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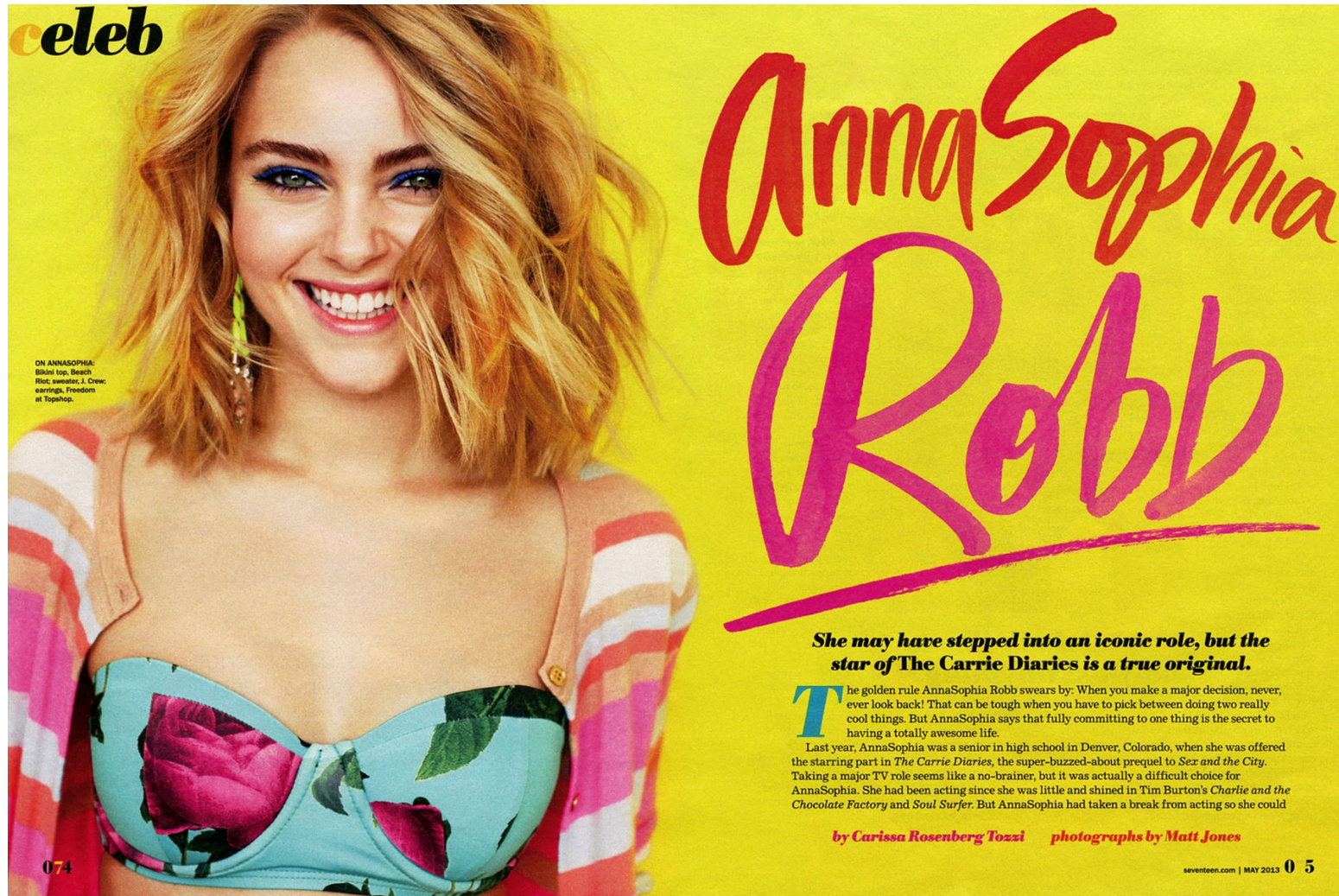
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ON ANNASOPHIA:
Mesh top,
American Eagle
Outfitters; bikini
top, Esther
Williams; shorts,
Peter Som; ring,
Circa 63; necklace
Tory Burch.

