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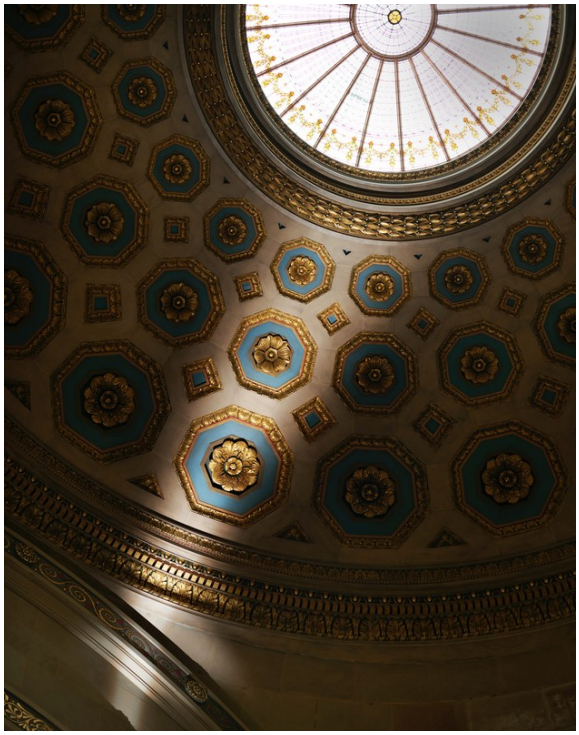

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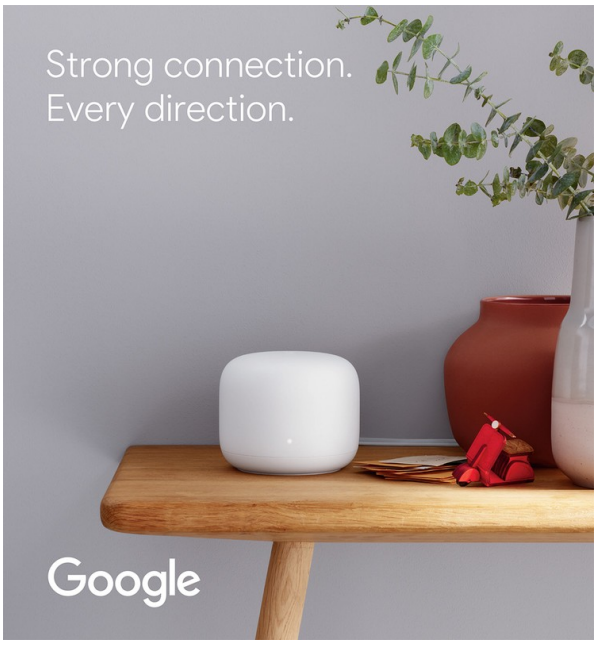

