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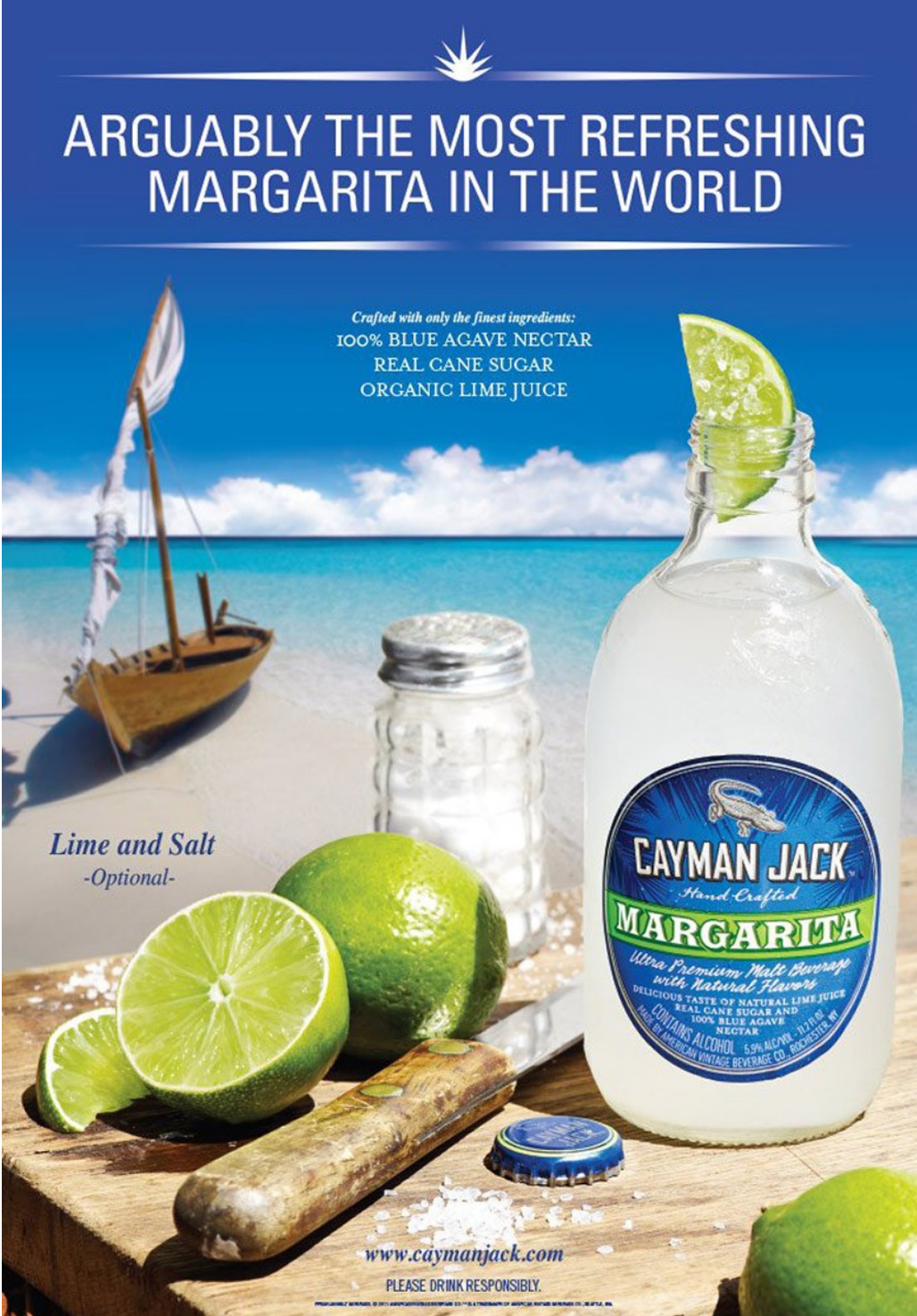
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Lime and Salt
-Optional-