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ON ANNASOPHIA:
Bikini top,
BCBGeneration; skirt,
Milly; necklace, Lulu
Frost; silver bangle,
Ben-Amun; green
bracelet, Matt Bernson;
chain cuff, Courtney
Lee Collection.



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CLEAR SKIN

The best beauty tips can come from unlikely sources: **"I get eczema on my arms, and my acupuncturist said to put vegetable shortening, like Crisco, on it.** I tried it for a week and the eczema went away. Another time, I had a breakout, so my memaw applied a paste of crushed uncoated aspirin and water. Fifteen minutes later it had shrunk. Swear."

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classic GETS COOL

Looking refined and hip has never been easier, thanks to timeless shapes updated with hot-now graphics and kicky colors. Actress **Emmy Rossum** shows how to make it all work.

Photographs by
Coliena Rentmeester

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CHICINA SNAP

Want to look office-friendly but not too-hum? Invest in a shift dress embellished by a witty design, which signals you're on trend. (This cross-kicks-the-two-plikas—it does the marching for you. What on your own, wear a carker shade on bottom; it's kind to your curves.) With a catch (it's classic and colors this traditional, you can feel free to choose a strong print. That's got our vocal Dress, Mily, \$275. Earrings, Sandy Hyan, \$20. T-shirt in one hand, Kati Space New York, \$248.

OPPOSITE PAGE BREAK A PATTERN

A striped (or dotted or plaid) overall has an everlasting appeal, but its surprising color combos, such as salmon pink and black—It's instantly contemporary. Two clearly pearls for a hefty double machine, which lends whimsy to a pretty outfit. Sweater, \$295, and dress, \$350. Rebecca Taylor. Necklace, \$100. Jay Leno, \$75. Belt, Skinny by Jansica Ello, \$60. Fashion director, Ryan Metzner.

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UNTIL last year, no one would have described Emmy Rossum as shameless. An archetypal beauty, yes. Rossum bounded into the spotlight in 2004 as the sweet-voiced Christine in the big-screen version of *The Phantom of the Opera*. Last winter, the actress, 25, shucked her refined reputation to play Fiona in *Shameless*, the nervy Showtime drama. It's no delicate role: She sweats, she seduces, she scores. (Her sex scenes are racy, even for the fearless cable network.) In short, the girl's got spunk, making her a natural to model this season's classic-with-a-twist fashions. "I had so much fun in these clothes—they're feminine with an edge." As for taking fashion risks, Rossum's all for it. "It's liberating to mix it up, pairing stripes with florals or wearing two brights together. It makes your style unique. And it's not like cutting your hair; you can always take the sweater off!" With these fun styles, though, who would want to?

GET IN LINES

Generous bands in vibrant colors swirl for the fall of heart, but, boy, do they add oomph to a suit. Just what you need for statement-making moments, such as toasting a new job. And don't worry: The horizontal stripes seldom A study from York University in England debunks the claim—they may even be the fabric that you're called. Coat, \$85.0 and skirt, \$35.0. Suits by Gault by Gault, \$160.0. Shirt, \$45.0. Ring, \$125.0. Scarf, \$35.0.



GO WILD

Worn separately, a lush botanical T-shirt and a bold striped skirt each play up your vibrant personality. Couple them up and you're a visionary! Note to risk takers: Make sure two striking pieces share similar tones (green and blue unify the pieces here) so the pairing doesn't look accidental. Top, \$385, and skirt, \$1,125. Stella McCarney. Necklace, Josselliani, \$758. Cuffs (from left), \$1,245 and \$935. Barbie Biscornini. Shoes, Roger Vivier, \$475.