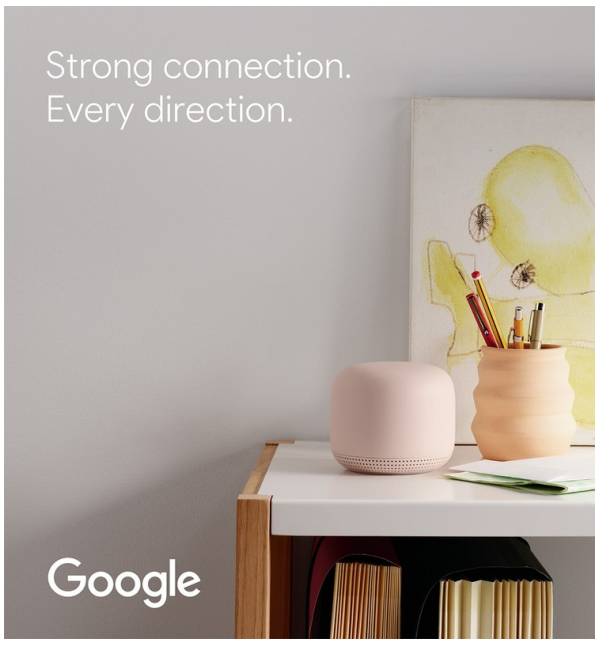

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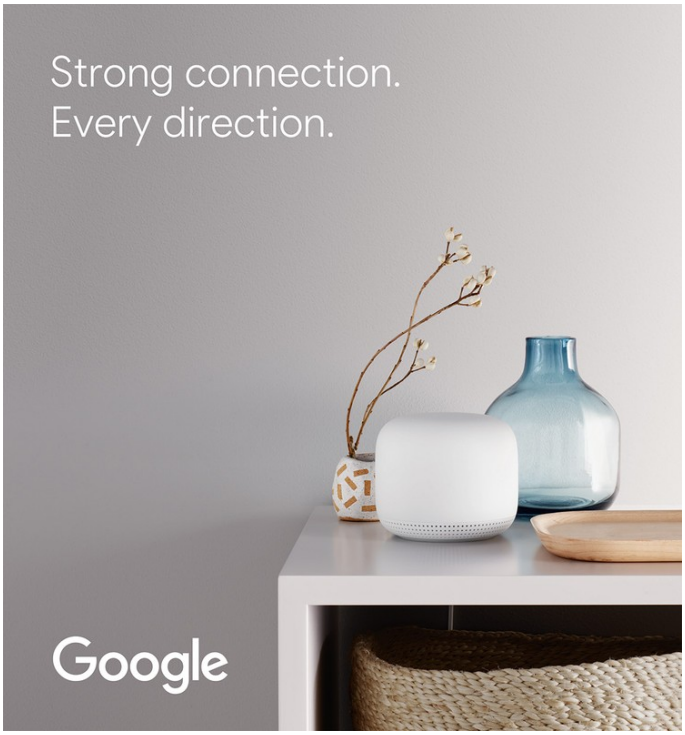

