

# Art Department



Shawnelle Prestidge

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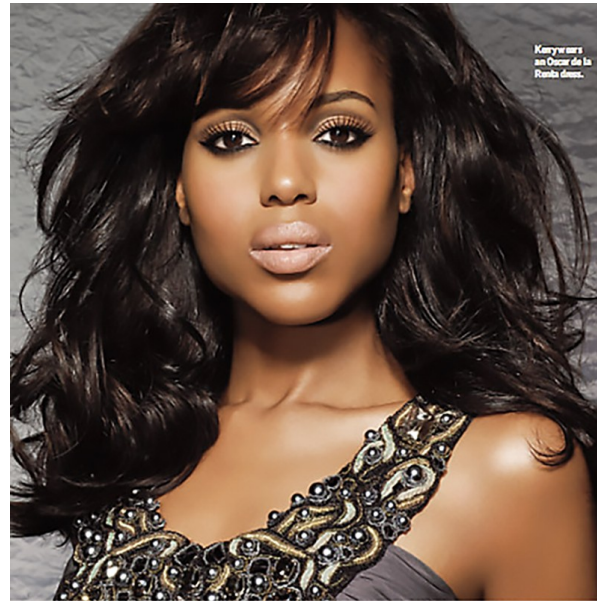
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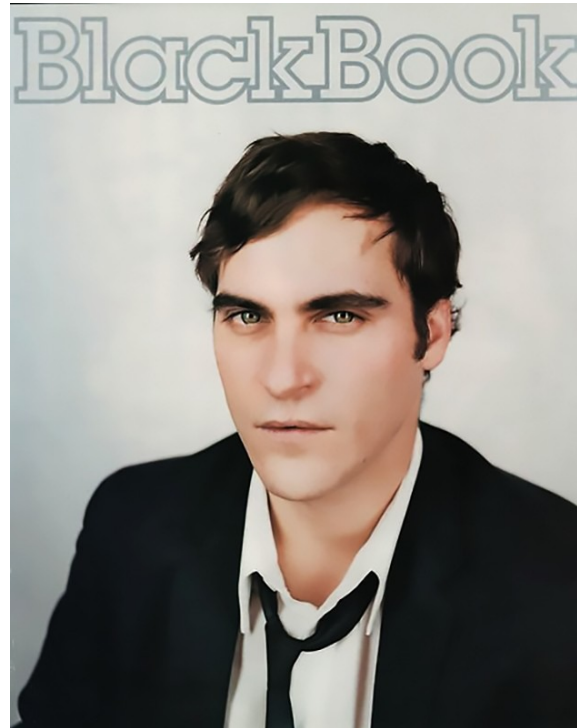
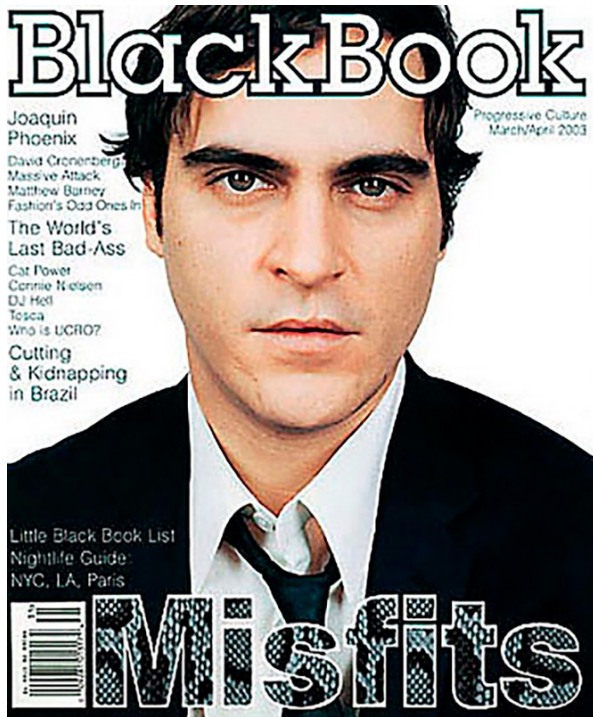
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## 6 soul survivor

By Rebecca Klein Image by Eric Fischer

Tricia Helfer is absolutely famished. She would kill for a bran muffin. Or even a raisin muffin. As long as it's not a sugary tort, she'll be fine. Tricia has been on a train from Woodstock since 6 AM to get to shoot Digital (an airy loft space in Manhattan's NoLiTa) for her first shoot for Vellum. The journey from Woodstock (where her impending nuptial to her entertainment attorney fiancé will occur) was an arduous one. And the last two weeks have been a blur of press interviews, photo shoots, and, of course, wedding planning. So when the stylist ruins by offering food, Tricia is ecstatic. Her flawless face faintly beams with unadulterated joy. And that's quite a sight to behold. Tricia is one of those women that virtually cowers whiplash on the street, impossibly tall, thin, and gorgeous, everyone recognizes her—they just know they've seen her somewhere, but can't quite place her. But all that's about to change. With two movies in the horizon and her own epic mini-series on cable, Tricia is poised to become, for the second time in her career, the next Big Thing.



Tricia Helfer for Vellum



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**BURNER**

## ALMOST FAMOUS

**CHERISH**  
FOUR ATLANTA SISTERS WITH A BIG R&B HIT TEACH THE WHOLE WORLD HOW TO SWAG  
BY ADAM BELL  
PHOTOGRAPHY BY ERIC FREDERIK

**HERE'S A FUN GAME.** Ask the four sisters in the shot what their favorite game is to play, then try not to laugh as they lead the "Proop Army."

They're actually talking about the "Proop Parade," the party they host every year in the South. It's a corporate-free dance to figure out how the future is going to come out of the Atlanta clubs—a slight shake of the hip, an emphatic snap of the fingers on the downbeat and a big, mostly popular among guys, too, to dance.

If you're intrigued, then Cherish—Parish.

22, Meshia, 25, and Fallon and Foliha, 18, have done their duty as self-appointed swag ambassadors. There's a lot of rapping going on, too. "Folliha says, referring to some rapped lyrics by Dem Franchize Boyz and O.G., 'but we're doing it for the girls.'"

Cherish has been waiting for a big break since they were freshmen at Morehouse College. "When we were 6, 8 and 10 we opened up for the DeLanceys," Foliha recalls. Shown up by their father—a former child singer turned manager who would make them rehearse four hours a day, seven days a week—Cherish

leapt from one deal to another, working with Usher and Arminie Dupuis along the way. They finally wound up in producer Jesse Itzler's camp, and this summer released "Do It to It," a single that combines sultry R&B with cinematic bounce.

"We're doing a lot of harmony, and a lot of vocal ability, because we're originals. But," Meshia says, "bringing that Doz B Men 'sole boss'."

It all the girls are also jokers, making their words as they own. "If you can't write your own music," Fallon says, "it's a lie."

[www.fox.com](http://www.fox.com)

**ALL ABOUT US!**

**FAVORITE TV SHOW**  
As a whole, Meshia and Fallon like *Friday*.

**RECOMMENDED READING**  
The *White Book*. It's a math story, not the music.

**FAVORITE ATLANTA GIBB HOLE**  
The all-mountain hole at Deer Creek for its view of the city.

"IF YOU DON'T WRITE YOUR OWN MUSIC, IT'S A LIE."

**saturday night's all right** (one week behind the)

James Van Der Beek  
Amy Poehler  
Fred Armisen  
Andy Samberg

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the scenes with SNL)

by clark collis

photographs by gavin bond

Samuel L. Jackson  
Sean Penn  
Bill Hader

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