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SHORT OF IT

Bright ideas: shorts that show off the season's neon trend are still keeping you looking like a lady with vintage details like a scalloped hemline and a flatterer: flared out. And, yes, you can wear shorts after sunset—in a monochromatic slip-on shirt with a tuxedo cut the gloves you can still an evening wear all. Boldly touches such as pearl-like buttons and puff sleeves rescue a shirt from govtville—it's all yours! Shorts, J.Crew, \$58; Top, Kate Spade New York, \$295; Necklace, \$118; and unlined bangles, \$23 and \$35; Scarf, Geometric bangles, Kenneth Jay Lane, \$120; Belt, Louis, \$48

BEAUTY NOTE

Take a break from vampy lips: Smooth on Maybelline New York SuperStay 48 HD Lipstick in Ravishing Rouge, \$5, for a sweet, flirty kiss.



Pleats are back but with pumped-up **PERSONALITY.** Hot colors and tricked-out tucks let you be sweet and sexy.

KNOW WHEN TO FOLD 'EM

It's the little black dress, reimagined for today: The costume makeover: interesting fabric and modern color—check out the psychological peeking out from the folds. To ensure your 1950's long-sleeve look for cuts that are simple (like the Honey Shuga here) and retro touches like pleats that have staying power. With all these elements, your dress is glam enough for nights out, comfy enough for weekend fun. OK, so you wouldn't wear this to wash your car, but it makes for a fun photo. Dress, \$4,000; and cardigan, \$2,245; Louis Vuitton: Glasses, Dior, \$295; Earrings, Sophie Rain Jewelry, \$50; Watch, Swatch, \$30; Bracelet, Artime Hours, \$290; Shoes, Manolo Blahnik, \$750

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ALL DOLLY'D UP

Every girl should have a tunic in her fashion arsenal. It's easy enough to hire trouble spots but not so easy to find a tunic that fits. Don't in fact—the season's favorite material—the classic cut is totally new. Today's tunic is a mix of graphic, all-over patterns or trimmings, with patterns or graphics, all over or below. Match it with bright or dark solids, which best show off the design. Top, \$425, and pants, \$215, by Burberry. Glasses, Norma Kamali, \$230. Bracelet, L.K. Plunk, \$200. Bag, Marc Jacobs, \$1,495. Photo, Nivetha Unnikrishnan, \$30

BEAUTY NOTE

It's all about flash fashion-forward with hair. Hair, Neil Patrick, \$10, in Warwick Way.



ROOM TO BLOOM

Let yourself blossom by embracing the season's floral trend. But how to do it subtly without looking like a bouquet? Mix small and large prints—a subtle case of tiny or big is overkill. Gingham avoids looking old-fashioned or dated. Or, go for a more stream with delicate petals. Shirt, Amie Boule, \$225. Skirt, Marc Jacobs, \$350.

Hair, David Cox for Reckon; makeup, Jenna Menard for Clinique; set designer, Abraham Latham. See Get It Girls. Text by S. Joannia Rubledo

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SELF

FLAT ABS ASAP!
One Simple Secret p.83

Fun Sex Dares
Steam It Up Tonight!

Eat healthy and love it
Delicious Dinners
Chocolate Recipes
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"Safety" Advice That Kills Women

Shiny Hair
Tips p.62

"The yoga pose that changed my body"
Vampire Diaries'
Nina Dobrev

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THIS MONTH'S
GUARANTEE

**Exercise less,
still look hot!**

Yes! Do-anywhere toners;
slimming foods you'll
want to devour; super-sexy
beauty tricks.

Cover Stories

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 cover star

“The sexiest thing is to be smart.

Playing dumb might be

cute—for about five minutes,” says Nina Dobrev, star of The CW smash *The Vampire Diaries* and this fall’s *The Perks of Being a Wallflower*. Which tells you a lot about why we love this Bulgarian-born, Toronto-bred 23-year-old: She has a slammin’ bod, true (she grew up doing gymnastics and dance), but she also speaks three languages. “I was always asking questions as a kid, and I still try to know more, do more and be better. My mind is constantly racing. I want to open a yoga studio, direct someday and be in an action film, like Angelina Jolie!” Clearly, she’s driven, which has its consequences: “I have anxiety about things not getting done.” To deal with stress, she turns to yoga, chocolate and time with her costar and boyfriend, Ian Somerhalder. (Her Mr. Right test: “He has to be a happy person. You’ll laugh and enjoy life more.”) She’s got it figured out, so we’ve tapped her for the yoga move she swears changed her body, the best ways to stay inspired and the smartest shopping advice ever. —Erin Bried

“Six-pack abs? Not me.

