

Art Department



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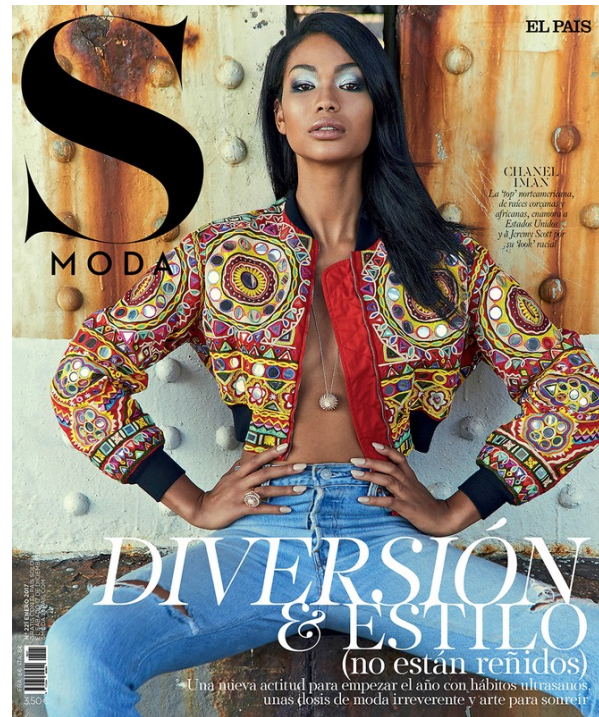
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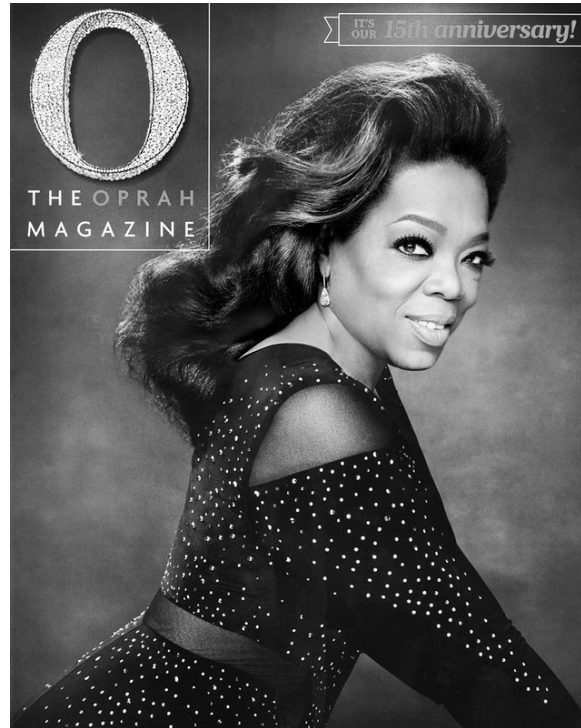
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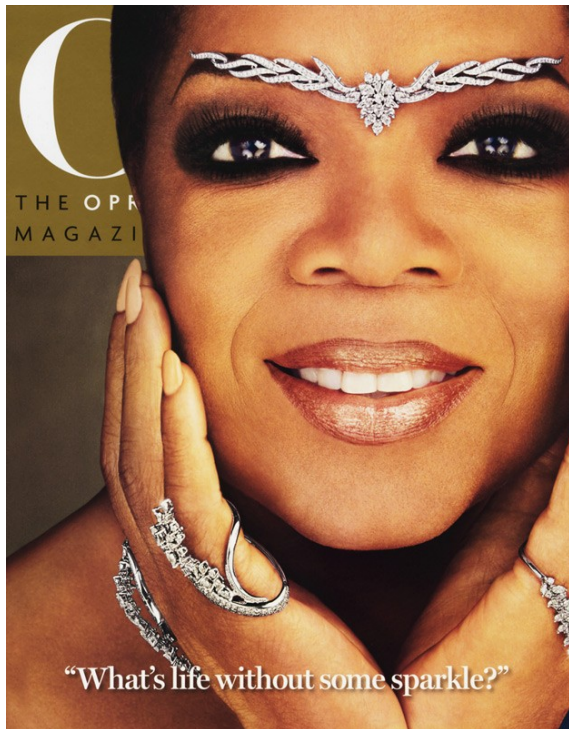
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THE OPRAH
MAGAZINE

No Looking Back!

