blends, like those containing nylon and polyester, effectively wick away sweat, and spandex can conform to any size foot.

- **MIZZEN+MAIN** SHIRT, \$125
- **GIRO NEW ROAD** PANTS, \$100
- **GOLD TOE** SOCKS, \$17
- **MARTIN DINGMAN**
- **COUNTRYWEAR** SHOES, \$285
- **GENTRY** TIE, \$85
- **THE TIE BAR** TIE BAR, \$15
- **MAURICE LACROIX**
- **WATCH**, \$4,800

PARK AND THRIVE



NO PHONE LEFT BEHIND

It's your worst transit nightmare: putting your pockets and realizing, as your heart skips a beat, that your cellphone is missing in action. Tumi's smart key fob eliminates that anxiety forever. If you wander too far from your phone, the tiny Bluetooth-enabled device flashes and beeps until you hastily pull a 180. The fob also lets you answer incoming calls with a single touch, and the built-in speaker and microphone allow you to keep yakking within 30 feet of your phone.

- **TUMI**, \$145



Want to buy these items? See page 159.

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Style • Grooming



Unexpected patterns are great for special occasions that call for a memorable look.



Style 911 Finding His Strong Suit

With his wedding day approaching, Joey Coppedge needed a new look, fast. So we took him shopping.

By Brian Boyle, men's advice columnist and grooming expert



His Problem

Joey Coppedge didn't need to write "drop 10 pounds" on his wedding to-do list. As a SoulCycle instructor in New York City, Joey, 29, works out for a living, so he's in peak physical condition. But after he proposed to his partner, Lucio, he agonized about what to wear at his nuptials. For two years he'd worn gym clothes to work every day. "My biggest worry was how to show that my personality and style had matured," he said. But he also wanted to keep his look fresh.



My Plan

First I got the details of Joey's August wedding. The venue for the evening event would be an urban rooftop, so the usual rules for a formal indoor affair didn't apply. His style was "classic with flair." He said he loved getting dressed up but didn't have much opportunity to do it. We decided to go classic but with a twist to show his individual style. He wasn't afraid of color and liked the flashy style of Jon Batiste, the musical director on *The Late Show with Stephen Colbert*. I quickly devised a plan.



Our Shopping

At the Bloomingdale's flagship store in Manhattan, I showed Joey a few suits I'd selected. I saved the best for last, and he bit: A classic blue suit—but with polka dots. I added a textured covered-placket shirt and a satin bow tie to honor the special occasion. Because he's in such great shape, we had a tailor make the pants slimmer and take in the body of the jacket so it hugged his torso. The fun aspect of the polka dots made adapting his outfit for the afterparty easy; the suit paired perfectly with a cool white T-shirt and sneakers. A week later, with the alterations complete, Joey surveyed himself in a full-length mirror. "I'm getting married," he said, "and I feel like a man in this."

See video of Joey's look on Men'sHealth.com/style, and share your style emergency on Instagram or Twitter @BrianBoyle.

Ford Smith suit, \$1,200; Verdama shirt, \$170; The Tie Bar tie, \$18; Cole Haan shoes, \$230

86 Men'sHealth.com July/August 2016

PHOTOGRAPHS BY AARON RICHTER

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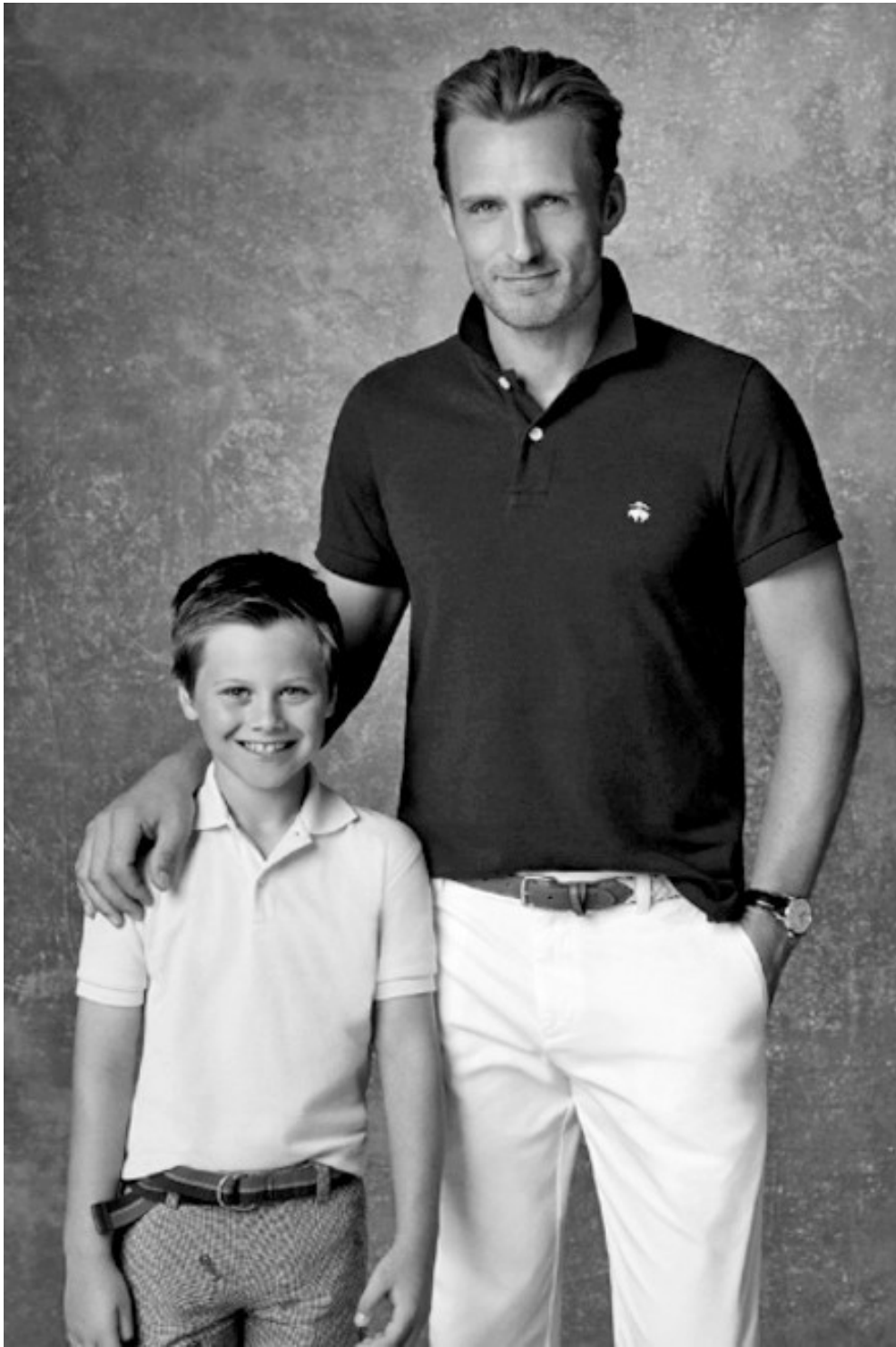
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"TERRY WAS
GOING TO MAKE
ANYTHING YOU
DID LOOK
GOOD."



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