I have a flat tummy, but I’m not rock hard. If I’m going to be in a bikini, I’ll train more and skip desserts for a couple of weeks. But usually, I work out to feel good.

“Exercising gives me endorphins and energy.

I do it four days a week. I Spin with Candice Accola and Claire Holt from the show. Running is my solo time; working my muscles outside in fresh air is therapeutic.

“Starving to be skinny isn’t my thing. When I don’t eat, it affects my mood! On-set, I fuel up with small meals and I’m always grabbing high-protein snacks, like almonds. Chal lattes with espresso also keep me going.”

22 Self.com November 2012

“We Are Young” by Fun is my go-to getting-ready song; Shirt, Zara. Shorts, Dylan George. Earrings, Miguel Asas. Turquoise stone bracelets, Vanessa Mooney. Thin bracelets, Chloe + Isabel. Belt, American Eagle Outfitters



SNAP TO WIN!
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PHOTOGRAPHS BY BEN WATTS

**Rose
BYRNE, 32**
BRIDESMAIDS ACTRESS

"The first person I remember thinking was beautiful was my mom. She never really wore much makeup, some Clinique powder and a bit of red lipstick. That concept of being natural has stuck with me and my sisters."

BEAUTY TIP "My skin is very sensitive—I get red really quickly—so I wear tinted SPF moisturizer sunscreen every day and I use rose hip oil. It's a lovely gentle oil to put on your face. It's noninflammatory, and it moisturizes as well. I also avoid eating anything too spicy."