"If you're blessed enough to grow older, there's so much wisdom to be gained from celebrating the process with vibrancy and vigor and grace."
—Oprah

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Looking to Boost Your Energy, Focus, Mood?
There's a snack for that!

Want to Get Gorgeous?
Your chance to win more than \$1,400 worth of lotions, potions & beauty products galore

Did Suze Orman Marry for Love or Money?
How about both!

20 Questions Every Woman Should Ask Herself Today!
And the answers that guarantee a little more wisdom and a lot more joy

When Is It OK to Lie?
The truth, pg. 43

DOES BMI=TM?
The newest thinking on weight, size, and shape, pg. 88

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O's Guide to Loving the One You're With
Fix your relationship by dinnertime!

Getting Out of Your Own Way
A remarkably simple 3-step plan

How to Feel So Much Better!
Surprising, slightly strange, highly effective ways to get body & soul in perfect working order

Heaven Is a Place on Earth
And Rob Bell wants to take you there

Reality Check in Aisle Five
Decoding your food labels

Shoes! Shoes! Shoes!
Sarah Jessica Parker designed them, Gayle King falls head over heels (and you will, too)

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OPRAH'S BOOK CLUB 2.0
She's Found a Powerful New Novel—Prepare to Be Inspired!

Take Our Diet Quiz!
From Snack Bar to Salad Bar, Can You Pick the Healthiest Options?

Oprah's Foolproof Stress Cure
pg. 130

MAKE 2014
Your Year to Shine!
Brighten Everything from Your Mood to Your Style, One Easy Tweak at a Time