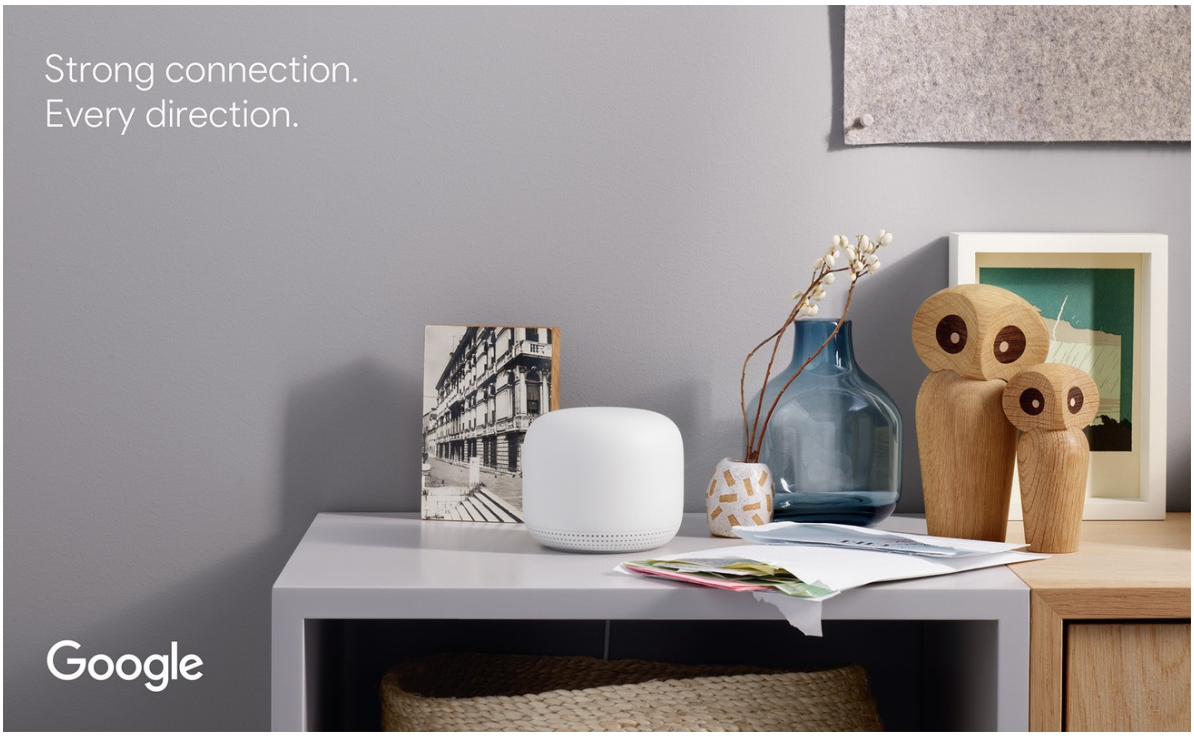

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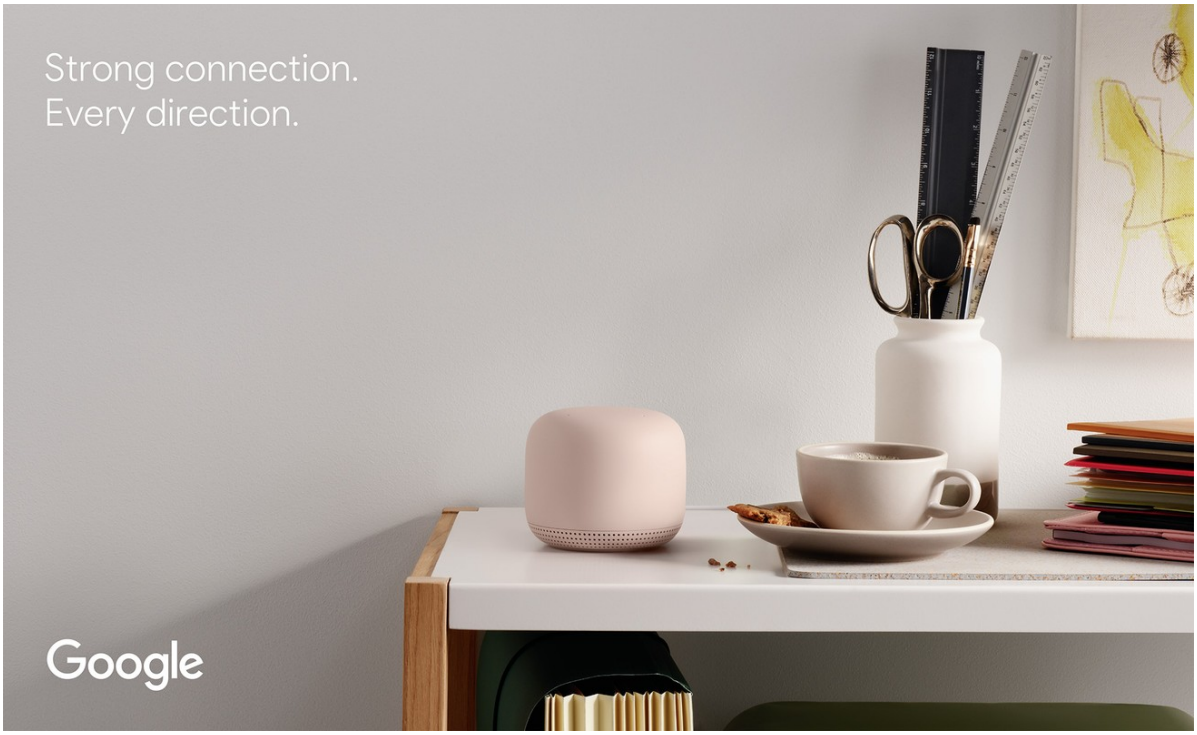

TURN YOUR TUB INTO A SANCTUARY

Finding the time to take a bath is, one, a total luxury and, two, something we totally encourage you to do. Here, everything you need to calm your mind and pamper your skin.

By HEATHER MUIR MAFFEI
Photographs by MATTHEW WILLIAMS

BATH BOMB VIDEOS are trending, sales of bath salts are through the roof, and plumbing contractors have been installing more bathtubs than ever. So what's with all the bath buzz? Maybe we all need a break. While we traditionally arm you with tips to get out the door faster, we also empower you to press pause, put down your phone, and slip into your own little sanctuary. Bath offerings have come a long way since basic bubble (wait until you hear about a bath buff) and leave you with benefits beyond feeling Zen (though that's a nice mental boost). Team antibath? Don't worry: Most of these skin-softening treats work in the shower too.