120 May 7, 2012 PEOPLE

SKIN CARE: JENNA MENARD/ART DEPARTMENT; HAIR: JEFFREY M. JETTING; ROBERT TULLY; DENISE BERRY/24-7PHOTOGRAPHY.COM

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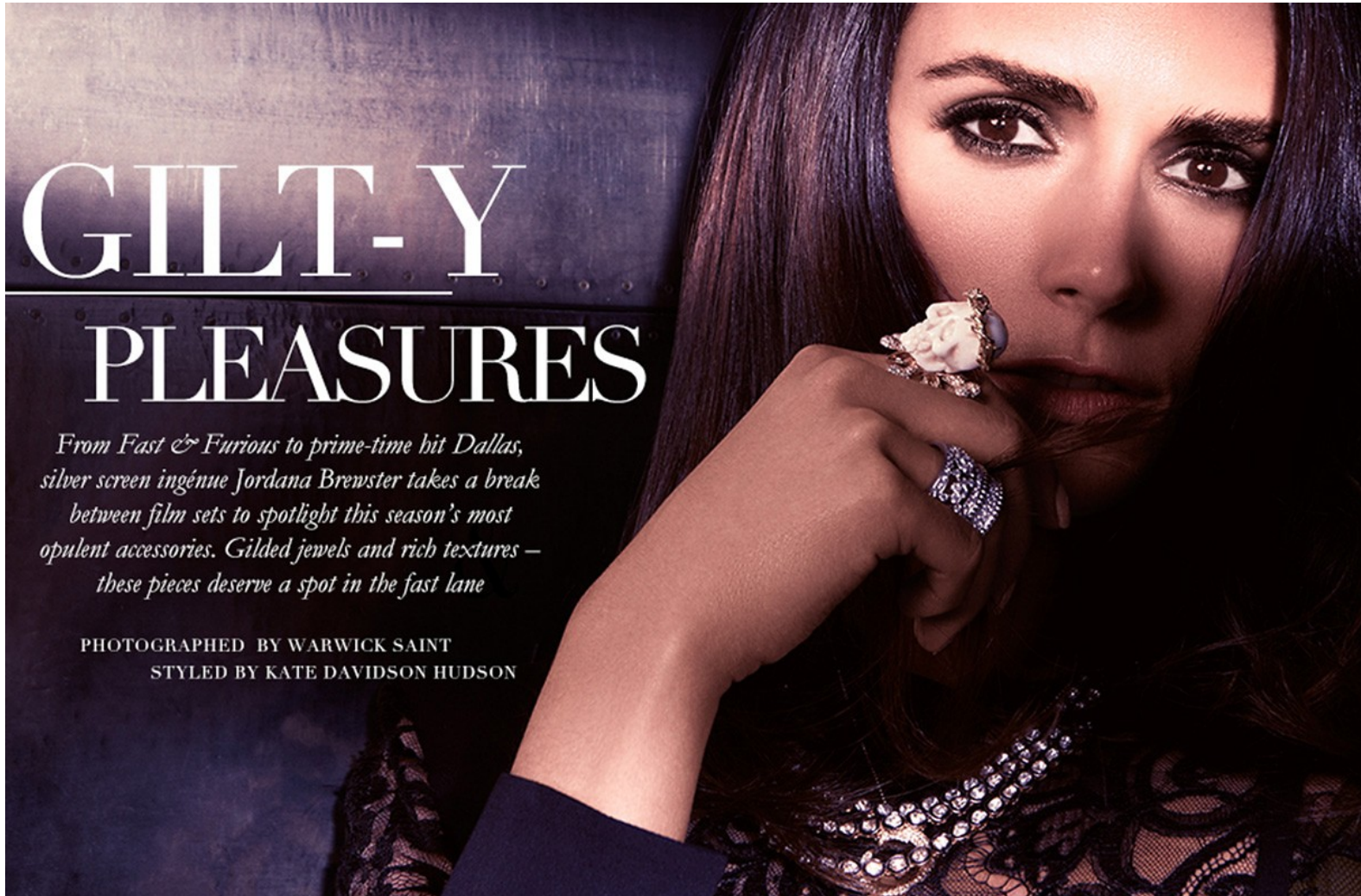
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GILT-Y PLEASURES

From Fast & Furious to prime-time hit Dallas, silver screen ingénue Jordana Brewster takes a break between film sets to spotlight this season's most opulent accessories. Gilded jewels and rich textures — these pieces deserve a spot in the fast lane

PHOTOGRAPHED BY WARWICK SAINT
STYLED BY KATE DAVIDSON HUDSON

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interview

KATE WINSLET CŒUR ET ÂME

Actrice magistrale, divine ambassadrice Lancôme, à 36 ans à peine, elle incarne le rêve. Mais cette Anglaise qui a décroché un oscar symbolise désormais aussi la générosité par son engagement auprès des enfants autistes. Rencontre exclusive avec une star hors norme.

Par Fabrice Gagnault. Photos James White.



JAMES WHITE/ARTMIX PHOTOGRAPHY
STYLISTE: ISABELLE LAUREN/THE WALL GROUP
COIFFURE: RENAUD CAMPORAT/THE WALL GROUP
MAKE UP: JENNA MENARD/ART DEPARTMENT
SOUTIEN-GORGE: CALVIN KLEIN, BOBEE DAVIS, K.
BRACELET: RITA & JO.