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100% BLUE AGAVE
NECTAR
CONTAINS ALCOHOL 5.9% ALC/VOL 12.1% ALC/WGT
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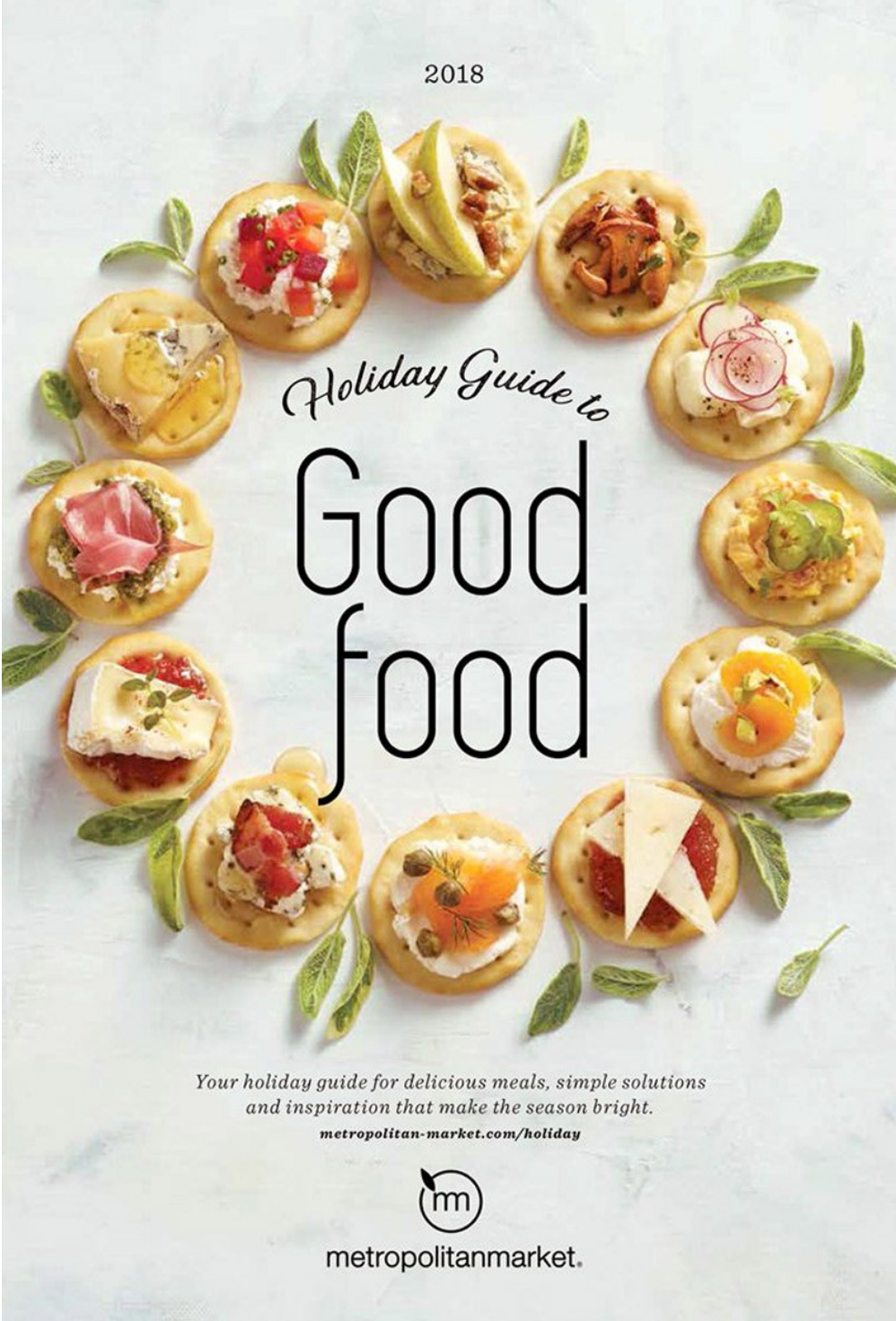
DUNGENESS CRAB CAKES

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2018



Holiday Guide to
**Good
food**

*Your holiday guide for delicious meals, simple solutions
and inspiration that make the season bright.*
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HOLIDAY GUIDE
PAGE
22
From the Butcher

Butcher's Block

When special occasions roll around, Met Market customers depend on our expert butchers — like Brian from our West Seattle store — to make things easier. This year, take home beautifully trimmed meats that make a statement. Think: Aged beef, a gorgeous ham, or a crown roast of pork. Advice is free.

“ME MOMENT”
Your New BFF
Don't wait until Christmas Eve to get to know your butcher. Say hello today (they're friendly, we promise), and you'll have a friend waiting when the holidays come.

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Welcome

Holidays are supposed to be a joy. Which is why this year, Met Market is ready to help you spend exactly as much energy as you want – or to do it all for you. Start the season slowly, with coffee and a treat for yourself. Then use this year's guide to plan it all: Learn how to ace gift exchanges with easy, last-minute gifts, which lovely bottle of wine will get you invited back, and what to serve on the in-between-holidays days. You do you. We'll do the rest, so you can be your best holiday self.

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From the Farm

ON THE COVER:
Make apps easy and fun with Crackers and colorful toppers.

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