TO BUY: Iron Works Historic freestanding bath, $4,409, with ball-and-claw feet, $900; us.kohler.com. Kelsten floor-mount bath filler with handshower in oil-rubbed bronze, $1,834; us.kohler.com. Jacquard-weave bath sheet, $18; hm.com. Marble Occasional Table, $278; michelevarian.com. Wallpaper: Schumacher Birds & Butterflies Multi on White, $195 per roll; decoratorsbest.com.

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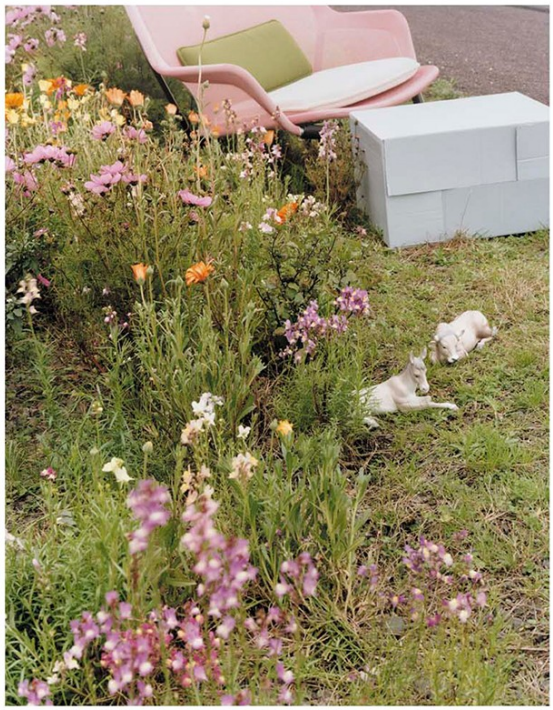

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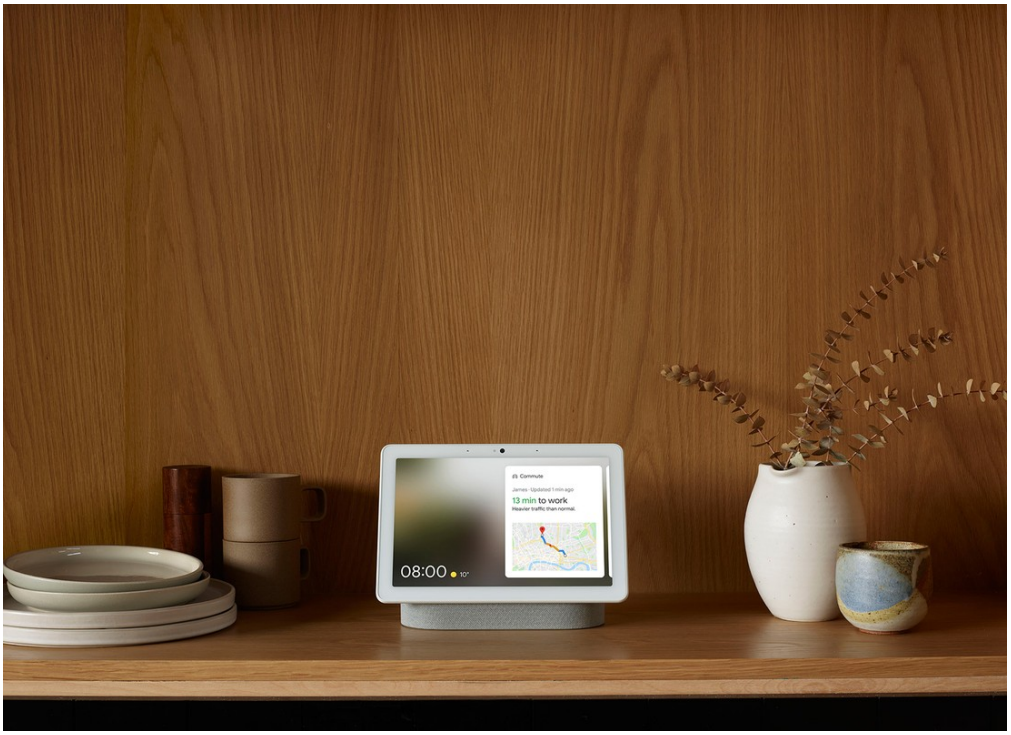

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