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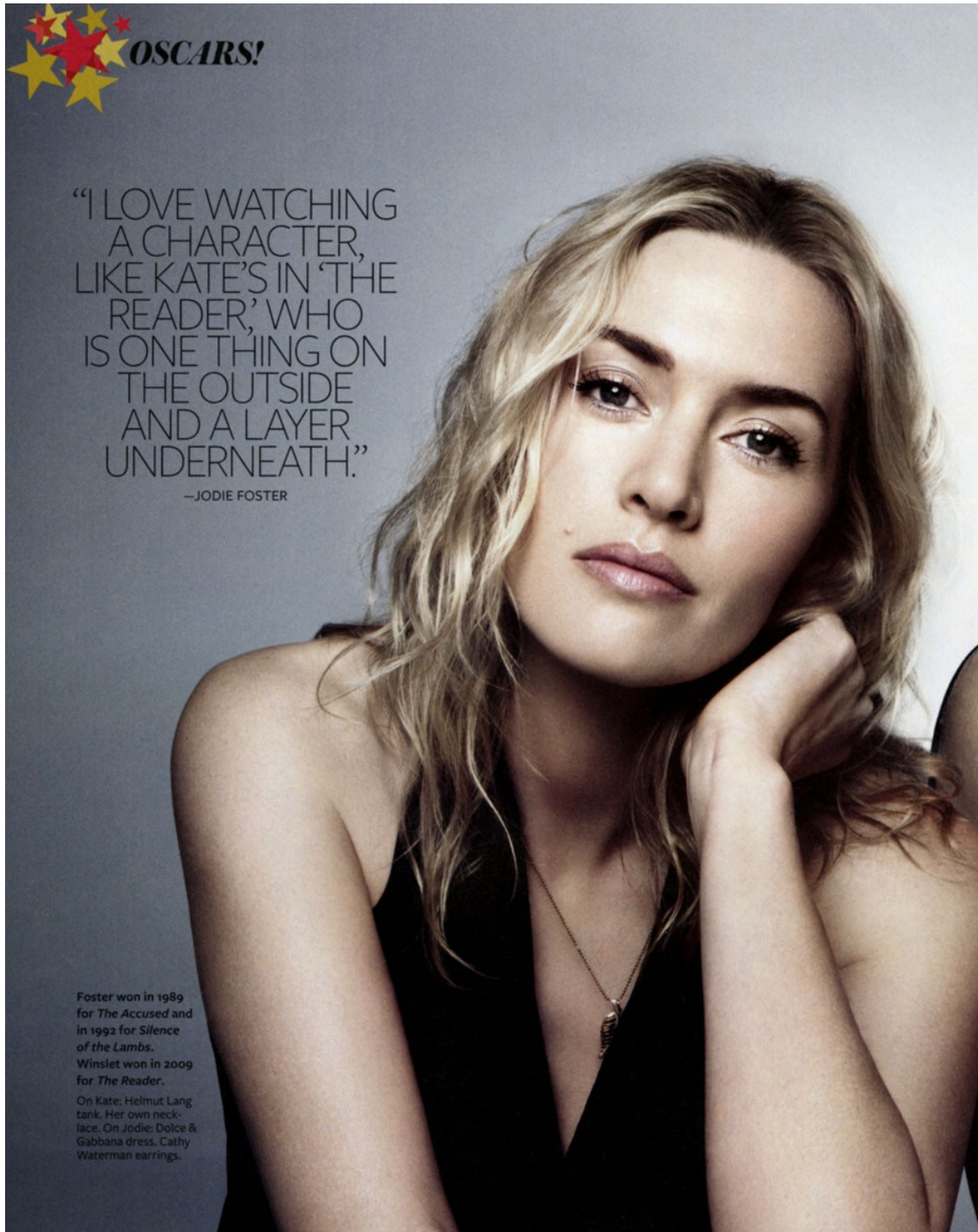
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OSCARS!

“I LOVE WATCHING A CHARACTER, LIKE KATE’S IN ‘THE READER,’ WHO IS ONE THING ON THE OUTSIDE AND A LAYER UNDERNEATH.”
—JODIE FOSTER

Foster won in 1989 for *The Accused* and in 1992 for *Silence of the Lambs*. Winslet won in 2009 for *The Reader*.
On Kate: Helmut Lang tank. Her own necklace. On Jodie: Dolce & Gabbana dress, Cathy Waterman earrings.

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WOMEN
in
HOLLYWOOD

Faux-suede wrapdress,
Balmain, price upon
request, collection at
Bergdorf Goodman,
NYC. For details, see
Shopping Guide.