The Secret to a Great Makeover
How to Make Changes That Actually Stick

The Case for Goofing Off...
Why Play Really Pays

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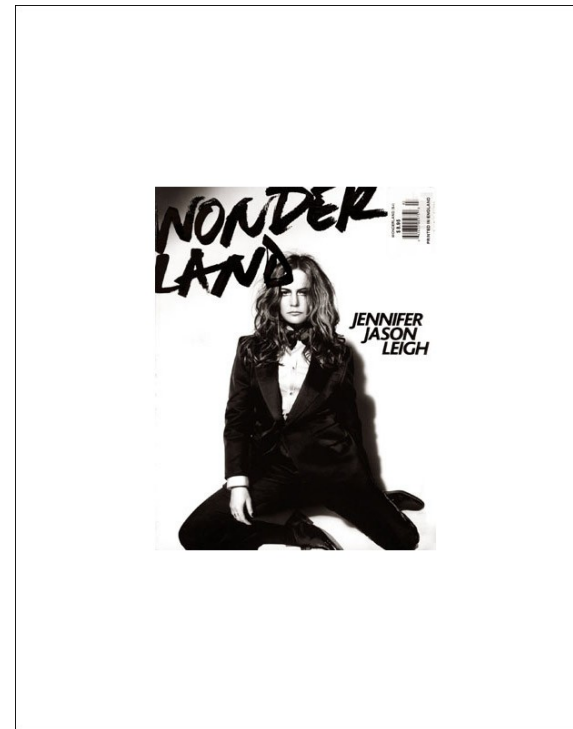
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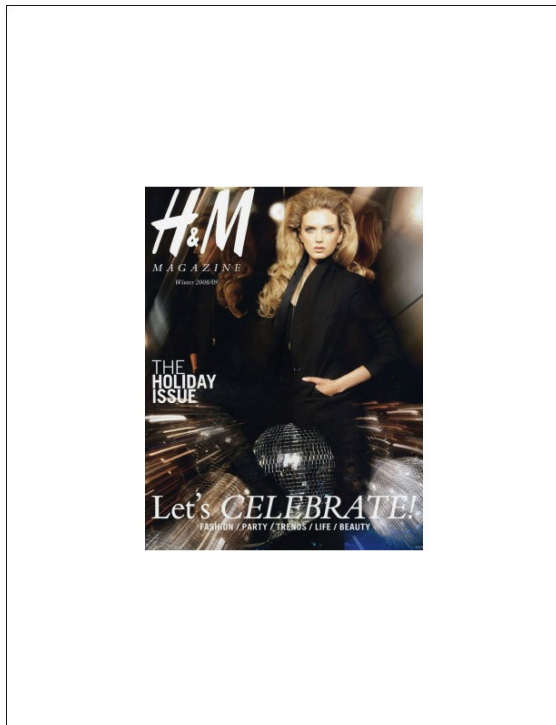
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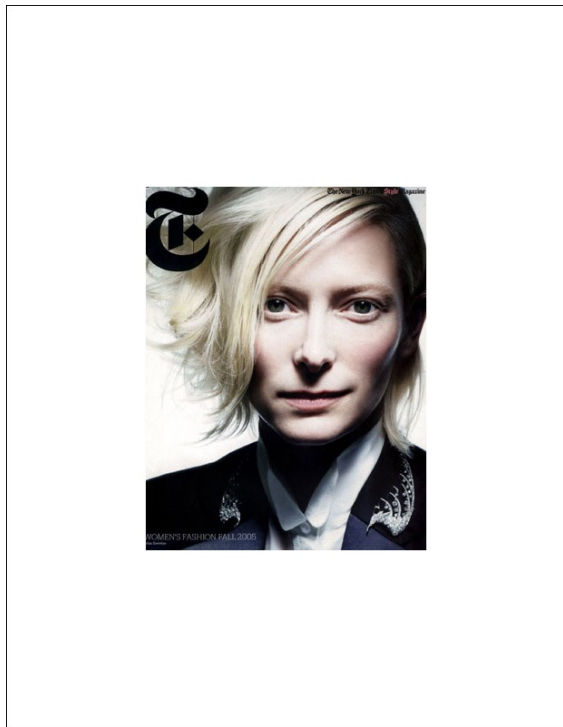
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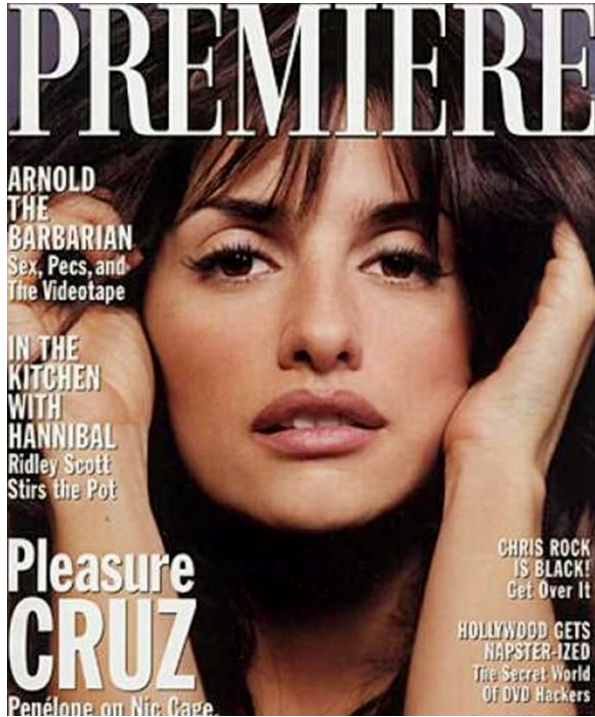
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