PHOTOGRAPHED BY
CARTER SMITH; STYLED
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HAIR BY TASHIA STURDIVANT;
DREW FOR KENBARBOZA.COM;
MAKEUP BY JENNA MENARD AT
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Dress, **Christian Dior** (\$15,900).
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310-859-4700; dior.com. Wickward
linen courtesy of **Ralph Lauren Home**,
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310-281-7200; ralphlaurenhome.com.
OPPOSITE PAGE: Dress, **Louis Vuitton**
(\$7,489). 295 N. Rodeo Dr., Beverly
Hills, 310-859-0457; louisvuitton.com.
Bangles (\$5,190-\$5,255) and
earrings (\$1,465), both **Me&Ro**.
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ATHOME

KELLY RUTHERFORD & THE SURREY
JACQUES GRANGE & THE MARK
NICK JONES & SOHO HOUSE
MOËT CHANDON & CHÂTEAU DE SARAN



Kelly & The City ...

Blond, elegant and sooo sophisticated. Assuming that Kelly Rutherford was raised in one of the elegant Upper East Side families comes more than easy. What a coincidence that the producers of *Gossip Girl* selected this California girl for the role of the reserved, tradition-oriented businesswoman and mom in the popular TV series. GG caught up with the actress who made the move to her new neighborhood in Manhattan. Not far from where the celebrated grand seigneur of interior design Jacques Grange created his first hotel The Mark. Meet Nick Jones, the man behind the Soho Houses, and join us on a tour of the famous champagne palace Château de Saran.

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LIFE'S A PEACH

TAYLOR WEARS A LOUIS VUITTON TOP. CELEBRITY PINK JEANS, ABOUT \$39. ALYSSA NORTON BLACK-FABRIC AND RHINESTONE NECKLACE, ABOUT \$380. SORRELLI CRYSTAL NECKLACES, ABOUT \$196-\$260 EACH. IOSELLIANI STERLING-SILVER AND CRYSTAL NECKLACES. DETAILS, SEE IN THIS ISSUE. FASHION EDITOR: HEATHERMARY JACKSON.

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SUIT UP!

Relaxed, athletic-inspired styling—like these drawstring-waist pants—shows you're ready to hang loose. Starry-night colors (black, blue, teal) and daring cuts upgrade the look from fields of play to club player. Pants, Victoria Beckham, \$375. Jacket, Moncler, \$995. Top, Michi, \$95. Earrings, Ranjana Khan, \$270. Bag, Meredith Wendell, \$295. Shoes, Brian Atwood, \$1,452.

Opposite: Fabrics normally reserved for sports—think the dress's stretchy neoprene—help you make moves. Dress, Cynthia Rowley, \$395. Jacket, Rebecca Taylor, \$295. Necklace, Lionette Designs by Noa Sade, \$548. Cuffs, Megan Odabash MO, \$150 each. Watch, Movado, \$850.

Fashion director, Eryan Metzner

For Trey Songz's clothing, see Get-It Guide.

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TREY SONGZ is on a winning streak. The Grammy-nominated 27-year-old drops his fifth album, *Chapter V*, next month, and if the hit "Heart Attack" is any sign, it's going to kill. Songz, born Tremaine Aldon Neverson, deserves it: The man gives a lot of love, which explains his more than 4.2 million Twitterites. His charity, AngelsWithHeartFoundation.org, works with his fan club, Trey's Angels, to do clothing drives. (A few admirers mobbed our shoot on Sunset Boulevard, on first page.) He also gets raves for his fashion sense. "Dressing sporty shows confidence, and nothing is sexier than confidence," Songz says. Score high on style tonight by following his playful, sexy lead.

MATCH POINT
The tennis dress: now an ace style for evening. Primary colors make it sophisticated, and the mini length looks great with flats or platforms. Dress, Lacoste, \$350. Sunglasses, Balenciaga. Necklace, Kenneth Jay Lane, \$175. Watch, Rolex

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killer knits

Want a winter look to die for? The *New Moon* crew puts the sexy in cozy dressing. Behold sultry vampires in smoldering styles.

Photographs by Anne Menke

The rain is incessant and bone-chilling in Forks, Washington, the tiny town where *The Twilight Saga: New Moon*, the second installment in the scarily successful series, is set. Luckily for its resident vampires, played by Ashley Greene (top), Rachelle Lefevre (opposite page) and Kellan Lutz, bloodsuckers can now warm their icy hearts with nubby sweaters and mix-it-up layers.

When SELF tapped the trio to reveal their inner mortals to our cameras, the stars were smitten with the styles. "I'm from Florida, so I've never gone winter shopping," Greene said. "But looking through the racks, I was, like, 'I want this, I want this, I want this!'" Peruse these pages, then sink your teeth into fall's new knits.

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Today's way to wear knits is a vampire's lifetime from your same old sweater and jeans. Layer a sweater over a dress or under a vest, or add a hat as a funky finish. The goal: to seem as if you threw it all on and it happens to look cool. Jacket, Steve Madden, \$100. Sweaterdress, A.P.C., \$360. Blouse, Blue Plate, \$60. Hat, Nanette Lepore, \$108

Opposite: Knits have gone from staples to statements. You'll find chunky stitching, Nordic motifs, even pom-poms. That personality makes your practical henleys and flannels sooo much more fun! Cardigan, Gap, \$60. Flannel shirt, American Eagle Outfitters, \$40. Henley, A.B.S. by Allen Schwartz, \$145. Necklace, Chan Luu, \$205. On him: Turtleneck, Tommy Hilfifer, \$248

Fashion director, Eyan Metzner

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THE ICONOCLAST

Seen here at Club 205 in Giles, the New York student and deejay, one-third of the MisShapes, gravitates toward the graphic. Details see in This Issue.

Photographed by Frederike Helwig
Sittings Editor: Kathryn Neale

leigh lezark

my style's more black and white," says Leigh Lezark of the Mis-

Shapes, explaining why she painted her golden Tory ballet flats black to match her nails. The handbag of the downtown deejay princess—whom *The New York Times* dubbed "a femme fatale version of Ali MacGraw"—is black suede, by Moe, and shot with golden punk studs. "I like studs on everything," she says, "like the back of my Marc Jacobs shoes. But it's coming into the mainstream, so I'm going to have to find something new."

Always on that quest, New Jersey-born Lezark couldn't get out of her home state fast enough. Barely a week after she graduated from high school, the flashing-green-eyed beauty had holed up in New York City ("the only place I wanted to live") and secured a job as a fit model for Ben Sherman in the old Warhol Factory. Her East Village apartment is painted silver with black trim, and she named her miniature dachshund Edie.

"When I was young," says Lezard, 23, "I was obsessed with *Breakfast at Tiffany's*. That uptown girl who acts like a crazy lunatic—I just loved that!"

Lezark formed her deejay triumvirate the MisShapes, with friends Geordon Nicol and Greg Krelenstein, almost by accident. Now their Saturday nights at the club Don Hill's have attracted style meisters like Hedi Slimane and Sienna Miller, and Madonna and Yoko Ono have played alongside them. "It's not a retro party, it's about right now," says Lezard, who is working on a style book for MTV and Powerhouse Books that will be filled with portraits of Don Hill's denizens.

During Fashion Week, the MisShapes were often doing two parties a night and attending the shows by day. "Benjamin Cho is one of my all-time favorite designers," says Lezard, who is also "really into" Balenciaga, Giles, Gareth Pugh, Yves Saint Laurent, Marc Jacobs, Calvin Klein, and Obesity and Speed. Vivienne Westwood's pirate boots are her present obsession.

Her home state, she says, did give her a taste for "really good consignment shops. I'd go and shop with these old ladies for subtle vintage: amazing old Dior shirts and Saint Laurent men's blazers. I'd do my own tailoring, switching the buttons." Lezark also shops vintage at the New York City Opera and Housing Works thrift stores—and on Staten Island, "right off the ferry." For contemporary finds, she swears that Opening Ceremony, with its seasonal roundup of designers from a particular country, "is the best place to shop in New York, hands down. They have Topshop upstairs, which is the first place I stop in London."

For Lezark, fashion is "about taking risks but wearing what makes you comfortable—and sexy." □

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